

CURRICULUM VITAE

Herbert J. Sablan

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EDUCATION

Walden University, Minneapolis, MN, Masters of Social Work Present

Arizona State University, Phoenix, AZ, Bachelors of Social Work. May 10, 2007

Mount Carmel High School, Saipan, MP June 01, 2002

CERTIFICATION AND LICENSURE

Certified Alcohol and Drug Counselor II.

January 4, 2015-January 4, 2017

Pacific Substance Abuse and Mental Health Certification Board, Pacific Behavioral Health Collaborating Council.

Internationally Certified Alcohol and Drug Counselor, International Certification and Reciprocity Consortium,

January 4, 2015-January 4, 2017

Pacific Substance Abuse and Mental Health Certification Board, Pacific Behavioral Health Collaborating Council.

SOCIAL WORK EXPERIENCE

Substance Abuse Treatment Supervisor, **Commonwealth Healthcare Corporation-Community Guidance Center**, Saipan, MP (07/2013-Present)

- Develops and implements policies and procedures relating to non-medical aspects of a treatment and rehabilitation program in conjunction with other professional and administrative staff.
- Assigns, reviews, and evaluates the work of treatment personnel to ensure that work is performed according to agency and facility policies and procedures.
- Participates in case conferences with team members to review treatment and rehabilitation plans and goals.
- Provides technical assistance and guidance to staff to assist them in developing and implementing treatment/rehabilitation plans.
- Plans, directs, and implements programs, therapies, and/or activities; evaluates and monitors quality and effectiveness.

- Confers with public, private, and community organizations and agencies providing services to individuals with substance dependency to effectively coordinate referrals and services for out-patient and aftercare clients.
- Prepares and presents budget requests for program needs.
- Compiles information and prepares reports on unit activities.
- Exercises considerable independence and discretion within established facility and agency policies under general administrative supervision.
- Maintains a reasonable caseload and provides case-management, social work, and referral services for Substance Use Disorder clients.
- Provides consultation to referral agencies to include Probation and Parole, Family Court, DCCA, DYS, DOC and others as needed.
- Performs with the application, planning, reporting, and implementation of DBHS federal grant funding.
- Participates and assists with collaboration efforts with Substance Abuse psycho-education prevention and treatment services to neighboring islands of Tinian and Rota.
- Attends and participates in substance abuse related committees and collations as necessary.
- Establish/Maintain collaborative efforts to strengthen DBHS programs with stakeholders and partnering agencies.
- Maintain/Increase professional development of evidence based practices, knowledge of principles, techniques, and practices of addictions services, through continuing education and trainings.
- Provides planning and implementation of program operations.
- Participates in Research, Development, and Evaluation of Evidence-Based Programs.
- Attends regular Division and other required meetings.
- Submits monthly performance report to Clinical Services Manager as required.
- Abides by the code of ethics.

Alcohol and Drug Counselor, Commonwealth Healthcare Corporation-Community Guidance Services, Saipan, MP (10/2012-07/2013)

- Reviews and obtains signature of agreement and understanding with Consent to Treatment, Confidentiality Regulations, and Release of Information forms.
- Completes Client Bio Psycho Social (intake and substance abuse assessment, ASAM Patient Placement Criteria) to determine level of care.
- Maintains a reasonable caseload and provides case-management, social work, and referral services for Substance Use Disorder clients.
- Provides crisis intervention response, risk assessment, and referral and case management services.
- Completes letters of client's progress and appropriate recommendations for the courts and other agencies in regards to authorized release of information.
- Performs client discharge planning, documentation, and NOMS data collection.

- Maintains timely documentation and charting, inputs encounter data, including NOMS data forms.
- Develop and co-facilitating psychosocial education services to alcohol and drug dependent clients and their families as needed.
- Performs clinical functions such as brief intervention, individual/family counseling, treatment planning and group counseling.
- Maintains random/screening alcohol and drug testing of Clients
- Provides consultation to referral agencies to include Probation and Parole, Family Court, DYS, and DOC as needed.
- Performs with the application, planning, reporting, and implementation of CGS federal grant applications.
- Participates and assists with collaboration efforts with Substance Abuse psycho-education prevention and treatment services to neighboring islands of Tinian and Rota.
- Attends and participates in required relevant on/off-island community awareness workshops, training and conferences to enhance professional development.
- Attends and participates in substance abuse related committees and collations as necessary.
- Establish/Maintain collaborative efforts to strengthen CGS programs with stakeholders and partnering agencies.
- Maintain/Increase professional development of evidence based practices, knowledge of principles, techniques, and practices of addictions services, through continuing education and trainings.
- Provides planning and implementation of program operations.
- Participates in Research, Development, and Evaluation of Evidence-Based Programs.
- Attends regular Division and other required meetings.
- Submits monthly performance report to Director of Hospital Services as required.
- Provides Addictions and prevention outreach activities, presentations, workshops, and in-service trainings as requested by partner agencies and community population needs. Approval dependent on Director of Hospital Services.
- Abides by the Addictions code of ethics.
- Performs other related duties as assigned.

