

# JESSICA THOMPSON

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## EDUCATION

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- EXPECTED 2017      University of Denver, Denver, Colorado  
*Master of Arts* in Clinical Mental Health Counseling with Addictions Specialization
- MAY 2014            Metropolitan State University of Denver, Denver, Colorado  
*Bachelor of Arts* in Psychology with a Minor in Integrated Therapeutic Practices

## PROFESSIONAL EXPERIENCE

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- SEPTEMBER 2016 - PRESENT      **Jefferson Center of Mental Health, Access Intake Clinical Intern**
- Conduct outpatient individual therapy sessions with children, adolescents, and adults.
  - Conduct intake assessments and make mental health recommendations.
  - Co-facilitate group sessions.
- JUNE 2016-PRESENT      **Arapahoe House, Addiction Technician II**
- Conduct intakes and discharges at detox clinics, assess patients vitals and level of care, conduct motivational interviewing for treatment referrals.
  - Facilitating group sessions, document client information, provide inpatient care.
- DECEMBER 2015–AUGUST 2016      **Creative Treatment Options, Intern**
- Co-facilitated Dialectical Behavioral Therapy and Relapse Prevention group therapy, implement individual counseling sessions.
  - Conducted assessments and completed assessment documentation, document client information on Relitax and Treatment Management Systems.
- JULY 2012 – MARCH 2016      **Wheat Ridge Regional Center, Mental Health/Disability Services, Client Care Aid**
- Aid clients in developing domestic skills, coping skills, daily living care, and employment skills.
  - Implement care plan to address negative behaviors and document client progress toward goal, including reducing self-injurious behaviors.
  - Schedule staff to ensure proper client coverage.
- JANUARY 2014 – MAY 2014      **Turning Point Mental Health Services, Intern**
- Co-facilitated domestic violence, parenting, and addiction group therapy, scored psychological screenings, submitted legal reports to the drug and district criminal division courts, created handouts that demonstrated client options toward success in the program.
  - Conducted client intake interviews and made recommendations for appropriate treatment.
- FEBRUARY 2012 – MAY 2012      **Karis Community, Mental Health Services, Student Support**
- Assisted independent care inpatients with social interactions and positive community involvement by participating in community outreach dinners.

## RESEARCH / PRESENTATION

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- MAY 2013            Metropolitan State University of Denver Research Conference, Presented “Microphone Shrink” Literature Review looking at Hip-hop Therapy and its implications on minority youth.

## VOLUNTEER EXPERIENCE

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- NOVEMBER 2014      **Project Homeless Connect 14, Client Service Provider**
- Assisted clients in locating resources including legal, housing, and mental health services.
- AUGUST 2012 – JANUARY 2014      **Phoenix Center at Auraria, Ambassador**
- Presented seminars to raise domestic abuse, rape, and stalking awareness. Conducted surveys.
- NOVEMBER 2013      **Project Homeless Connect 13, Provider Support**
- Assisted nursing and counselor volunteer staff with event preparation.

APRIL 2013

**Project Angel Heart, General Volunteer**

- Decorated food delivery bags for clients receiving food services to aid in private delivery.

MARCH 2012 –  
NOVEMBER 2013

**Denver Rescue Mission, Food Server**

- Served food and maintained dining facility.

MARCH 2012 –  
NOVEMBER 2012

**Good Samaritan Hospital, Floor Host**

- Assisted patients and families during inpatient care with locating services at the hospital.

## **CERTIFICATIONS**

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APRIL 2015–  
PRESENT

*Cardiopulmonary Resuscitation and First Aid*, American Heart Association

JULY 2012 –  
PRESENT

*Colorado Approved Interventions Technique Certified*, Wheat Ridge Regional Center

JULY 2009–  
PRESENT

*Certified Nursing Assistant*, Avanza Education Nurse Aid Training

## **PROFESSIONAL MEMBERSHIPS**

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JANUARY 2016–  
PRESENT

Honor Society

DECEMBER 2015–  
PRESENT

American Counseling Association

JANUARY 2011 –  
MAY 2014

Clinical and Counseling Club