

Stephanie A Nisle
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EDUCATION

University of Denver, Denver, CO September 2015 – present
Master of Arts in Counseling

- Clinical Mental Health Counseling Concentration
- Specialization in Addictions and Adolescents

University of Illinois at Urbana-Champaign, Champaign, IL January 2009 – May 2012
Bachelor of Science in Liberal Arts and Sciences

- Major in Psychology; concentrations in Child and Family Psychology
- Minor in Speech and Hearing Science

Institute for American Universities, Aix-en-Provence, France January 2011 – May 2011

- Semester abroad French language immersion program

RESEARCH EXPERIENCE

University of Denver, Education and Career Equity Lab, Denver, CO September 2015 – present
Research Assistant

First-Generation College Students: Stress and Coping

Supervisor: Patton Garriott, Ph.D.

Data was collected using a sample of 688 students that were recruited from two four-year higher education institutions in the Western and Midwestern regions of the U.S.

- Research report and manuscript writing
- Preparation of conference presentations
- Present progress of research at conferences and team meetings

First-Generation College Student Experiences Scale

Supervisor: Patton Garriott, Ph.D.

Scale development study exploring experiences of first-generation college students

- Review literature for conceptual and item development
- Develop items for inclusion on pilot instrument

Multicultural Content Analysis of Vocational Psychology Journals

Supervisor: Patton Garriott, Ph.D.

Content Analysis exploring themes for multicultural-focused research in four major vocational psychology journals (Journal of Career Assessment, Journal of Career Development, Journal of Vocational Behavior, Career Development Quarterly) over the past 10 years

- Research report and manuscript writing
- Preparation of conference presentations
- Presented progress of research at conferences and team meetings
- Performed data entry and coding

DePaul University, Center for Community Research, Chicago, IL June 2013 – May 2015
Budget Manager/Research Assistant

Community Participatory Intervention with High-risk African-American Women

Supervisors: Leonard Jason, Ph.D., Daphna Ram, Ph.D. (July 2014-May 2015)

2-year longitudinal study funded by the National Institutes of Health that examined women with substance use disorders and previous involvement in the criminal justice system

- Created and managed budgets, projections, departmental and NIH reports, and reconciliations
- Utilized SPSS to perform statistical analyses
- Tracked difficult-to-find participants using national and local databases
- Presented progress of independent research at conferences and weekly team meetings

Pediatric CFS in a Community Based Sample

Supervisors: Leonard Jason, Ph.D., Sarah Callahan, Ph.D. (January 2014-May 2015)

5-year random sample study funded by the National Institutes of Health-R01 that examined the prevalence rates of children with Chronic Fatigue Syndrome

- Community interviewing and fieldwork
- Supervised undergraduate volunteers on data entry and independent research projects
- Created datasets and mapping systems for organization

Trust, Community, and Self-Efficacy in Oxford House: An Examination of Psychosocial Variables

Supervisors: Leonard Jason, Ph.D., Sarah Callahan, Ph.D. (September 2014)

Case study on men and women in recovery from substance abuse that examined psychosocial variables in Oxford House

- Data Collection at Oxford House World Convention 2014
- Survey design
- Prepared IRB applications and amendments

Evaluating Alternative Aftercare Models for Ex-Offenders

Supervisors: Leonard Jason, Ph.D., Ron Harvey, Ph.D. (June 2013-July 2014)

2-year longitudinal study funded by the National Institute on Drug Abuse that examined post-release aftercare models for adults with histories of substance abuse and incarceration

- Presented progress of independent research at conferences and weekly team meetings
- Research report and manuscript writing
- Conducted structured and semi-structured interviews with participants regarding their histories of incarceration, substance use, housing, and abstinence self-efficacy
- Performed data entry and cleaning of large datasets
- Utilized SPSS to perform statistical analyses
- Tracked difficult-to-find participants using national and local databases

Varieties in Oxford House: A Study of Adaptations of the Traditional Model

Supervisors: Leonard Jason, Ph.D., Sarah Callahan, Ph.D. (June 2013-May 2015)

