NAADAC News is a publication by NAADAC, The Association for Addiction Professionals. It is a monthly magazine that provides news and information for professionals in the addiction field. The publication covers topics such as NAADAC membership, state NAADAC chapters, and NAADAC committees. It also includes content on drug laws, reviews, and newsletters.

Editor’s Note
Welcome to 2005 (I know, it seems like it’s a month late, but this is the first edition of the NAADAC News in 2005!). NAADAC has a busy year planned with the Orlando Co-Occurring Conference, sponsored by SAMHSA-CSAT having already taken place (see page 6 for more details).

Well, take a breath folks, that’s only the beginning! NAADAC’s Executive Committee will be meeting in Washington, DC on March 4–5, along with NAADAC’s Strategic Planning Committee on March 5–6. The NAADAC Leadership Summit will be taking place from March 6–7 followed by the Advocacy in Action! Day on the 8th of March, both in Washington, DC.

After that, NAADAC’s holding the second of its Co-Occurring Conferences, this time to be held in Portland, Oregon (see page 6 for more details). And for those of you who are seeking accreditation, the NCAC I/ NCAC II/ MAC Spring exam is set for the 19th of March.

I also want to remind you that this will be the last copy of the NAADAC News being mailed to the membership. Starting in April 2005 the “News” will be delivered straight to your e-mail inbox. If we don’t have an e-mail address on file for you, or if your e-mail may have changed, please let us know how we can reach you. Fill out the form on page 4 or have an e-mail address on file for you, or if your membership. Starting in April 2005 the “News” will be delivered straight to your e-mail inbox. If we don’t have an e-mail address on file for you, or if your e-mail may have changed, please let us know how we can reach you. Fill out the form on page 4 or have an e-mail address on file for you.

Thanks for reading and we’ll see you in the Spring. Donovan Kuehn

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CONTENTS

NAADAC Providers
Page 4
New Acting Executive Director
Page 5
News for Professionals
Page 8
NALGAP Corner
Page 12
NAADAC PAC
Page 13
Affiliate News
Page 15
Drug Laws
Page 17
Reviews
Page 19
Organizational Member
Page 20
Upcoming Events
Page 20
Unity, Values and Leadership: NAADAC’s Priorities for 2005

Mary Woods, R.N.C., LADC, MSHS, NAADAC President

Welcome to 2005! The Executive Committee and I have an ambitious agenda for the upcoming year for our organization and for our members. Regardless of where you are in the nation, there are three issues that come up again and again. They are: the need to unite the addiction profession; the need for a common set of values that addiction professionals can envision and implement, and the pressing need for mentoring and leadership development.

These three issues are foremost in our minds as NAADAC sets its agenda for the upcoming year.

Professional Unity

Chinese philosopher Sun Tzu wrote, “Those whose ranks are united in purpose will be victorious.” Right now, the addiction profession is full of conflicting views and agendas. I want NAADAC to be a unifying force that works for the resources and respect that will allow all addiction professionals to thrive. Over the next few months I will be sitting down with the leaders of other organizations in the addiction profession to emphasize our common goals and to foster a spirit of cooperation.

Common Values

Listening to the concerns of NAADAC’s leadership and membership, the NAADAC board has formed a Strategic Planning Committee that is looking at the operations and functions of NAADAC. Internally, we want to ensure as an organization that NAADAC is doing its utmost to provide services and assist its members. Externally, NAADAC and its members have an obligation to improve our profession and maintain clinical and ethical excellence. Distilling and developing a commitment to professional “best practices” is a major commitment within the vision and mission of NAADAC.

Mentoring and Leadership Development

NAADAC is proud to “walk the talk” by providing its first national Leadership Summit on March 6–7, 2005 in Washington, DC. The goal of the training summit is to help current and future leaders of NAADAC affiliates build key skills that will help them in their professional, organizational and personal lives. By bringing together people from throughout the nation, and at different points in their careers, we are hoping to build personal and professional ties.

Participants in the Summit will be able to apply their skills the very next day at the Advocacy in Action! Day on March 8, 2005, also in Washington, DC. This is a rare opportunity for the leaders of our profession to meet with the congressional leaders of our nation. NAADAC members have always been articulate and passionate advocates for their profession and their clients. Bring that passion and skill to Capitol Hill and help reshape the perception of the disease of addiction by our nation’s lawmakers.

