# NAADAC News

The Association for Addiction Professionals • We help people recover their lives.

Vol. 17, No. 4, October/November 2007

## Diversity and the Addiction Profession

## Resources for Practice

Special Features

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Editor’s Note
Excuse me, while I catch my breath. The past few months have been exciting ones for us at NAADAC. First, we celebrated NAADAC’s 35th anniversary with a special issue in August. Then we followed that up with a move to a new office. We’re still in Alexandria, but in a new location (1001 N. Fairfax Street, Suite 201, Alexandria, VA, 22314) close to the Potomac River.

Just after we settled in, the NAADAC Conference was upon us. The conference, a cooperative effort between NAADAC, TAADAC and NALGAP, was a great success, with over 500 people in attendance and some amazing speakers. Meanwhile, in Washington, D.C., NAADAC was also hosting the Recovery Month Kickoff at the Senate Buildings in the nation’s capital. The lunch featured Nikki Sixx, the former bassist for Mötley Crüe, and an assortment of leaders in the addiction profession and Congress. The Kick-off led to a number of NAADAC sponsored or assisted events around the nation, 37 in total, along with six proclamations recognizing Recovery Month.

NAADAC also celebrated Addiction Professionals day on September 20th by hosting an Open House. This issue covers all of these issues in-depth, along with some amazing photos. Now let me catch my breath...

Donovan Kuehn
NAADAC News Editor

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Send your old and new addresses to NAADAC

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Patricia M. Green, LCC, AAC (ex officio)
Taking the Reins
Exciting Opportunities Lie Ahead for NAADAC

Patricia Greer, BA, LCDC, AAC

Usually, the president’s report is a wonderful recitation of hard earned accomplishments during the previous year. We’ll get to those, but first, I’d like to introduce myself. For a number of reasons, the President that you expected has departed our ranks. Dr. Sharon M. Freeman has a host of responsibilities as a private practitioner, trainer and member of the cognitive behavioral therapy community, and chose to resign to be able to attend to them, effective July 27, 2007.

I have been the President-Elect, and now am seated as President. Allow me to introduce myself—a licensed chemical dependency counselor in Texas, in private practice. I entered our profession in 1977 in a small town in Pennsylvania as a counselor, then clinical supervisor in a social setting detox unit/halfway house. Due to a failing economy, my family and I moved to Texas in 1982. It was a wonderful choice to re-establish in Texas, as there is a “can-do” spirit here that is invigorating.

My first Texas job was as an alcoholism counselor doing screenings for the local probation department, and teaching the DWI classes. While there, my associates and I developed a family education program and developed and wrote grants for prevention programs. In 1984, I was hired as the Director of Education for the Greater Dallas Council on Alcoholism. In three years there, we re-named the agency to reflect the scope of alcohol and drug abuse, translated prevention materials into Spanish, made educational presentations in every type of venue in Dallas, did a “call us for a ride” DWI prevention campaign on New Year’s Eve, hosted multicultural awareness campaigns, developed grants for future expansion of services and set an ambitious course for that agency in the 1980’s.

Everything was possible, and funding was fairly accessible. In 1987, I was hired to develop an adolescent treatment center on a ranch that is still operating in east Texas, and in 1989 took a position closer to home at a psychiatric hospital, as the chemical dependency services program coordinator. This was my work until 1991. From there, I went into private practice with an associate in Dallas, went to graduate school in marriage and family therapy for three and a half years, and got seriously engaged in my local professional association, Texas Association of Addiction Professionals (TAAP), serving as Dallas chapter secretary, and then President. On our professional development committee I was able to meet all types of wonderful counselors who work in criminal justice programs, employee assistance programs, medical settings, academic and campus support ministers, children’s program designers and mental health service providers.

We also did advocacy and planning with our elected officials. TAAP, like NAADAC, is at the crossroads for education, licensure, advocacy to elected officials, and a chance to bring the message that treatment works to the communities where we work. Sadly, the funding that was available throughout much of my career is not available now in most of our communities. Our state decided to try funneling dollars into the criminal justice systems to try and stem the tide of drug and alcohol related crime, with mixed success and a loss of many fine community based programs.

Prevention and treatment are woefully under-funded here, and counselors are often paid poorly in the state funded programs. These issues, from my history, are always present in my mind when representing NAADAC and our membership. Our profession is like our nation, diverse in background and color, education and philosophy. Our common ground is that we care about the addicted, the vulnerable and their families.

NAADAC has joined with researchers to integrate the latest research into practice. We respect the limits of our abilities in our interventions and the power of the addicted brain that has been hijacked by a drug or an obsessive behavior. We are encouragers and partners. We’re parents, too. Our mission is to help those who suffer, but we also have needs to consider as well.

The future of NAADAC and of our profession is critical. The staff at NAADAC, led by Cynthia Moreno Tuohy, is best that we could ever hope for. We are undertaking new collaborations with SAMHSA, with NAATP, and with the pharmaceutical community that produces medications to alleviate suffering and cravings, as well as with international partners who wish to emulate what we are doing. Our National Certification Commission (NCC) has consistently provided high standards for certification, and has developed relationships with other certifying bodies that were not even dreamed of 10 years ago. In the past year, our staff or representatives have been to NAADAC’s President, continued on page 4
Criminal Justice and Substance Abuse

Misti Storie, MS

According to the National Institute on Drug Abuse, in 2002, approximately 60 percent of male juvenile detainees and 46 percent of female detainees tested positive for drug use at the time of their arrest. Figures show that 70–85 percent of state inmates have substance abuse problems serious enough to warrant treatment, but ultimately only 13 percent received treatment while incarcerated. With almost 650,000 inmates released back into the community every year, the scope of the problem is enormous.