Substance Abuse Professional Intern, **Commonwealth Healthcare Corporation-Community Guidance Center**, Saipan, MP (03/2010-09/2012)

- Performs clinical functions such as treatment planning, supervised group intervention, and supervised individual and family intervention in conjunction with licensed or certified mental health practitioners, translation and consultation for cultural issues.
- Assists in the delivery and coordination of Drug and Alcohol Prevention
- Provides psychosocial education services to alcohol and drug dependent clients in initial treatment; while undergoing rehabilitation; and during follow-up care.
- Assists in the development of the patient's psychological history and initial

screening.

- Establishes and individualizes treatment plan and oversees implementation.
- Analyzes and evaluates information developed concerning clients.
- Participates in crisis intervention efforts.
- Provides individual and group therapy for patients; their families, and significant others to explore basic personality structures in relation to development of behavior patterns, mechanisms, and symptoms, determining facts concerning patients alcohol and drug dependence and the underlying causes.
- Assists with planning and implementation of federal grant applications.
- Performs intake/assessment of new clients as appropriate.
- Administers/analyzes urine samples.
- Performs case management and referrals to entitlement programs and other resources.

Youth Care Worker, **Youth Development Institute**, Phoenix, AZ (03/2009-10/2009)

- Provide intensive and specialized treatment for Youth referred by the AZ Juvenile Courts and/or by other state child placing agencies for emotional problems and /or serious behavior disorders.
- Facilitates program groups: Emotions Management, Relationship, and Social Skills.
- Documents clinical intervention and client response observed in these groups.
- Facilitates leisure activities as needed or assigned including program outings in the community.

Independent Living Case Manager, **Florence Crittenton**, Phoenix, AZ (05/2007-06/2008)

- Perform professional social work with the Foster Youth population and/or families.
- Provide assessments, develop and implement case management plans.
- Provide independent living training to Clients and empower them towards independency. Demonstrate accurate and detailed record-keeping regarding Client's progress notes.
- Consult with CPS Case Managers, Therapists, and other professionals to provide efficient services.

Independent Living Case Manager Intern, **Florence Crittenton**, Phoenix, AZ (09/2007-05/2007)

2 Academic Semesters

- Perform professional social work with the Foster Youth population and/or families.
- Provide assessments, develop and implement case management plans.
- Provide independent living training to Clients and empower them towards

- independency. Demonstrate accurate and detailed record-keeping regarding Client's progress notes.
- Consult with CPS Case Managers, Therapists, and other professionals to provide efficient services.

ADDITIONAL EXPERIENCE

Technical Recruiter, **Oxford International**, Chandler, AZ (10/2008-02/2009)

- Recruited Software Developers (Distributed and Mainframe), Network Administrators, Database Developers and Administrators, Support Analysts and Engineers, Web Developers, and Quality Insurance Testers.
- Used an internal database, Internet sites and referrals to source active and passive candidates for contract, contract-to-perm.
- Conducted in depth interviews with candidates by telephone to determine skills, knowledge, interest, market value, and availability.
- Matched the candidate with appropriate jobs and marketed candidates to Account Managers.
- Negotiated salaries, checked references, presented verbal offers of employment.
- Established and maintained professional relationships with candidates.

Accounting Assistant Work Study, **Arizona State University-WP Carey School of Business**, Tempe, AZ (10/2005-09/2006)

- Assist Accounting Specialist/Accountants with clerical duties.
- Clerical duties such as file management, data entry, order supplies through Stapleslink.com with multiple accounts, and mailing invoices/receipts.
- Additional aid is given to other departments within the WP Carey School of Business when needed (Such as special events, Information Sessions, Recruiter Brochure mail outs etc).

TRAININGS AND CONFERENCES

November 3-5, 2015. Guam Drug Court and Substance Abuse Treatment Services site visit and consultation. CNMI Drug Court and Community Guidance Center collaboration.(24 hrs).

September 3-5, 2015. Crisis Counseling Program. Wayne Law. Crisis Counseling Program, SAMHSA, FEMA Consultant. Saipan MP. (24 contact hrs).