I am pleased to have such a strong team leading NAADAC and I know, with your help, our ambitious goals will have every opportunity to come to fruition in 2005.

See you in Washington, DC!

Mary Woods

(For more details on the Leadership Summit, visit www.naadac.org or contact Jennifer Ayers at 800/548-0497, ext. 102, jayers@naadac.org. For more information on the Advocacy in Action! Day 2005 please contact Jonathan Westin jwestin@naadac.org or 800/548-0497, ext. 122.)

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International Critical Incident Stress Foundation Joins NAADAC Providers

By Dr. Victor Welzant
Director of Education and Training, International Critical Incident Stress Foundation

In December 2004, the International Critical Incident Stress Foundation, Inc. (ICISF) was approved as a provider of continuing education by NAADAC. ICISF is a nonprofit foundation, providing education, training and consultation on a variety of topics related to crisis intervention and critical incident/disaster response. Founded in 1989, ICISF’s membership is composed of healthcare providers, mental health, EAP and emergency service professionals. ICISF provides multidisciplinary continuing education through a variety of programs including conferences, a speaker’s bureau and over 30 training programs.

Essential to the mission of ICISF is training emergency services professionals to recognize and address occupational stress. First responders often witness and respond to traumatic events. ICISF has developed specialized training programs for health care and substance abuse professionals to meet the needs of first responders, and to be aware of the potentially negative impact of traumatic events on these professionals.

NAADAC members may be particularly interested in the ICISF Certificate of Specialized training. A Crisis Response in Substance Abuse Specialty has been recently added to the certificate program. This certificate involves a curriculum of training designed to address the needs of substance abuse professionals who may be called upon to provide crisis related services.

If you are interested in learning more about ICISF and NAADAC approved continuing education opportunities, please visit the ICISF website at www.icisf.org. Please also consider attending our 8th World Congress on Stress, Trauma, and Coping, being held in Baltimore, Maryland from February 16–20, 2005. Additional information can be obtained by contacting Dr. Victor Welzant, Director of Education and Training for ICISF, at welzant@icisf.org or by calling the ICISF office at 410/750-9600. We at ICISF look forward to a fruitful partnership with NAADAC.
Cynthia Moreno Tuohy Joins NAADAC Staff

By Donovan Kuehn, NAADAC News Editor

NAADAC, The Association for Addiction Professionals, is pleased to welcome Cynthia Moreno Tuohy, NCAC II, as its Acting Executive Director. Moreno Tuohy has over 26 years experience working with substance abuse disorders, domestic violence, anger management and conflict resolution. She is currently the Director of Danya Institute and the Central East Addiction Technology Transfer Center (CEATTC). Moreno Tuohy will assist NAADAC during a transition period while continuing to serve at the Danya Institute and the CEATTC.

Moreno Tuohy, who began her duties in November, said she is excited to join NAADAC’s team and supports the many initiatives NAADAC has undertaken. “I have a passion for NAADAC and am committed to maintaining its strong vision. NAADAC will continue to work to improve the lives and livelihoods of addiction professionals and the clients, families and communities they serve,” Moreno Tuohy said.

Previously, Moreno Tuohy served as President, Regional Vice President and Treasurer of the NAADAC Executive Committee, as a Commissioner on the NAADAC Certification Board and as Chair of NAADAC’s International and Legislative committees. She holds a Bachelor’s Degree in Social Work and is certified both nationally and in Washington State.

Moreno Tuohy replaces NAADAC’s former Executive Director, Pat Ford-Roegner, who has decided to seek new opportunities. As Executive Director, Ford-Roegner had many impressive accomplishments, including building partnerships with other organizations in the public and private health professions; strengthening ties with government and the private sector; expanding benefits for NAADAC members; raising NAADAC’s visibility on Capitol Hill throughout the substance abuse disorders community and securing a $100,000 congressional earmark for workforce development issues.

“NAADAC is looking forward to building on the constructive discussions begun at our Annual Meetings in October 2004 and building for the future. Cynthia Moreno Tuohy will help us energize NAADAC and ensure it remains the premier membership association for Addiction Professionals,” said Mary Woods, RNC, LADC, MSHS, President of NAADAC.

