

“The two most important days in your life are the day you are born and the day you find out why.” —Mark Twain.



Supporting Recovery: Who's Who at the Zoo?

The recent growth in peer-based recovery support services as an adjunct and alternative to addiction treatment has created heightened ambiguity about the demarcation of responsibilities across various roles: 1) voluntary service roles with communities of recovery, e.g., the role of the sponsor within Twelve Step programs, 2) clinically-focused addiction treatment specialists (e.g., certified addiction counselors, psychiatrists, psychologists and social workers), and 3) paid and volunteer recovery support specialists (e.g., recovery coaches, personal recovery assistants) working within addiction treatment institutions or freestanding recovery advocacy/support organizations.

Across the US and internationally, recovery coaching and peer recovery support services are growing exponentially. This rapidly growing new profession and its professionals are being employed outside the traditional recovery community center settings. Recovery coaches, also called peer recovery specialists, are being employed in SUD treatment programs, hospitals, correctional facilities, in specialty courts and many other non-traditional settings. This presentation aims to provide clarity of the recovery coach's roles and responsibilities to all stakeholders.

Description: Peer recovery services are becoming an integral part of the process for those seeking or already in recovery from substance use. There appears some confusion as to what a Peer Recovery Specialist (PRS), also called a Recovery Coach (RC), does exactly. This interactive presentation is meant to help provide some clarity around that topic.

Objective #1: Provide information about the differences between a PRS/RC, treatment technician, sponsor, and counselor.

Objective #2: More clearly define the roles and responsibilities of a PRS/RC.

Objective #3: Provide education about what should NOT be part of the roles and responsibilities of a PRS/RC.

<https://www.chestnut.org/resources/5894a265-b10b-441b-bdac-6a3a15eb8451/2004-Recovery-Coaching.pdf>

https://careersofsubstance.org/sites/careersofsubstance.org/files/library_resource_files/WhiteSponsorEssay06.pdf

<https://www.chestnut.org/resources/9a1a2785-a30e-4f19-b724-9810f70fbbf0/Recovery-percent-20Coach-percent-20-percent-28Role-percent-20Clarity-percent-20Matrix-percent-29.pdf>



Randy Anderson, RCP, LADC
Person in Long Term Recovery
Est. January 10, 2005
Recovery & Justice System Reform Advocate
763-200-1180
info@boldnorthrecovery.com
BoldNorthRecoveryandConsulting.com

