



RTR Sociometrics Certificate Agenda

RTR Sociometrics Certificate Program

www.naadac.org/sociometrics-certificate

Proof of Certificate Requirement Uploads

1. Upload proof of your completed two-day, "RTR Sociometrics" training in the form of a training certificate.
2. Upload proof of your psychodrama training hours in a PDF document. Please compile all completed certificates into one PDF file.
3. Upload proof of your license or certification in the form of a scanned copy of your state license, certification, or online proof of license/certification/education.

Module 1: Basic Concepts of Psychodrama and Sociometry and Basic Psychodrama Techniques: Role Reversal and Doubling

1. Complete the assigned reading in the text, Sociometrics and in the binder, RTR - Sociometrics: A Facilitator Guide to Processes.
 - a. Binder
 - i. Section, "Introduction." (6,598 words)
 - ii. Section, "Basic Concepts of Psychodrama and Sociometry." (4,731 words)
 - b. Book
 - i. Chapter 1, "When Words Are Not Enough: Psychodrama as an Embodied, Bottom-Up Form of Therapy;" (6,326 words)
 - ii. Chapter 2, "Sociometrics: Turning on the Social Engagement System;" (3,856 words)
 - iii. Chapter 3, "Psychodrama Basics: The Fundamentals of Role Play" (8,380 words)
 - iv. Chapter 5, "Tips When Directing Trauma and Other Dramas" (4,545 words)
 - v. Chapter 14, "Fitting Sociometrics into Your Treatment and Clinical Settings." (4,375 words)
2. Watch the video-guided training. (19 minutes)
3. Complete and pass the content knowledge quiz. (26 questions)

Module 2: Spectrograms and Locograms

1. Complete the assigned reading in the text, Sociometrics and in the binder, RTR - Sociometrics: A Facilitator Guide to Processes.
 - a. Binder - Sections, "Spectrograms" and "Locograms." (1,734 words)
 - b. Book - Chapter 11, "Spectrograms and Locograms." (1,836 words)
2. Watch the video-guided training. (42 minutes)
3. Complete and pass the content knowledge quiz. (10 questions)

Module 3: Floor Checks

1. Complete the assigned reading in the text, Sociometrics and in the binder, RTR - Sociometrics: A Facilitator Guide to Processes.
 - a. Binder - Section, "Floor Checks" (7,004 words)
 - b. Book - Chapter 8, "Floor Checks: On Your Feet." (7,045 words)
2. Watch the video-guided training. (120 minutes)
3. Complete and pass the content knowledge quiz. (20 questions)



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Module 4: The Resilience and Trauma Timelines

1. Complete the assigned reading in the text, Sociometrics and in the binder, RTR - Sociometrics: A Facilitator Guide to Processes.
 - a. Binder - Section, "Trauma and Resilience Timelines." (5,536 words)
 - b. Book - Chapter 7, "The Trauma Timeline and the Resilience Timeline: Reclaiming Lost Parts of the Self." (5,563 words)
2. Watch the video-guided trainings. (110 minutes)
3. Complete and pass the content knowledge quiz. (20 questions)

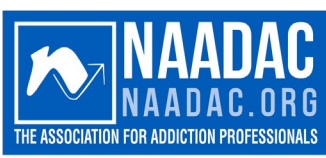
Module 5: Experiential Letter Writing

1. Complete the assigned reading in the text, Sociometrics and in the binder, RTR - Sociometrics: A Facilitator Guide to Processes.
 - a. Binder - Section, "Experiential Letter Writing." (1,799 words)
 - b. Book - Chapter 10, "Experiential Letter Writing." (1,451 words)
2. Watch the video-guided training. (14 minutes)
3. Complete and pass the content knowledge quiz. (10 questions)

Overall Certificate Survey Evaluation



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