Prior to her positions with Danya Institute and the CEATTC, Moreno Tuohy was the Program Director for Volunteers of America Western Washington, serving homeless populations and dealing with the co-occurrence of poverty and substance abuse issues. In addition, she has been the administrator of multi-county, publicly funded alcohol/drug prevention/intervention/treatment centers with services ranging from prenatal care to the serving the elderly. Moreno Tuohy has experience in developing and implementing programs dealing with adolescents, adults, seniors, school intervention, involuntary commitment, community mobilization, intensive outpatient and continuing care, impaired driver’s programs, EAP, and gang intervention/treatment.

“I look forward to working with the NAADAC Executive Committee, membership and staff in strengthening NAADAC and building for the future. I’m excited to help guide the process during this period of transition,” stated Moreno Tuohy.
Florida Co-Occuring Conference Brings together Substance Abuse and Mental Health Professionals

By Donovan Kuehn, NAADAC News Editor

NAADAC and the American Mental Health Counselors Association held the first of their two conferences on co-occurring disorders in Orlando, Florida on January 27, 2005. The conference, “Co-Occurring Disorders: Coordinating Treatment for SUD and Mental Health Illnesses” was enthusiastically received by the participants.

Co-occurring substance abuse and mental health disorders are a significant problem in the United States today. Estimates suggest that up to ten million people in this country have a combination of at least one co-

occurring mental health and substance-related disorder in any given year. An estimated 41 to 65 percent of persons with a life-time substance use disorder have a life-
time history of at least one mental disorder, and about 51 percent of those with one or more lifetime mental disorders also have a lifetime history of at least one substance use disorder (U.S. Department of Health and Human Services, 1999).” These numbers illustrate an enormous population that demands treatment for the various diagnoses that they face.

There have been a number of barriers to providing effective treatment for people with co-occurring substance abuse and mental health disorders. The substance abuse and mental health systems tend to operate independently from one another and from the primary health care system. A lack of cross-communication, in addition to the burden of regulation and paperwork, has often created an extra barrier in the continuum of care for patients with co-occurring disorders.

Recognizing the need to work together on behalf of individuals with co-occurring disorders, NAADAC approached the Substance Abuse and Mental Health Service Administration (SAMHSA) for funding to provide two conferences to discuss best prevention and treatment practices, education and training and strategies to deal with co-occurring disorders. This is a first step in developing solutions and strategies for substance abuse and mental health counselors.

Conference participants heard from a number of prominent speakers. The day opened with welcoming remarks from David McVinney, President of Florida NAADAC and Jim Blundo, President of the American Mental Health Counselors Association (AMHCA). After that, Dr. H. Westley Clark, Director of the Center for Substance Abuse Treatment (CSAT) of the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services sent his greetings and encouragement. Dr. Clark leads the agency’s national effort to provide effective and accessible treatment to all Americans with addictive disorders. He emphasized the importance of evidence based practices in treating those with co-occurring disorders.

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Participants then heard from Mark McGovern of the Department of Psychiatry at Dartmouth Medical School and he serves as the Director of the Dartmouth Center on Addiction, Recovery and Education. Dr. McGovern discussed the history of assessment and treatment of dual diagnosis patient in both psychiatric and addiction treatment systems. He also focused on addiction treatment programs and methods of continuous improvement using evidence based practices. Dr. McGovern ended his

(Co-occurring, continued on page 7)
COUNSELORS WORK TOGETHER

remarks with principles for successful treatment and coordinated disease and recovery models of care.

The afternoon session began with presentations from Mary Woods, RNC, LADC, MSHS, NAADAC President, CEO for The Westbridge Institute, a licensed Registered Nurse and Alcohol and Drug Abuse Counselor and Jim Holder III, MA, MAC, LPC, LPCS, from McLeod Behavioral Health Services in Florence, South Carolina. Holder and Woods focused on models for practical treatment of co-occurring disorders, particularly for the frontline clinician, and strategies to reduce friction between the substance abuse and mental health professions.

Finally, the afternoon ended with the participants breaking out into smaller groups to discuss what practical care models should look like. They drew upon their practical experience as clinicians, as well as on the expertise from the conference’s presenters.

NAADAC is documenting the discussions from the conference breakout sessions and will be developing a report to discuss its findings.

