Webinar Agenda

Trauma Informed Relapse Prevention ©
https://www.naadac.org/trauma-relapse-prevention-webinar
Wednesday, June 29, 2022 @ 3:00-5:00 pm ET (2CT/1MT/12PT)

Agenda:

3:00-3:20 Understanding Trauma
3:20-3:40 Addiction as an effective escape
3:40-4:00 Regulating the hypothalmic pituitary response
4:00-4:20 Understanding core emotional buttons
4:20-4:40 Specific approaches to desensitize core buttons
4:40-4:50 Living Recovery
4:50-5:00 Q&A