NAADAC, the Association for Addiction Professionals, is currently developing a course and manual blending the rigors of those working in the criminal justice system who treat addictions. The intersection of substance abuse and the criminal justice system is complex and frequent. Addiction professionals treat the offender, often not having all the resources available to them of the special considerations and approaches to treatment that can produce a more favorable outcome. NAADAC aims to create a manual and course that will provide addiction services professionals with the skills, tools and knowledge to successfully treat this population.

Contribute Your Expertise to This Body of Knowledge

NAADAC is asking for literary contributions from professionals who know the criminal justice population best—those addiction services professionals with expertise in the criminal justice arena. NAADAC aims to develop a manual and study guide addressing:

- The relationship between substance use disorders and the criminal justice system
- The purpose and role of the criminal justice system (rehabilitative vs. punitive)
- Criminological theories of crime
- Demographics of criminals
- Theories and approaches to treating offenders with a substance use disorder
- Substance abuse treatment options in prison/jail and their effectiveness

- Treatment strategies based on offense
- Reentry issues and approaches
- Special populations—juveniles, women, minorities, gangs
- Other criminal justice avenues for offenders with a substance use disorder—drug courts, probation, boot camps, therapeutic communities, family therapy, diversion programs, half-way houses
- Ethical considerations for the offender/therapist relationship

The purpose of this project is to tap into the copious expertise of the NAADAC membership, provide you with the opportunity to give back to the addiction community and be recognized for the valuable knowledge that you possess. Literary contributions can be on one or more of the above topic areas.

NAADAC understands that due to time constraints, your specific area of expertise and other obligations, you may not wish to write an entire chapter, but you may have the desire to focus your energy on one specific component of a topic area. Any level of contribution is much appreciated! All contributors will receive recognition for their contribution, continuing education (CE) credits based on the level of contribution, a free copy of the finished manual and course and the satisfaction of knowing you have contributed to the addiction community in a substantial and enduring way.

If you are interested in contributing or would like more information, please email Misti Storie at mstorie@naadac.org or call 800.548.0497.

Misti A. Storie, MS, is the Education and Training Consultant for NAADAC, the Association for Addiction Professionals, and holds a Master's degree in Justice, Law and Society from American University.

South Korea and China, and are currently developing relationships with Central America, American Samoa and Kenya, with our government’s blessing. Our financial future is much brighter due to the relationships that have been forged with our partners. It sounds as though we have 50+ employees, but our small staff is actually doing the work of a much larger group. Our state-by-state affiliate development program is continuing, and our future is very promising. We need our members to know what a privilege it is to be a part of NAADAC, so when you leave, take the fruits of the work with you and let each and every counselor at home know that their association works tirelessly to advocate, educate and unite the profession. I am proud to be your new President, and I shall do my best to reflect the best qualities of all of us.
Almost 550 people from around the nation attended the Journey Together conference in Nashville, Tenn. The conference was a collaborative effort by NAADAC, the Association for Addiction Professionals, the Tennessee Association of Alcoholism and Drug Abuse Counselors (TAADAC) and the National Association of Lesbian and Gay Addiction Professionals (NALGAP).

Journey Together featured 38 workshops, six special training sessions and eight plenary speakers, with topics ranging from adolescents care to the use of yoga.

Featured among the honored guests were Dr. H. Westley Clark from the Center for Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration (SAMHSA), Dr. Bertha K. Madras from the Office of National Drug Control Policy (ONDCP), Virginia Trotter Betts, Commissioner of the Tennessee Department of Mental Health and Developmental Disabilities (TDMHDD), National Institute on Drug Abuse (NIDA) presenters Dr. Steve Gallon, Dr. Steve Martino and Denise Hall, Dr. Mark Willenbring from the National Institute on Alcohol Abuse & Alcoholism (NIAAA), Dr. David Powell, Dr. Carlo C. DiClemente, from the University of Maryland, Baltimore County, and E! Network entertainment columnist Ted Casablanca.

One of the highlights of the event was the Presidents Dinner where NAADAC’s national awards were presented to three deserving awardees. The awards, meant to recognize excellence in the addiction profession, were awarded to a diverse group.

Mel Schulstad Professional of the Year Award
Larry Ashley, EdS, LADC, CPGC, a college professor, researcher and therapist with 30 years of experience in substance abuse and trauma, was awarded the Mel Schulstad Professional of the Year award. This award was created in November 1979 and is named after the first President of NAADAC. The award recognizes an individual who has made outstanding and sustained contributions to the advancement of the addiction counseling profession.

Professor Ashley is considered to be a leading expert on post-traumatic stress disorder (PTSD) and issues related to addiction. He has a special interest in the impact of war on soldiers world-wide. He is currently the University of Nevada, Las Vegas (UNLV), Addiction Specialist and Undergraduate Coordinator.

William F. “Bill” Callahan Award
Carol Colleran, a renowned alcohol and drug counselor, who specializes in the treatment of addictive disorders in the older adult was presented the William F. “Bill” Callahan Award. This award is presented for sustained and meritorious service at the national level to the profession of addiction counseling.

Colleran is a distinguished pioneer of specialized treatment for aging adult populations and serves as the Director of Public Policy and National Affairs at the Hanley Center at St. Mary’s in West Palm Beach, Fl. As a member of the Substance Abuse and Mental Health Task Force of the National Council on Aging, she helped develop the 1999 Engaging the Aging Services Network in Meeting Substance Abuse and Mental Health Needs of Older People.