If you couldn’t make it to Florida, NAADAC and the American Mental Health Counselors Association has one more conference on Co-Occurring Disorders planned for March 17–18, 2005 in Portland, Oregon. If you are interested in attending, please fill out the form below or contact NAADAC at 1-800-548-0497 or www.naadac.org.

REGISTRATION FORM
Co-Occurring Disorders • Portland, Oregon

✔ Yes, I want to attend the sessions!
☐ I will attend Day 1 (Co-Occurring Disorders plenary and workshops) $40 members/ $55 non-members
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Florida NAADAC Meets in Orlando

Florida NAADAC brought together members from throughout the state for its membership meeting and training seminars on January 28, 2005. The meeting focused on HIV/AIDS and Stress and Violence Training.

Dr. John Bonnage spoke on Strategies for Coping with HIV/AIDS. Bonnage works as an HIV/AIDS Specialist for the American Federation of State, County, and Municipal Employees (AFSCME). Since 1981, more than 500,000 Americans have been diagnosed with AIDS and a quarter of a million have died. About a million Americans are currently infected with HIV. AIDS is now the leading cause of death among men between the ages of 25 and 44, their prime working year and HIV/AIDS is the third leading cause of death among women in the same age group.

In the afternoon, Dr. Jay Lee spoke on the management of stress and violence in the workplace and in people’s personal lives. Dr. Lee, former Chief Operating Officer of Osprey Health Care, the largest behavioral health provider network in Palm Beach County, Florida, drew upon his experience as a clinical director, hospital administrator and healthcare educator.

Florida NAADAC also hosted a lunch and membership meeting for those in attendance.

“These seminars are particularly topical issues facing Florida. The Florida Department of Health estimates that 100,000 Floridians are living with HIV infection and Florida has consistently ranked third in the nation in the number of reported cases of HIV. And with tight budgets at work, and the natural disasters that have hit Florida in the last six months, stress is running at an all time high,” said John “Bud” Sugg, Florida NAADAC’s Organizer.
Las Vegas Center Provides Support for New Addiction Professionals

By Donovan Kuehn, NAADAC News Editor

Las Vegas Recovery Center, or LVRC, (on the web at www.lasvegasrecovery.com) is working with the University of Nevada, Las Vegas’ (www.unlv.edu) Department of Marriage, Family and Community Counseling to develop a major scholarship for addiction studies students. LVRC has comprehensive treatment services that are geared towards 90 day inpatient treatment with aftercare programs.

LVRC is proposing three awards: two undergraduate scholarships that will cover the costs of tuition and books for the third and fourth year of study and one graduate student scholarship in Addiction Studies.

“These awards are groundbreaking and signal LVRC’s recognition of our programming excellence in the training addiction professionals,” said Larry Ashley, EdS, LADC, Addiction Specialist and Undergraduate Coordinator for the Department of Marriage, Family, and Community Counseling at UNLV.

“With a focus on Addiction Treatment, Addiction Prevention, Compulsive Gambling Counseling and a Graduate Certificate in Addiction Studies, UNLV has unique and exciting programs. We are working to enhance our position as the national and international leader in academic addiction education,” added Ashley.

Stuart Smith, CEO of the Las Vegas Recovery Center believes in partnering with the community. “We want to offer opportunities for people who are looking at joining the addiction profession. UNLV has a robust addiction studies program which is good for the community, the state and the country,” stressed Smith.

The awards, which are in the final stages of approval, have several criteria. These include

- Enrollment in the UNLV addiction studies program
- Maintaining a minimum of a 3.0 GPA
- Having a stated intention to work in the addiction profession upon graduation

Smith hopes to attract candidates who are in recovery or have had previous experience in the substance abuse profession.

Nevada focuses on in-state professional development. “There is a great need for qualified addiction and mental health professionals in Nevada and in the country as a whole,” said Smith. “Personally, I believe in investing heavily to develop quality programs. The state of Nevada has a similar view towards maintaining high professional standards.”

Larry Ashley agrees. “It is exciting to partner with Stuart Smith and LVRC. The big winners will be the community and the students who get these scholarships.”
The Results Are In: NAADAC’s Conference Rated Highly

By Taylor Rhodes, NAADAC Intern

If you were fortunate enough to attend the NAADAC 2004 Annual Conference Exploring New Horizons, you probably knew the conference in West Yellowstone, Montana was a success. Now, after assessing the evaluations of the conference the results have confirmed this.