July 16, 2015. "Mental Health First AID USA." Debra Brownlee, Ph.D. National Council for Behavioral Health. Saipan, MP. (8 contact hours).

February 3, 2015. "HIV AIDS among Special Populations."Quantum Units Education. (2 contact hours).

February 3, 2015. “HIV AIDs Overview.”Quantum Units Education.(4 contact hours).

January 27-30, 2015. Dialectical Behavioral Therapy in the Treatment of Borderline Personality Disorder, Substance Use, and Emotion Dysregulation.Kelly B. Graling, Ph.D., CBT California. Guam, USA (32 hours).

November 17-19, 2014. “Driving While Impaired Conference.”Pacific Judicial Council.Guam.(18 contact hours)

July 7-8, 2014. “Using the DSM to Stimulate New Clinical Perspectives: Improving Your Practice Through Advanced Dimensional Assessment.” Jason H. King, Ph.D. Saipan, MP (14 contact hours).

June 18-July 3, 2014. “Foundations of Addiction TOT.” Cynthia Moreno-Tuohy. NAADAC.Oahu, HI (80 contact hours)

April 16, 17, 21, 22 2014.“Confidentiality (4 contact hours),” “Dealing with Difficult Clients (4 contact hours),” “Drugs and the Brain (4 contact hours),” “Medical Marijuana (4 contact hours),” “Motivational Interviewing (16 contact hours). Thomas E. Freese, Ph.D., PSATTC. Saipan, MP (32 contact hours)

September 14-18, 2013. “Pacific Jurisdiction Workforce Development Initiative Hawaii Training Series-Dialectical Behavior Therapy (DBT) and Substance Abuse; Adolescent Substance Abuse and Co-Occurring Disorders.”UCLA-ISAP. Thomas Freese, Ph.D. Honolulu, Hawaii (30 CEUs)

September 4, 2013. “Clinical Supervision Foundations” ATTC Online Courses. Laurie Krom, MS. (14 Contact Hours)

June 12-13, 2013. “Matrix: Key Supervisory Training.” Sam Minsky, MA, LMFT. Matrix Institute. (12 CEUs)

June 10-11, 2013. “Matrix Model of Intensive Outpatient Alcohol and Drug Treatment.” Sam Minsky, MA, LMFT. New Beginings.Guam (12 CEUs).

November 2, 2012. “42 CFR Federal Alcohol and Drug Abuse Confidentiality Regulations.”Bayside CEU.(3 ceus).

October 29, 2012. “What is HIV.” Quantum Units Education. (2 contact hours)

October 28, 2012. “HIV AIDS Among Special Populations (Cultural Competency).” Quantum Units Education. (2 contact hours)

October 8-11, 2012. “Substance Abuse Prevention Skills Training (SAPST): Building Our Behavioral Workforce.” (26 contact hours).

October 3, 2012. “Ethics and Boundary Issues in Professional Counseling.” Quantum Units Education. (5 contact hours)

October 3, 2012. “Introduction to Substance Abuse Prevention.” CAPT. (5 contact hours)

October 1, 2012. “Confidentiality, Law and HIPAA.” Quantum Units Education. (3 contact hours)

September 26, 2012. “Coalition Mobilization Training.” Saipan, MP. Joshua Philips. (8 ceus)

September 25, 2012. “Leadership and Facilitation Training. Saipan, MP. Joshua Philips. (8 ceus)

August 20-23, 2012. “Developing Recovery Support Systems” Dan Floyd, Facilitator. Northwest Frontier Addition Technology Transfer Center (NFATTC). Pohnpei, FSM. (24 contact hrs).

July 23-August 3, 2012. “Master Trainer Development Program: Host-Site Training-Systems of Care of Co-Occurring Treatment Services.” Dr Patti Isaacs, Executive Director of Ho’omau Ke Ola. Waianae, Oahu; Hawaii (70 contact hrs).

March 5-10, 2012. “SAMHSA’s Master Trainer Development Program Launch.” Participate in the “Training Point: an uncommon learning exchange for addiction trainers” (24 contact hrs) and the “Foundations of Epidemiology; Principles of Evaluation” (6 contact hrs) provided by the Addiction Technology Transfer Center (ATTC) and the Center for the Application of Prevention Technologies (CAPT) (Total 30 contact hrs)

February 14-17, 2012. “Continued training for the Adolescent Matrix Program (Drug & Alcohol Treatment Program) at the Sanctuary, Inc. Guam on February 14-17, 2012. Community Guidance Center in collaboration with Juvenile Probation Unit is in the process of implementing the program to address treatment needs for the youths.” Don Sabang. Guam.