Lora Roe Memorial Alcoholism and Drug Abuse Counselor of the Year Award
Maureen McGlame, an addiction services professional who has worked in the addiction counseling profession for over 30 years, received the Lora Roe Memorial Alcoholism and Drug Abuse Counselor of the Year Award. This award is presented to a counselor who has made an outstanding contribution to the profession of addiction counseling.

McGlame was one of the first clinicians at St. Elizabeth’s Comprehensive Addictions Program in Brighton (SECAP) and later founded an addictions clinic for the Family Counseling Guidance Clinic. She currently serves as a senior clinician at Massachusetts General Hospital’s Addiction Clinic. One of her major contributions has been the founding of Children of Alcoholism and Substance Abuse (COASA)—dedicated to building positive lives and opportunities for children and youth.

See the following pages for pictures of the award winners and other dignitaries and events from the 2007 Journey Together Conference.
Clockwise, from top left: Dr. H. Westley Clark from the Center for Substance Abuse Treatment (CSAT); Dr. Carlo DiClemente, speaking on Motivational Interviewing; Dr. Eugene Crone (l) and Political Action Committee (PAC) chair Joseph Deegan; Mel Schulstad Professional of the Year award winner Dr. Larry Ashley (l) with former NAADAC Presidents Roger Curtiss and Mel Schulstad; NAADAC President Patricia M. Greer (l) with NAADAC Executive Director Cynthia Moreno Tuohy.
Clockwise, from top left: Participants at the NAADAC Political Action Committee (PAC) reception and auction; NAADAC President Patricia M. Greer lights candles on a cake commemorating NAADAC’s 35th anniversary; Albert Alvarez, Anthony Webber and Wolfgang Wallschleger take in the conference; conference participants at the National Institute on Drug Abuse (NIDA) exhibit table.
Native Americans Face Higher Rates of Drug and Alcohol Use
New Study by SAMHSA Illustrates Challenges in Native Communities

Donovan Kuehn, NAADAC News Editor

American Indians and Alaska Natives ages 12 or older were less likely to have used alcohol in the past year than were members of other racial groups, but they were more likely than members of other racial groups to have a past-year alcohol use disorder and to have a past-year illicit drug use disorder, according to a new report from the Substance Abuse and Mental Health Services Administration (SAMHSA).

SAMHSA, a public health agency within the U.S. Department of Health and Human Services, conducts the annual research on drug and alcohol use and trends in the National Survey on Drug Use and Health (NSDUH). The survey collects data by administering questionnaires to a representative sample of the population through face-to-face interviews at their place of residence.

In comparisons with other cultural groups, 60.8 percent of American Indians and Alaska Natives used alcohol, slightly above the 65.8 percent of other racial groups who used alcohol in the past year. The numbers were more striking when assessing other factors. Over one in 10 (10.7 percent) of American Indians and Alaska Natives reported having an alcohol use disorder in the past 12 months, compared with 7.6 percent of non-aboriginal groups. One in 20 (five percent) of American Indians and Alaska Natives had an illicit drug use disorder in the past 12 months, compared to 2.9 percent of other racial groups.

American Indians and Alaska Natives also had higher rates than members of other racial groups for past-year marijuana use (13.5 percent vs. 10.6 percent), cocaine use (3.5 percent vs. 2.4 percent), and disorders involving hallucinogen use (2.7 percent vs. 1.7 percent). However, rates of past-year heroin use and past-year non-medical use of pain relievers, tranquilizers, and sedatives were similar for American Indians and Alaska Natives and members of other racial groups. All findings are annual averages based on combined 2002, 2003, 2004 and 2005 National Survey on Drug Use and Health data.

“Tragically, American Indians and Alaska Natives continue to have higher rates of substance use disorders than other racial groups within the United States,” says Terry L. Cline, PhD, SAMHSA Administrator. “While improvements in some areas of substance use have been realized, such as decreased alcohol use in the past year, we intend to keep working to ensure that culturally appropriate substance abuse treatment and native healing approaches can bring help where it is so badly needed.”

“One of the critical factors that Native Americans can often face is being in isolated locations, or being disconnected from the larger community,” said NAADAC Executive Director Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP. “These factors, and the inability to readily access help, can be devastating.”

For this report, American Indians and Alaska Natives include all respondents who reported this race, including those who reported it in addition to another race or ethnicity. This categorization varies from SAMHSA’s National Survey on Drug Use and Health in which persons who identify themselves as Hispanic and American Indian or Alaska Native are categorized as Hispanic, and persons who identify themselves as American Indian or Alaska Native and another race (e.g., White, Black or African American, Asian, Native Hawaiian or Other Pacific Islander, or other) are categorized as “two or more races.”

Illicit drugs refer to marijuana/hashish, cocaine (including crack), inhalants, hallucinogens, heroin, or prescription-type drugs used non-medically. The National Survey on Drug Use and Health, on which this report is based, defines illicit drug or alcohol dependence or abuse using criteria specified in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Substance dependence or abuse includes such symptoms as withdrawal, tolerance, use in dangerous situations, trouble with the law, and interference in major obligations at work, school, or home during the past year.

For the complete details on this report, and a summary of the National Survey on Drug Use and Health, please visit http://oas.samhsa.gov.
NAADAC 2008 Advocacy Action Day
Mark March 9–11, 2008 in Your Calendar

Donovan Kuehn, NAADAC Director of Operations and Outreach

Get involved and help shape the views of the nation’s lawmakers. NAADAC’s Advocacy Action Day will focus on legislative issues affecting the addiction professional. NAADAC will provide briefings for all participants on the major issues facing addiction professionals.

These face to face meetings with members of the House of Representatives and Senate can help convey the importance of addiction prevention, intervention, treatment, continuing care and recovery.

