Ethical Considerations for Recovery Coaches

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Presented by:
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Introductions

- Name
- Where From?
- Doing What?
- Recovery Status?
Learning Objectives

Participants in this course will:

- Participants will understand the importance of accountability within the role of Recovery Coach.
- Participants will learn how ethics are woven through the roles of a Recovery Coach; (e.g. friend and companion).
- Through the use of case studies, participants will demonstrate how they make ethical decisions.
Accountability

Who are Recovery Coaches accountable to?

How are coaches expected to demonstrate that accountability?
Accountability and Responsibility

What is the difference between these two terms?
Accountability

- Accountability describes a process in which someone takes responsibility for one’s actions.
- Individuals are prepared to provide not only an explanation or justification, as well as any recourse for their actions, as necessary.
Responsibility

An ethical concept referring to the morally based obligations and duties to:

• others
• larger ethical and moral codes
• standards and traditions
Recovery Coach Roles

• In what ways does the role of a peer/coach, etc. differ from that of a counselor/clinician?

• How do these differences influence situations/circumstances that may arise for peers/coaches?
Recovery Coach Roles

A Recovery Coach is anyone interested in promoting recovery by removing barriers and obstacles to recovery by serving as a personal guide and mentor for people seeking or in recovery.

- Motivator and Cheerleader
- Ally and Confidant
- Truth Teller
- Role Model and Mentor
- Problem Solver
- Resource Broker
- Advocate
- Community Organizer
- Friend and Companion
- Lifestyle Consultant
Ethical Assumptions

Let’s take a look at some of the ethical assumptions regarding recovery coaches.

Now that Recovery Coaching and Peer Supports have become professionalized, what are other assumptions we have or have heard?
How does this model help us make ethical decisions?

- Treating People as Resources
- Listening Actively
- Discovering and Managing Your Own Stuff
- Asking Good Questions
Peers/Coaches are not:
Sponsors   Counselors   Nurse/Doctors   Clergy

What expectations are placed on peers/coaches that could cause them to veer out of their lane?
Core Recovery Values

• What ethical considerations come up for you when reading through this list?

• How do these Core Recovery Values encourage ethical behavior?
Making Ethical Decisions

• What process do you go through in making an ethical decision?

• Let’s practice!
Code of Ethics

- Review CCAR’s Code of Ethics
- What would you include on your Personal code of Ethics?
Let’s wrap up!

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