Over 85 percent of conference attendees stated that they were extremely or very satisfied with their conference experience. Many felt that the location, right outside of Yellowstone National Park, was fitting and many complimented the hotel staff on their helpfulness and professionalism. The beauty of the park, the calm of the area and the abundance of wildlife were also mentioned as positive contributions to the conference.

While the location was important, the speakers were also well received. Seventy-nine percent of the attendees rated the speakers as “excellent” or “very good.” Many people were disappointed that they couldn’t attend all of the quality workshops that were available. One attendee noted, “Much of the information was practical and can be used in my practice. It is helpful to have up-to-the-minute information.” People also appreciated NAADAC’s Conference Papers which allowed them to compile the notes from all of the conference speakers, not just from the sessions they attended.

The NAADAC conference also had some room for improvement. With 150 people registering last minute, accommodating everyone presented some logistical difficulties. Several people noted the sometimes cramped workshops and the difficulty in feeding almost 500 people. These concerns have been heard and will be remedied at future events. There were also some contradictory opinions from the attendees over the conference’s coverage of gender and special populations. Some felt that these issues were neglected while others felt they were over-emphasized.

Overall, most people at the NAADAC Conference had a “wonderful conference experience.” Taking into account all of the kudos and concerns that people expressed, NAADAC will continue to organize events that are educational, exceptional and as enthusiastically embraced.

Editor’s Note: After eight months with NAADAC, intern Taylor Rhodes has left to complete her studies at George Washington University in Washington, DC. We’d like to express our thanks to her for her hard work, dedication and impeccable cinematic tastes. NAADAC wishes her the best of luck in her future endeavors.

Haston E. Salmon, NAADAC’s New Southeast Regional Vice President

By Donovan Kuehn, NAADAC News Editor

Haston “Ed” Salmon, Jr., CAC II, NCAC II, CCS, from Watkinsville, Georgia, was elected as the new NAADAC Regional Vice President for the Southeast Region. He is a retired Lt. Colonel from the US Air Force and served for 26 years of active duty. Salmon was involved in both the Korean War and the Vietnam Conflict.

When he returned to civilian life, Salmon began working in the substance abuse profession in June 1989. His career started at Charter Winds Hospital. He left the hospital to begin work with the State of Georgia’s Community Mental Health Clinic located at Ft. Oglethorpe and he was later transferred to the substance abuse treatment facility at Gainesville. Salmon later moved to Hartwell, Georgia where he was the substance abuse counselor for two counties until his retirement in November 1999.

After retirement, Salmon began to work as a contract counselor and then a clinical consultant for the State of Georgia’s Department of Human Resources. In 2003, he became the Acting Program Manager of Addiction Counseling Associates (ACA) in Athens, Georgia. ACA administers a detox unit, coed residential treatment, an outpatient treatment program and a men’s recovery residence. Salmon is presently on a sabbatical to devote his energies full-time to serving as NAADAC’s Southeast RVP.

Salmon became certified in Georgia and by NAADAC in 1995 and also received his certification as a Certified Clinical Supervisor the same year. He volunteered as a member of the GACA Certification Board and was elected Chairman in 1996. He served as GACA Certification Board Chairman until 2003.
Leadership Summit to Strengthen the Future

By Jennifer Ayers, MPA, Assistant Director for Board, Member & Affiliate Services

Join NAADAC at its Leadership Summit taking place from March 6–7, 2005 at the Holiday Inn on the Hill in Washington, DC. This event, titled Taking Action: Building Bridges, Strengthening Relationships, and Recovering Lives, will be the first NAADAC conference of its kind to address the way addiction professionals can take leadership roles to benefit their career, other professionals and clients they serve. Emphasis will be placed on connecting the personal skills leaders need, with the professional skills people use everyday. Seminars and workshops will focus on advancing the profession by building the broadest support for the treatment and prevention of addictive disorders.

The first day of the Summit will emphasize skill building in leading on clinical issues, involvement in coalitions, partnering with business and community leaders and keeping abreast of current trends. Presentations will feature speakers from the National Institute on Drug Abuse Clinical Trial Network (NIDA/CTN), Substance Abuse and Mental Health Services Administration’s Center for Substance Abuse Treatment (SAMSHA/CSAT) and the Addiction Technology Transfer Centers (ATTCs).