“Advocacy Action Day is an excellent opportunity for addiction professionals from across the United States to come to Washington, D.C., and meet with their national representatives. In a concerted effort, these professionals come together and learn about key issues facing the addiction treatment profession today,” said Gerard J. Schmidt, MA, LPC, MAC, chair of the NAADAC Public Policy Committee.

The sessions in Washington are geared to new and returning participants with an introduction to advocacy issues, tips on how to communicate effectively with lawmakers and mentoring sessions for those new to the legislative process.

NAADAC members, and NAADAC’s partners in addiction health services, plan to discuss the federal government’s workforce development agenda, parity for addiction and other health related insurance, adequate and consistent funding for addiction health services and strategies to ensure that addiction prevention, intervention and treatment are considered as a part of the nation’s agenda.

“For many treatment professionals this is their first encounter with their lawmakers. The excitement for most professionals is that they are at the heart of the legislative process, can see events unfold in front of them and become an active participant in the process,” said Schmidt.

NAADAC will be co-hosting the 2008 Advocacy Action day with the National Association of Addiction Treatment Providers (NAATP). This is one part of the two organization’s agreement to share government relations efforts. NAADAC and NAATP also plan on working with a number of other organizations to reinforce the importance of the impact of addiction on communities and the nation. Tentative partners are Therapeutic Communities of America (TCA), Legal Action Center, Danya International, the American Society of Addiction Medicine (ASAM), Capitol Decisions, the Johnson Institute and the National Association of State Alcohol and Drug Abuse Directors, Inc. (NASADAD).

“Addiction Professionals have an exciting opportunity to make a difference this year,” said Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP, NAADAC Executive Director. “With the success of the parity legislation in 2007, there are new opportunities for legislation, funding and workforce development issues.”

“NAADAC’s Advocacy Action Day is an immediate opportunity to address addiction focused issues with the new congress. NAADAC members can be there to influence and educate their congressional representatives,” added Moreno Tuohy.

More details on the 2008 Advocacy Action day can be found at www.naadac.org.
Don’t just calculate the savings to our healthcare system when someone doesn’t utilize and over-utilize the health care system because they keep repeating their ODs or keep having to go back to the ER for domestic violence or because of the car accident they had because they were drunk. — Representative Patrick Kennedy (RI)

NAADAC had a special role in founding Recovery Month in 1989 as Treatment Works, and, in 2007, was able to contribute again. The Substance Abuse and Mental Health Services Administration (SAMHSA) selected NAADAC as the host for the 2007 Recovery Month kickoff lunch. The lunch, sponsored by Cephalon and Alkermes, was co-hosted by Cynthia Moreno Tuohy, Executive Director of NAADAC and Dr. Westley Clark.

The event, held in the Hart Senate Building, was special because of the participants involved. First, the Recovery Month partners, a group of over 100 organizations supporting people in recovery and Recovery Month, traveled from across the nation to take part in the event. They were joined by Dr. Bertha Madras, Deputy Director for Demand Reduction at the Office of National Drug Control Policy (ONDCP), Dr. Terry Cline, Chief Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA), Dr. H. Westley Clark, Director of the Center for Substance Abuse Treatment at SAMHSA, Congressional representatives, including Representatives Jim Ramstad (MN), Patrick Kennedy (RI), Mark Souder (IN), Tim Bishop (NY), James Clyburn (SC), Maxine Waters (CA), Sue Myrick (NC) and Senator Charles Grassley of Iowa.

But the real star of the show was founding Motley Crüe member Nikki Sixx. Sixx on tour for his new book, The Heroin Diaries: A Year in the Life of a Shattered Rock Star, as well as and accompanying “The Heroin Diaries Soundtrack.” Sixx addressed a full house with humility and humor.

Sixx told the audience, “I had a dream to be a rock star. They say be careful what you wish for: I woke up a heroin addict.”

He also praised the courage of those who spoke before him. “To actually be here and see these people standing at the podium and seeing the passion coming off the podium, these people are real,” said Sixx. “It’s one thing when you’re a rock star and you say that you’re an addict. They all say ‘Of course you are!’ But when you get people in government saying that, it’s really blowing the top off the secrets.”

Afterwards, all the participants had a chance to chat with Sixx and received a copy of his book, with some taking the opportunity to have their copies personally inscribed. A memorable day for all involved, and a great way to kick off Recovery Month!

Madras (left) – “the Brain is the repository of our humanity, our ability to think, to love to compute, to compose, to create and everyone in this room is united in an effort to preserve this brain, this beautiful gift, and our body and our behavior.”

Souder – “Where we run into the particular problem is prescription drug treatment, because every time we try to deal with prescription drugs needless to say, certain pharmaceutical companies, as well as parts of the medical community sat on us really hard.”

Rep. James Ramstad addressed the 2007 Recovery Month Kick-off luncheon. “It’s time to finish what we started in 1994 with our friend and colleague, the late Senator Paul Wellstone, and end the discrimination against people with addiction,” said Congressman Ramstad. “This is not just another public policy issue. This is a life-or-death issue for millions of Americans.”

Sixx – “I had a dream to be a rock star. They say be careful what you wish for; I woke up a heroin addict.”
The Recovery Month effort aims to promote the societal benefits of alcohol and drug use disorder treatment, laud the contributions of treatment providers and promote the message that recovery from alcohol and drug use disorders in all its forms is possible. Recovery Month began in 1989 as a part of the Treatment Works initiative started by NAADAC. Recovery Month, now guided by SAMHSA, has become a national phenomenon.

September’s Recovery Month events were supported by the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services. For more information on Recovery Month, please visit www.recoverymonth.gov.