Case study on cohabitating couples and families in Oxford House

- Survey design
- Prepared IRB applications and amendments
- Data collection and interviewing
- Created SPSS database, performed data entry and data cleaning
- Performed statistical analyses using SPSS
- Presented progress of independent research at conferences and weekly team meetings

Women in Recovery from Substance Abuse: Employment Skills and Needs

Supervisors: Leonard Jason, Ph.D., Sarah Callahan, Ph.D. (August 2013)

Case study on employment goals and needs for women in recovery from substance abuse

- Data collection at Oxford House World Convention 2013
- Survey design
- Prepared grant and IRB applications and amendments
- Development of SPSS database, performed data entry and data cleaning
- Utilized SPSS to perform statistical analyses

Research Assistant

- Performed data entry and cleaning of large datasets
- Conducted literature reviews and prepare manuscripts
- Tracked participants within national and local databases

PUBLICATIONS

Garriott, P.O., Faris, E., Frazier, J., **Nisle, S.**, & Galluzzo, J. (2016). Multicultural research in four vocational journals: An 11-year content analysis. Manuscript submitted for publication.

Garriott, P.O. & **Nisle, S.** (2016). Stress, coping, and academic outcomes in first-generation college students: The role of institutional supports. *Journal of Diversity in Higher Education*. Manuscript submitted for publication.

Nisle, S., Callahan, S., & Jason, L.A. (2016). Women in recovery: An exploration of employment goals and barriers. In S. Callahan & L.A. Jason (Eds.). *Substance Abuse and Aftercare*. (pp.) Hauppauge, NY: Nova Science Publishers.

Isler, B., Callahan, S., **Nisle, S.**, Jason, L.A. (2016). Varieties in treatment settings: A study of families in recovery housing. In S. Callahan & L.A. Jason (Eds.). *Substance Abuse and Aftercare*. (pp.) Hauppauge, NY: Nova Science Publishers.

Callahan, S., LoSasso, A., Olson, B., Beasley, C., **Nisle, S.**, & Jason, L. (2015). Income generation in recovering heroin users: A comparative analysis of legal and illegal earnings. *Journal of Offender Rehabilitation*, 54(5), 338-349.

CONFERENCE PRESENTATIONS

Garriott, P.O., Chao, H., Faris, E., Galluzzo, J., Hadjeasgari, C., & **Nisle, S.** (2017, August). Social class research in vocational psychology: A 10-year content analysis. Poster to be presented at the 2017 American Psychological Association Convention, Washington, D.C.

Garriott, P.O. & **Nisle, S.** (2016, August). Stress, coping, and academic outcomes in first-generation college students. Poster presented at the 2016 American Psychological Association Convention, Denver, CO.

Garriott, P.O., Frazier, J., Faris, E., **Nisle, S.**, Anderson, R., Armstrong, C., Coleman, J., Culver, C., Dunk, M., Laporta, L., Levy, M., Paiko, L., & Pugia, A. (2016, August). Multicultural content across four vocational psychology journals: A 10-year content analysis. Poster presented at the 2016 American Psychological Association Convention, Denver, CO.

Back, L.T., Suarez-Balcazar, Y., Keys, C.B., Berardi, L., Williams, S.M., Callahan, & S., **Nisle, S.** (June, 2015). Social Justice in Higher Education: Leveling the Playing Field for Underrepresented Students. Symposium presented at the Society for Community Research and Action 2015 Biennial, Lowell, MA.

Nisle, S., Callahan, S., & Jason, L. (2015, May). Varieties in Treatment Settings: A Study of Family Recovery Homes. Poster presented at the Midwestern Psychological Association Annual Meeting, Chicago, IL.

Nisle, S., Aase, D., Alvarez, J., Bahena, A., Brown, M., Callahan, S., Campagna, K., Cavers, M., Ciobotaru, S., Jason, L., & Whitehead, N. (2014, October). Marginalized families: Alternative models for housing and employment. Roundtable presented at the presented at the Midwest Ecological-Community Psychology Conference, Lisle, IL.