January 23, 2012. “People First Language.” Elaine Delacruz, MA, VOCA. Community Guidance Center In-Service Training. Saipan, MP.(1.5 contact hrs).

December 21, 2011. “Cultural Competency; History of Mental Health and Substance Abuse in the CNMI.” James H. Arriola, MA. Community Guidance Center In-Service Training. Saipan, MP.(1 contact hr).

December 21, 2011. “Anxiety in the Interpersonal Context.” Jeremy S. Richards, MD. Community Guidance Center In-Service Training. Saipan, MP.(1 contact hr).

December 14-16, 2011. “Challenge Masters Facilitator Training.” Gil Chapa, President. Nancy Chapa, Vice President. Challenge Masters Incorporated. Saipan, MP.(22.5 contact hrs).

November 7, 2011. “Fire Extinguisher Training in accordance with NFPA 10 Standards.” Joey C. Dela Cruz, CERT Program Manager. Paul B. Sasamoto, CERT Instructor. CNMI Citizen Corps.Saipan, MP.(2 contact hrs).

October 5-7, 2011. “Enforcing Underage Drinking Laws/Drug and Alcohol Training: Screening, ASAM PPC, Motivational Interviewing, Substance Abuse and Dependence DSM-IV-TR Criteria, Overview of Substance Abuse Treatment Systems, Stages of Change, Treatment Planning and Documentation, Matrix Model for Teens, and Drug Testing.”Don P. Sabang, CSAC II, ICADC. Consultant/Trainer. Saipan, MP.(20 contact hrs).

September 28-30, 2011. “Creating a Process of Change for Men who Batter Training.” Gail “Beth” E. Beams, Facilitator. Domestic Abuse Intervention Program. Saipan, MP.(18 CEUs).

September 14-16, 2011. “Matrix: Key Supervisory Training.” Sam Minsky, MA, LMFT. Matrix Institute. (12 CEUs)

September 12-13, 2011. “Matrix Model of Intensive Outpatient Alcohol and Drug Treatment.” Ahndrea Weiner M.S., LFMT, Director of Clinical Services. Matrix Institute. Los Angeles, California. (12 CEUs).

August 28-30, 2011. “Pacific Jurisdictions’ Olmstead Regional Conference.” Ford Kuramoto, DSW, President. Oscar Morgan, MS. Magna Systems, Inc. Honolulu, Hawaii. (18.5 contact hrs).

June 07-10, 2011. “Overview of Essential Public Health Functions Workshop.” Dr. Giuseppe Cuboni, Workshop Lecturer. Dr. Gregory Dever, Human Resource for Health Regional Director. Saipan, MP (8 contact hrs).

June 7, 2011. “Mental Health Treatment for Persons with HIV.”Quantum Units Education. (2 CEU)

May 11-13, 2011. “Building Fetal Alcohol Spectrum Disorder State Systems Conference.”SAMHSA FASD Center for Excellence. Phoenix, Arizona. (14.5 contact hrs).

April 29th, 2011. “Anxiety Disorders.”Richard Landess, Ph.D. Community Guidance Center In-Service Training. Saipan, MP. (2 contact hrs).

April 21, 2011. “Social Detox Program Planning.”Jon Porter, Consultant. NFATTC. Saipan, MP (4 contact hrs)

April 20, 2011. “Clinical Supervision Training.”Jon Porter, Consultant. NFATTC. Saipan, MP (8 contact hrs)

April 18-19, 2011. “Cognitive Behavioral Therapy I & II.”Jon Porter, Consultant. NFATTC. Saipan, MP (10 contact hrs)

April 18, 2011. “Substance Abuse Program Implementation.”Jon Porter, Consultant. NFATTC. Saipan, MP (3 contact hrs)

March 21-25, 2011. “Adult Drug Court Planning Initiative Training Program.”The National Drug Court Institute. Carolyn Hardin, Senior Director. Cynthia Herriott, Deputy Director. Nashville, Tennessee. (17.5 CEUs)

March 2-4, 2011. “CNMI Domestic Violence and Sexual Assault Conference.”CondenciaBrade. Karma Cottman.National Organization of Sister of Colors Ending Sexual Violence.Saipan; Rota MP. (24 contact hrs)

February 18, 2011. “Intake and Assessment Training.”Richard Landess, Ph.D; Jennifer F Maratita, MA, LMHC, Elaine Delacruz, MA, VOCA, Crispin M. Sablan, BA, LADC. Community Guidance Center In-Service Training. Saipan, MP. (8 contact hrs).