Alaska
The 3rd Annual Dancing in the Streets celebration of recovery was held on September 14th. The focus of the celebration was to underscore that recovery is happening and that investing in locally available treatment can not only help our people regain their lives, but also help our communities prosper. Festivities included a parade, dinner and a dance.

Arizona
Calvary Center hosted a Recovery Month celebration which included the monthly meeting of the Arizona Association of Alcoholism & Drug Abuse Counselors (AzAADAC), an Open House, a gift drawing and lunch.

California
The California Association of Alcoholism & Drug Abuse Counselors (CAADAC) and SAMHSA sponsored a number of events in Santa Barbara, Temecula, Placerville, Fresno County, Bakersfield, Fresno and San Jose. These events ranged from trainings, to a motorcycle and car show, to a celebration called Soberstock. Full Circle Addiction Recovery Services and San Quentin State Prison also sponsored a celebration of recovery, created by the inmate alumni of Full Circle’s Addiction Recovery Counseling (ARC) treatment program at San Quentin Prison in Berkeley. This special event included a presentation of ACT (Addiction Counselor Training) for inmate counselor trainees; awarding of plaques to key supporters of San Quentin addiction treatment and counselor training programs; music by San Quentin bands; distribution of recovery resource information and promotion of Full Circle’s ARC treatment program at the prison.

Colorado
On September 15th, the Advocates for Recovery held their 6th Annual Recovery Rally, and event sponsored by SAMHSA. This event celebrates recovery from substance addiction, and is sponsored by Advocates for Recovery, a non-profit advocacy group, in partnership with Denver Drug Strategy Commission (within the Denver Department of Human Services). Speakers included Denver District Attorney Mitch Morrissey, Don Coyhis of White Bison Tribe and other prominent individuals addressing the value of recovery. Coloradans also had the opportunity to attend a Colorado Connecticut Association For Addiction Professionals (CAAP) members participated in Recovery Walks!, the 8th Annual Walk for Recovery from Alcohol and Other Drug Addiction, sponsored by the Connecticut Community for Addiction Recovery (CCAR).
Rockies baseball game. Five hundred attendees, including Denver Mayor John Hickenlooper, District Attorney Mitch Morrissey, Don Coyhis of White Bison Tribe, House Speaker Andrew Rominoff, and Colorado Governor Deputy Chief of Staff Stephanie Villafuerte, participated in the events.

**Connecticut**

The Connecticut Community for Addiction Recovery (CCAR) hosted *Recovery Walks!*, the 8th Annual Walk for Recovery from Alcohol and Other Drug Addiction on September 15th at Bushnell Park in Hartford. The walk strives to mobilize people to support policies that encourage and improve access to recovery and remove barriers to long-term recovery. Recovery Walks! includes live musical entertainment, children’s activities and stories of recovery. (See photos on page 12.)

**District of Columbia**

Recovery Month was celebrated at a number of events in the District, including at the *Keeping it Real Conference 2007*, which focused on street-level intervention strategies for addiction, HIV/AIDS and hepatitis from September 24–26th. The Johnson Institute’s America Honors Recovery Luncheon also recognized Recovery Month at their celebration on September 27th, held at the National Press Club.

**Delaware**

*A Natural High* was hosted on September 26th at Carousel Park in Wilmington. This event exposed youth to a positive recreational experience—all aspects of working with horses, including riding. This program is meant to help a person develop self-esteem, learn discipline and engage in new experiences. Later in the day, a cookout followed the educational activities.

**Florida**

Florida hosted a couple of Recovery Month events including *St.Pete’s Got Soul* Recovery Month Benefit Concert and Silent Auction on September 22th. The proceeds from the concert and auction were designated to benefit local substance abuse programs through WestCare and the National Council of Alcoholism and Drug Dependence (NCADD) of Tampa Bay. Performers included Mo’ Betta, Amanda Mason, and Early Clover of the world famous Coasters. WestCare Florida and the NCAAD of Tampa Bay also celebrated Recovery Month on September 23rd with the Tampa Bay Devil Rays and the Boston Red Sox. Proceeds from this event went to assist returning veterans and thousands of families in Tampa Bay touched by homelessness and alcohol/drug abuse issues.

**Kentucky**

Supporters hosted a Walk for Recovery in Pikeville that led to a *Jesus is the Anti-Drug* concert at the Grace Fellowship Church.

**Louisiana**

Louisiana celebrated a number of events including Recovery Day in Baton Rouge, an event co-sponsored by the Celebration Hope Center, the Extra Mile, Southeast Louisiana, Jefferson Parish Human Services Authority, SAMHSA and NAADAC. A Recovery Walk was also held at Zemurray Park in Hammond. The walk was sponsored by Florida Parishes Human Services Authority/Addictive Disorders Services, SAMHSA and NAADAC and featured an official proclamation from the Mayor’s Office, guest speakers and testimonials and local social service agencies providing literature and information.

The Natchitoches Center for Addictive Disorders celebrated Recovery Month on the Natchitoches Riverfront in an event supported by SAMHSA and NAADAC. Programs shared information with the public, and the Natchitoches Detention Center choir provided musical entertainment. The Bonne Sante Chemical Health & Wellness Center also offered a free lunch of Jambalaya, white beans and cold drinks to the public in celebration of Recovery Month.

**Michigan**

The Michigan Association of Alcoholism and Drug Abuse Counselors featured a retreat, that focused on workforce development issues facing addiction services.

Shirley Beckett Mikell, NAADAC’s Director of Education and Training hosts guests at the NAADAC Open House on September 20. The Open House was held in honor of Addiction Professionals Day.
professionals. The retreat was held in Lansing, and featured Cynthia Moreno Tuohy, NCAC II, CCDC II, SAP, NAADAC’s Executive Director, as a speaker.