Tucker, B., Ram, D., Campagna, K., Chiamonte, D., Droege, J., **Nisle, S.**, Pope, B., Vollinger, L., Whitehead, N., Wilson, E., & Jason, L. (2014, October). A day in my shoes: An interactive approach to understanding structural and systemic barriers. Workshop presented at the presented at the Midwest Ecological-Community Psychology Conference, Lisle, IL.

Nisle, S., Callahan, S. & Jason, L. (2014, September). Children as a moderator of drug of choice and self-esteem in a sample of mothers in recovery. Poster presented at the Midwestern Criminal Justice Association Conference, Chicago, IL.

Callahan, S. & **Nisle, S.** (2014, September). The Oxford House women's conference. Presenter at the Annual Oxford House World Convention, Portland, OR.

Callahan, S., Whipple, C., **Nisle, S.**, & Jason, L. (2014, August). Developing a strengths-based research team to increase

retention in high-risk samples. Skill-building session presented at the American Psychological Association Annual Convention, Washington, D.C.

Callahan, S., Beasley, C., **Nisle, S.**, Douglass, P., Ciobotaru, S., Bloomer, C., Bahena, A., Rodriguez, J., Campagna, K., & Jason, L. (2014, May). After incarceration: An exploration of barriers to community reentry. Roundtable presented at the Midwestern Psychological Association Annual Meeting, Chicago, IL.

Nisle, S., Callahan, S., & Jason, L. (2014, May) Justice system involvement: Analysis of children's impact on at-risk women. Poster presented at the Midwestern Psychological Association Annual Meeting, Chicago, IL.

Barringer, A., Weaver, C., Droege, J., Chiaramonte, D., **Nisle, S.**, Pope, B., Stone, A., Vollinger, L., Wilmoth, C., Witek, C. (2013, November). Collaborative interviewing with diverse community populations. Workshop presented at the Midwest Ecological-Community Psychology Conference, Chicago, IL.

Callahan, S., **Nisle, S.**, Campagna, K., Bahena, A., Douglass, P., Delgado, M., Whipple, C., & Jason, L. (2013, November). Minimizing attrition: How to track and retain participants over time. Workshop presented at the Midwest Ecological-Community Psychology Conference, Chicago, IL.

Nisle, S., Bahena, A., Callahan, S., Jason, L. (2013, November). Women in recovery from substance abuse: Employment goals and barriers. Poster presented at the Midwest Ecological-Community Psychology Conference, Chicago, IL.

Callahan, S., **Nisle, S.**, Beasley, C., & Jason, L. (2013, August). Employment issues in early recovery. Panel presented at the Annual Oxford House World Convention, Washington, D.C.

Callahan, S., **Nisle, S.**, Beasley, C., & Jason, L. (2013, August). Overview of recovery research to date. Panel presented at the Annual Oxford House World Convention, Washington, D.C.

CLINICAL EXPERIENCE

Devereux Cleo Wallace, Broomfield, CO

August 2016 – present

MA Internship Student

Supervisor: Katherine Patterson, MA, LPP

- Residential and outpatient treatment center for adolescents
- Specific treatment of psychiatric, emotional, and behavioral challenges
- Provides individual, group, and family counseling
- Participates in staff meetings, training classes, and supervision
- Management of clients files, notes, and treatment plans

Arapahoe House - Stepwise, Thornton, CO

June 2016 – February 2017

Addictions Technician II

Supervisor: Janet Ruiz-Bailey, MA, LPC. LAC

- Residential substance abuse treatment facility for adolescents ages 12-19
- Provides individual and group counseling
- Supports client treatment plans and discusses progress toward goals with clients
- Monitors milieu activities and ensures safety
- Attends and participates in staff meetings, training classes, and supervision
- Completion of accurate documentation of referral and intake information, behavior and log notes, and medications

Salvation Army, Denver, CO

November 2015 – June 2016

MA Practicum Student

Supervisor: Marta Sheridan. Ed.D. Candidate, LPC

- Free residential treatment facility for adults in recovery from substance abuse
- Provided individual and group counseling for male and female clients
- Managed clients files and recorded weekly DAP notes
- Administered biopsychosocial and addiction severity assessments
- Created monthly treatment plans