January 13, 2011. “Heart Saver/CPR.”Joey C. Dela Cruz, Citizen Corps Program Manager; Antonio S Kapileo Jr, EMS Training and Compliance Coordinator Emergency Medical Services, Department of Public Safety-Fire Division. CNMI Citizen Corps Program, Office of Homeland Security. Saipan, MP (6 contact hrs).

August 24-26, 2010. “State Systems Development Program (SSDP) IX Conference: Innovation in Treatment & Recovery Systems.” Addiction Technology Transfer Center (ATTC) National Office. Laurie Krom, MS, Director, ATTC National Office. Baltimore, Maryland. (12 CEUs)

June 23-August 16 2010. “Addiction Pharmacology and Physiology.”Chemeketa Community College: Online. Professor Wanda Urban. (44 CEUs)

July 29-30 2010. “Applied Suicide Intervention Skills Training.”Jennifer Maratita; Rebecca Robles, Rebecca Respicio, Sheila Compton-Rivo.LivingWorks. Saipan, MP (16 contact hrs)

June 2-4, 2010. “Community Emergency Response Team Course” Joey C. Dela Cruz, Citizen Corps Program Coordinator, Antonio S. Kapileo, CERT Manager, Patrick J. Tenorio, SAA. Saipan, MP (16 contact hrs).

May 10-June 4, 2010. “Ethics in Prevention.” Jill Parker, Trainer. CSAP’s CAPT West Regional Expert Team. Online Course. (8 contact hrs).

May 20, 2010. “Motivational Interviewing.” Jennifer F Maratita, MA, LMHC, Crispin M. Sablan, BA, LADC. Community Guidance Center In-Service Training. Saipan, MP. (2 contact hrs).

PRESENTATIONS

May 20, 2015. “What is Addiction.” Co-facilitated with Jacky Mendiola from DCCA, DYS. Saipan, MP. (1 hr).

February 16-27, 2015. “Train the Trainers for the Foundations of Addiction Practice.” Cynthia Moreno-Tuohy, NCAC II, CDC III, SAP. (80 hrs)

November 22, 2013. “Intro to DBT.Facilitating DBT Skills Group.” PJWDI Year 2 Teach Back. CGC In-Service Training. Saipan, MP. (2.5 hrs)

August 23, 2013. “Matrix Basic.”CGC In-Service Training. Saipan, MP. (8 contact hrs).

April 26, 2013. “Intro to Motivational Interviewing and SBIRT.”CHCC DPH. H.O.M.E. Training. Saipan, MP (3 contact hrs)

September 27-28, 2012. “Recovery Coach Basics.” Saipan, MP. (6 contact hrs).

September 27-28, 2012. “Standards of Care of Co-occurring Treatment Services and cultural competencies. Building sustainable local workforce. Focus Group: Cultural Leaders will be invited to begin discussion on how to integrate culture with treatment services. Identify components of the Chamorro and Carolinian culture to include within the development of a Cultural Curriculum. Saipan, MP. (5 contact hrs).

February 13, 2012. “Intro to Motivational Interviewing and SBIRT.”CGC In-Service Presentation. Saipan, MP (1 contact hr)

October 25, 2011. “First Responder Presentation (EMS/FIRE; DPS): Vicarious Trauma.” Presented with Elaine C Dela Cruz, MA, VOCA. Rota, MP (2 contact hrs).

April 15, 2011. “The National Drug Court Institute: Drug Court Presentation.” CGC In-Service Presentation. Saipan, MP (1 contact hr)

RECOGNITION AND AWARDS

September 25, 2009. “Certificate of Achievement: Dedication to providing Quality services for YDI youth.” Given by: David and Trish Cocores, Owner. Youth Development Institute. Phoenix, AZ

May 13, 2008. “Recognition Award: 1 Year of Dedication and Service to Florence Crittenton.” Linda Volhein, Executive Director. Florence Crittenton. Phoenix, Arizona.

March 1, 2008. “Florence Crittenton Honors: Good News Trolley Nominee for the Month of March 2008.” Given by Florence Crittenton: Community Based Services. Phoenix, Arizona.

February 21, 2008. “Florence Crittenton Certificate of Outstanding Achievement: outstanding performance and lasting contribution to Independent Living Skills Program.” Given by Jane McFetridge, Community Based Services Manager. Florence Crittenton. Phoenix, Arizona.

ASSOCIATION, MEMBERSHIP, PROFESSIONAL AFFILIATIONS

Pacific Behavioral Health Initiative, Pacific Behavioral Health Collaborating Council.

Master Trainer Candidate, CNMI Substance Abuse Treatment Representative
March 2012-Present

CNMI Substance Abuse Prevention and Recovery Coalition

Substance Abuse Treatment Ex-Officio Board Member
March 2013-Present