**Minnesota**

The Blue Earth County Drug Court joined with the New Ulm Medical Center, the Greater Minnesota Association of Addiction Professionals (GMAAP), NAADAC, the Association for Addiction Professionals, Minnesota State University-Mankato Students for Alcohol & Drug Education (SADE) & Department of Sociology at MSU and Healthy Communities Healthy Youth of New Ulm for Recovery Month proclamation ceremonies in Mankato, New Ulm and St. James. After the proclamations, William Cope Moyers signed copies of his book, Broken. The university campus also featured a Recovery Month play about dreams and faith shattered by alcoholism.

**Mississippi**

The Mississippi Association of Addiction Professionals (MAAP) held a Recovery Month Open House and Test Preparation Day. The Open House featured workshops on navigating the NAADAC/MAAP membership process and certification and test preparation strategies.

**Montana**

On August 29th, Governor Brian Schweitzer held a press conference at the State Capitol in Helena that focused on a $4 million legislative funding measure spearheaded by the Governor to expand the state’s ability to offer drug and alcohol addiction treatment for low-income citizens. The press conference also featured three speakers, including former NAADAC President Roger Curtiss from Gateway Recovery Services. Gateway Recovery also featured an Open House at its newly renovated center, and partnered with the Meth-Free Cascade County Task Force in holding a recovery celebration at Gibson Park in Great Falls.

**Nebraska**

Advocates in Nebraska joined a Recovery is a Reality Rally and Moment of Serenity at the Nebraska State Capitol in celebration of Recovery Month. The fourth annual celebration of Recovery Month featured live music, testimonials and ended with a Moment of Serenity.

**Nevada**

The Student Organization for Addiction Professionals (SOAP) showcased National Addiction Professionals Day at the University of Nevada, Las Vegas on September 20. In support of this event, Governor Gibbons planned to issue two proclamations commemorating Recovery Month and Substance Abuse Awareness.
Day. In addition, the State of Nevada Association of Addiction Professionals’ Annual Conference featured a presentation on workforce development, an issue of note for addiction services professionals. (See photos on page 14.)

New York

New York hosted two events to commemorate Recovery Month: a Run For Recovery for providers of addiction services and agencies in Albany, N.Y., hosted by the New York State Office of Alcoholism and Substance Abuse Services (OASAS), and Addiction — A Family Affair, hosted by the Long Island Recovery Advocates and Nassau Community College.

North Carolina

North Carolina was home to the 2nd Annual Blue Ridge Addiction Conference which featured workshops on Addiction Free Pain Management, Ethics, HIV, Spirituality and Family Dynamics in Addiction. The conference featured speakers from NAADAC, the Association for Addiction Professionals, the Addiction Professionals of North Carolina (APNC), the Gorski-Cenaps Corporation, the Northwest Area Health Education Center of Wake Forest University School of Medicine and the Blue Ridge Addiction Recovery Network, a Division of Total Health Integrated Services.

North Dakota

The 2007 Alcohol and Substance Abuse Summit was presented by the Division of Mental Health & Substance Abuse Services to focus on the latest trends and research in addiction. This session was sponsored by SAMHSA and NAADAC and featured 10 speakers from around the nation.

Ohio

Cuyahoga County Commissioners Peter Lawson Jones, Jimmy Dimora and Timothy F. Hagan issued a proclamation recognizing September 2007 as Recovery Month.

Oregon

Oregon was busy, hosting three events. Hands Across the Bridge 2007 was held on Labor Day and featured hundreds of Oregon and Washington residents celebrating recovery from alcohol and drug addiction when they joined hands to span the Interstate 5 bridge connecting the states of Oregon and Washington. The Hands Across the Bridge event was joined by the Clean & Sober Motorcycle Club’s Ride for Recovery. A little further south in Salem, participants joined the first Hands Across the Bridge event at the bridge joining Marion County to Polk County.

South Carolina

The South Carolina Association of Alcoholism & Drug Abuse Counselors (SCAADAC) held a Member Appreciation Training on HIV/AIDS for addiction services professionals.

Tennessee

The 4th Annual Alcohol and Drug Awareness Fair, sponsored by the Helen Ross McNabb Center and East Tennessee Association of Alcohol and Drug Abuse Counselors (ETAADAC). The fair provided awareness of treatment, addictions and resources in the East Tennessee area.

Texas

Patricia Greer, NAADAC President and Cynthia Moreno Tuohy, NAADAC Executive Director, presented on workforce development at the 2007 Spectrum Conference in Houston, Texas.

Utah

SAMHSA sponsored the Utah Fall Substance Abuse Conference: Just Say Know, an educational event for addiction services professionals. The conference included three educational tracks: Prevention, Treatment, and Drug Court/Justice and was held at the Dixie Center in St. George.

Virginia

NAADAC, the Association for Addiction Professionals held its third annual Open House in Alexandria. NAADAC celebrated Addiction Professionals Day by opening its doors to the community and introducing its educational and professional programs to all in attendance. (See photo on page 13.)

Vermont

VAPA and the Vermont Alcohol & Drug Certification Board held their Fall Conference in Montpelier, in celebration of Recovery Month. Long-time

Recovery Month, continued on page 16
The Substance Abuse and Mental Health Services Administration (SAMHSA) announces the availability of *Drugs, Alcohol and HIV/AIDS: A Consumer Guide for African Americans.* This Guide is a companion piece to *Drugs, Alcohol and HIV/AIDS: A Consumer Guide,* which was published in 2006.