- Constructed and faxed monthly letters to parole officers and other supervising agencies

TUTORING AND MENTORING EXPERIENCE WITH CHILDREN AND ADOLESCENTS

Reading Partners, Denver, CO

September 2015 – June 2016

Tutor

- Provided free tutoring and mentoring to low-income children
- One on one tutoring with a third grade girl
- Empowered and stimulated child's interest in learning and literacy

Tutoring Chicago, Chicago, IL

January 2014 – May 2015

Tutor

- Provided free tutoring and mentoring to economically disadvantaged children
- One to one tutoring with a second grade boy
- Motivated and stimulated child's interest in learning
- Used SMART tutoring guidelines (social skills, mathematics, attendance/attitude, reading, and technology)
- Improved literacy, arithmetic, technology, and life skills

Urbana Middle School, Urbana, IL

October 2011 – January 2012

Tutor

- Acted as a professional facilitator for a sixth grade special needs class
- Developed and implemented a homework completion strategy program to make topics interesting and relevant to the students
- Tailored lessons to each students' individual needs

The English Bubble, Aix-en-Provence, France

January 2011 – May 2011

Teacher

- A cultural center helping children and adults learn English
- Taught English to local French children
- Developed 5-step lesson plans that merged and compared American culture with French culture

Children's Research Triangle, Camp S.O.A.R. Algonquin, IL

July 2010

Volunteer

- Camp S.O.A.R. (Special Outdoor Adaptive Recreation) is an overnight camp for children with special needs
- Organized and instructed age appropriate games for special needs adolescents
- Boosted self-esteem and improved participation by all adolescents
- Assisted special needs campers with daily routines
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Campanelli Elementary School, Schaumburg, IL

May 2010 and May 2011

Volunteer

- Acted as a field day activities leader
- Organized multiple games for logic and teamwork building
- Taught and oversaw over 200 grade school children

Carrie Busey Elementary, Champaign, IL

October 2009 – January 2010

Tutor

- Encouraged student development by assisting fifth grade teacher with daily tasks
- Provided focused one on one tutoring with at-risk students
- Special focus on math and science

Krannert Art Museum, Champaign, IL

October 2009

Volunteer

- Acted as an art activities leader for children
- Promoted creativity and understanding of different styles of artistic expression

Hoover Elementary, Schaumburg, IL

June 2009 – August 2009

Teacher Aide

- Provided focused one on one tutoring with special needs students
- Acted as support staff for special needs teacher
- Constructed communication boards and augmentative communication devices for students with oral impairments

Glenbrook Elementary School, Streamwood, IL

August 2007 – May 2008

Teacher Assistant

- Aided a second grade teacher by providing support for development and implementation of lesson plans
- Assisted with grading papers, administering spelling tests, and other related tasks as needed
- Worked one on one with students who required individual attention in reading and spelling
- Designed and created classroom bulletin boards for easy reference and a better understanding of subjects

PROFESSIONAL AFFILIATIONS

American Psychological Association, Student Affiliate

- **Division 27: Society for Community Research and Action, Student Affiliate**
- **Division 17: Society of Counseling Psychology, Student Affiliate**

Midwestern Psychological Association, Student Affiliate

Epsilon Delta Teaching Fraternity, Student Affiliate 2009-2010

HONORS AND AWARDS

- NAADAC Minority Fellowship Program for Addictions Counselors
- Morgridge College of Education Dean's Scholarship – University of Denver
- Abstract format award for workshop at 2013 Midwestern Ecological Psychology Conference
- Dean's List – University of Illinois at Urbana-Champaign 2011

RELEVANT TECHNICAL AND STATISTICAL SKILLS

- SPSS (Advanced)
- Microsoft Word (Advanced)
- Endnote (Advanced)
- Microsoft Excel (Intermediate)

LANGUAGES

- English (Native)
- French (Limited Working Proficiency, six years of coursework, five-month language immersion program)