



44 Canal Center Plaza, Suite 301, Alexandria, VA 22314  
Ph: 703.741.7686 • 800.548.0497 Fax: 703.741.7698 • 800.377.1136

# Webinar Agenda

## **Women in Recovery Specialty Online Training Series: Come On Get Happy: Women, Recovery, and Happiness**

<https://www.naadac.org/women-series-2022-women-recovery-happiness-session>

Friday, May 20, 2022 @ 12:00 – 1:30 pm ET (2CT/1MT/12PT)

### **Agenda:**

12:00 – 12:15 pm Introduction and Overview

12:15 pm – 12:30 pm Epidemic and Statistics

12:30 pm – 12:45 pm Definition of Happiness

12:45 pm – 1:00 pm Happiness Facts and Studies

1:00 pm – 1:15 pm Secrets to Happiness

1:15 – 1:30 pm Q&A and Wrap-Up