*Drugs, Alcohol and HIV/AIDS: A Consumer Guide* discussed the issue of substance abuse and HIV/AIDS generally. *A Consumer Guide for African Americans* focuses on these issues as they specifically affect members of the African-American community. It is designed for addiction services professionals to use with or distribute to African-American clients who may be involved in risk behaviors associated with HIV/AIDS. The four-page brochure explains the increased risk of HIV transmission among people who actively use substances and stresses the importance of seeking treatment for both substance use and possible HIV-related health issues. The brochure includes helpful phone numbers and Web links, including culturally focused organizations.

*Drugs, Alcohol and HIV/AIDS: A Consumer Guide for African Americans* is a part of the Substance Abuse and Mental Health Services Administration’s (SAMHSA’s) Knowledge Application Program (KAP). KAP provides knowledge about best treatment practices by putting it into the hands of providers who help individuals seeking substance abuse treatment. KAP staff produces, markets and distributes publications and products; strives for cultural competency; gathers, analyzes and uses market research; and enlists the assistance of national experts to ensure that KAP is responsive to the needs of addiction services professionals.


Call 800.729.6686 or 240.221.4017, 800.487.4889 (for the TDD hearing impaired) or 877.767.8432 (Hablanos Español). Information is also available online at www.ncadi.samhsa.gov or www.kap.samhsa.gov.

**Recovery Month, from page 15**

NAADAC member William R. Cote, APRN-BC, LADC, MAC, led a training session at the event.

**Washington**

Sound Counseling held its 2nd Annual Recovery Month Open House. Guest speakers shared their insight on topics such as nutrition, meditation, holistic relapse prevention, addiction and benefits of treatment. Also in Washington, residents joined with their colleagues from Oregon to celebrate *Hands Across the Bridge 2007.* People from both states joined hands to span the Interstate 5 bridge connecting Oregon and Washington with ceremonies on both the Portland and Vancouver sides of the Columbia River. Hands Across the Bridge was sponsored by the Recovery Association Project.

**West Virginia**

Valley Healthcare hosted a workshop called *Medication Assistance in Treating Alcohol Dependence* in Morgantown. The session, which featured 75 participants focused on innovative treatments for addiction, as well as the importance of Recovery Month and Addiction Professionals Day.

**Wisconsin**

A three-day event, called *Bringing the Village Together,* featured workshops, activities for families and youth, food, speakers and lots of fun. The three-day camping experience featured Blaine “Woody” Wood from White Bison, a Native-American organization that offers sobriety, recovery, addictions prevention and wellness/wellbriety learning resources to the Native American community nation-wide.

**Proclamations**

Proclamations recognizing Recovery Month were established by President George W. Bush, Governor Jodi Rell of Connecticut, Mayor Loretta Clawson of the Town of Boone, North Carolina, Mayor Dona Stebbins of the City of Great Falls, Mont., by the Board of County Commissioner of Cuyahoga County, Ohio, and for Addiction Professionals’ Day
Thanks to All Journey Together Exhibitors, Sponsors and Advertisers

Commission on Accreditation of Rehabilitation Facilities (CARF)
Cornerstone of Recovery Inc.

Kansas City Convention Bureau
Let’s Go Africa Foundation

Lifering Secular Recovery
Lincoln Trail Behavioral Health Services

Magellan Health Centers
New Life Lodge (a part of CRC Health Group)

NorthStar Center
1 Step Detect Onsite Workshops

AccuCare
Passages to Recovery & Four Circles Recovery Center (NAADAC Organizational Member)

Pavillon

Prevention Research Institute

Western Psychological Services

www.naadac.org
### NAADAC NEW MEMBER APPLICATION

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**FEE COMPUTATION**

**Membership** (see below for your state’s fee)

- Donation to the NAADAC Education and Research Foundation (NERF) is a registered 501(c)(3), non-profit organization focusing on the promotion of education and research for the addiction services.
- Donation to the NAADAC Political Action Committee (PAC)**
  - The NAADAC Political Action Committee (PAC) helps educate lawmakers to understand the priorities of addiction services professionals.
  - **If you are paying NAADAC dues by company check, you must enclose a SEPARATE PERSONAL check, made payable to NAADAC PAC."**

**PAYMENT INFORMATION**

- Check (payable to NAADAC) in the amount(s) of $ __________ enclosed. **If you are paying NAADAC dues by company check, you must enclose a SEPARATE PERSONAL check, made payable to NAADAC PAC.**
- Contributions to the NAADAC PAC are optional and are not tax deductible.

**TOTAL AMOUNT ENCLOSED**

- Please charge $ _______ to my Visa MasterCard American Express

**NOTE:** From whom and where did you hear about NAADAC

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For more than 30 years, NAADAC has been the leading advocate for addiction services professionals. Our association’s purpose is to help develop the skills and enhance the well being of professional alcoholism and drug abuse counselors.

—Roger A. Curtiss, NCAC II, LAC, NAADAC President 2004–2006

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**FAX YOUR APPLICATION WITH CREDIT CARD INFORMATION TO:**

1001 N. Washington Street, Suite 201
Alexandria, VA 22314

**NAADAC BUILDING CAMPAIGN**

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NOTE: 96 of your membership dues have been allocated to the magazine and this amount is non-deductible. NAADAC estimates that 8% of dues payment is not deductible as a business expense because of NAADAC’s lobbying activities on behalf of members. Dual membership required in NAADAC and state affiliate. You will receive services upon receipt of application and payment; please allow 4–6 weeks for initial receipt of publications. Membership in NAADAC is not refundable. From time to time, we share our members’ postal addresses with other companies who provide services that we feel are a benefit to the addiction professional. We carefully screen these companies and their offers to ensure that they are appropriate and useful to you.

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**JOIN ONLINE AT WWW.NAADAC.ORG**
A Little Understanding Goes a Long Way
NAADAC Publication Helps Addiction Professionals Recognize Diversity in Communities Needing Treatment

Misti A. Storie, MS, NAADAC Education and Training Consultant

In a perfect world, all patients would be homogenous and necessitate the same treatment from addiction. However, this is not the case, and every patient has his or her own diverse problems, needs and path to recovery. Furthermore, to effectively treat patients struggling with addiction, counselors must be aware of the special concerns and exacerbating factors that cause or contribute to alcohol and/or drug dependence.

One such population that often requires special assistance is the lesbian, gay, bisexual, transgender and queer community (LGBTQ). Being lesbian, gay, bisexual, transgender or queer is not easy given the current climate of homophobia and discrimination against this population. Compounded by being a gay, lesbian, bisexual or transgender alcohol and/or drug dependent is significantly more difficult. When treating an LGBTQ patient, a counselor must be sensitive to the unique considerations for this diverse population and take care to accommodate his or her needs once treatment has begun. Dr. Joseph H. Neisen’s book Counseling Lesbian, Gay and Bisexual Persons with Alcohol and Drug Abuse Problems provides counselors with a thought-provoking perspective on understanding and dealing with patients who are struggling with being homosexual.

Counseling Lesbian, Gay and Bisexual Persons with Alcohol and Drug Abuse Problems helps counselors understand that the LGBTQ population is virtually no different than any other, except that the circumstances surrounding discovering one’s sexual identity and acting on that can potentially be a major area of focus in addiction counseling. Neisen’s book explores possible treatment planning options and approaches to make these patients feel comfortable and safe enough to confront the compounded struggles associated with alcohol and/or drug dependency.

Counseling Lesbian, Gay and Bisexual Persons with Alcohol and Drug Abuse Problems is available for order through NAADAC’s online bookstore at www.naadac.org or by calling 800.548.0497.

Regular Price: $25.00
Member Discounted Price: $15.00

NAADAC strives to provide our members with the best available resources to help its counselors treat addiction. If you are the author of, or know of a book or product that has been remarkably helpful to your practice, please contact Misti Storie via email at mstorie@naadac.org to possibly extend this resource to your peers.
### 2007–2008 UPCOMING EVENTS

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| October 5–7, 2007  | Missouri Addiction Counselors Association (MACA) Fall 2007 Conference  
For details e-mail maca@socket.net or call 573.642.3748. | Inn at Grand Glaize, Lake of the Ozarks, MO | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| October 15, 2007   | NCAC I/NCAC II/MAC Application Deadline for December 8–15, 2007 Examination Period  
Details at www.ptcny.com. | Inn at Grand Glaize, Lake of the Ozarks, MO | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| November 3, 2007   | NAADAC Life-Long Learning Series  
Pharmacotherapy: Integrating New Tools into Practice  
Earn 6 CE Credits for $20. Oakland, CA  
For more information, call 800.548.0497 or visit www.naadac.org. | Oakland, CA      | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| November 16, 2007  | NAADAC Lifelong Learning Series  
Pharmacotherapy: Integrating New Tools into Practice  
Earn Six CE credits for $20. Albany, NY  
For more information, call 800.548.0497 or visit www.naadac.org. | Albany, NY       | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| November 16–17, 2007 | Association for Addiction Professionals of New York (AAPNY) Statewide Conference  
Earn up to 13 Continuing Education credits  
Register at www.aapncounselor.org or contact info@aapncounselor.org or 877.862.2769 for more information. | Overland Park, KS | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| November 27–30, 2007 | SECAD 2007  
Atlanta Sheraton Hotel  
Earn up to 20 hours of credit. Featured presenters include Christopher Kennedy Lawford, David Powell and Paul Earley.  
For more information, call toll-free 866.293.5510 or visit www.naatp.org/secad. | Atlanta, GA      | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| December 8–15, 2007 | NCAC I/NCAC II/MAC Exam  
The Professional Testing Corporation (PTC) provides NAADAC approved certification testing.  
Details at www.ptcny.com. | Inn at Grand Glaize, Lake of the Ozarks, MO | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| February 15, 2008  | Nominations Due for NAADAC 2008 Elections  
Details at www.naadac.org or call 800.548.0497. | Inn at Grand Glaize, Lake of the Ozarks, MO | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| March 9–11, 2008   | NAADAC Advocacy Action Day  
Help shape the nation's addiction prevention, intervention, treatment and recovery agenda.  
Washington, D.C.  
Details at www.naadac.org or call 800.548.0497. | Washington, D.C. | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| April 1–30, 2008   | NAADAC 2008 Elections Period  
If you have not received a ballot by April 7, 2008, please contact Donovan Kuehn at dkuehn@naadac.org.  
Eligible voters will be NAADAC members in good standing as of February 1, 2008.  
Details at www.naadac.org or call 800.548.0497. | Inn at Grand Glaize, Lake of the Ozarks, MO | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| April 30, 2008     | Submission Deadline for the NAADAC 2008 Awards  
Details at www.naadac.org or call 800.548.0497. | Inn at Grand Glaize, Lake of the Ozarks, MO | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |
| August 28–31, 2008 | NAADAC Annual Conference held in association with the Kansas Association of Addiction Professionals (KAAP)  
Overland Park, KS  
Details at www.naadac.org or contact NAADAC at naadac@naadac.org or 800.548.0497. | Overland Park, KS | NAADAC News 1001 N. Fairfax Street, Suite 201 Alexandria, VA 22314 |