The Executive Committee of NAADAC wants to ensure that its leaders engage in a dialogue during this Summit. A conversation with NAADAC Leaders and national partners will bring NAADAC’s members and elected leaders together to assess and plan for the future of the organization. Invited speakers include, Mary R. Woods, RNC, LADC, MSHS, NAADAC President; Dr. Sharon Morgillo Freeman, PhD, APRN, MAC, NAADAC President-Elect; Ron Hunsicker, President and CEO of the National Association of Treatment Providers and Eileen McGrath, Executive Vice President and CEO of the Association for Addiction Medicine.

The second day of the Summit will focus on learning the practical skills needed for leaders to move NAADAC and the addiction profession forward. There will be a keynote address from Fraser Lang, President and Publisher of Manisses Communication Group and Gary Enos, Editor in Chief of Addiction Professional magazine. Plenary and panel discussions will also focus on the relationship between local, state and federal Addiction Policy; the future of prevention and treatment services (Charlie G. Curie, MA, ACSW, the Administrator of SAMHSA, US Department of Health and Human Services has been invited to facilitate this discussion); preparing a strategic plan; strategies on growing membership; ideas on how to mentor new leadership; and strategies to the build name recognition for your organization and leaders.

But, it’s not only about work during the conference. There will also be two optional tours for those who arrive on March 5th or early on March 6th. This will include a DC After Dark Group Tour and a group tour of the Spy Museum, one of Washington, DC’s newest attractions.

To register for this event, please download a registration form from the NAADAC website at www.naadac.org or call the NAADAC office at 800/548-0497.

For more information about the conference agenda or to inquire about sponsorships, please contact Jennifer Ayers at the NAADAC office at 800/548-0497 or by e-mail at jayers@naadac.org.
Capturing the Potential of Advocacy in Action! Day

By Jonathan S. Westin, MPA
Director of Government Relations

Our Advocacy in Action! Day, scheduled for March 8, 2005 is slated to be a dynamic event aimed at raising the profile of legislative issues affecting the Addiction Professional. 2005 will be a pivotal year for the Addiction Professional as legislation affecting Workforce Development and Addictions Parity are re-introduced to Congress. Several key health allies such as Senator Bill Frist (R-TN) and Congressman Ralph Regula (R-OH) are gaining prominence on these critical issues.

This Advocacy in Action! Day will be the first time that NAADAC members will be able to honor the Addiction, Treatment and Recovery (ATR) caucus. The ATR is a new, bi-partisan group on Capitol Hill that seeks to promote chemical dependency issues and increase support for greater access to treatment. NAADAC has worked with other associations who specialize in addictive disorder issues to try and grow this caucus and has added sponsors to important legislation such as the Help Expand Access to Recovery & Treatment (HEART) Act. The HEART Act is parity initiative that seeks to correct the disparity in insurance reimbursement between primary and behavioral health issues.

The chief sponsors of the HEART legislation, Representatives Jim Ramstad (R-MN) and Patrick Kennedy (D-RI), have not only solidified their places as the two most visible champions of the parity issue, they also serve as Co-Chairs of the new caucus. This is just one of the reasons why our Advocacy in Action! Day Breakfast will feature these two legislators as our Honorary Co-Chairs.

The agenda for Advocacy in Action! Day will focus on improving the federal government’s workforce development agenda that is geared toward the Addiction Professional. Workforce Development issues will be quite visible in the 109th Congress as the re-authorization of the Substance Abuse & Mental Health Services Administration (SAMHSA) and Health Professions and the Allied Health Reinvestment Act are all expected to be reintroduced and deliberated in their respective congressional committees. Reauthorization is important because it renews the funding and mandate of these agencies that are so critical to the work done by addiction professionals. Over the past year, NAADAC has been emphasizing Workforce Development issues with key leaders of Congress to address the exodus of retiring Addiction Professionals and the lack of new professionals entering the field.

Under the auspices of the Health Resource Services Administration (HRSA), NAADAC members will be advocating for stronger loan forgiveness initiatives. These programs help professionals who are facing the burden of repaying the high cost of their studies. NAADAC members will also be asked to advocate for scholarship advancements for professionals who are currently in practice but want continue their studies. With so many important initiatives slated for debate by Congress in early 2005, time is of the essence in educating Congressional members and their staff about the importance of these issues.

To help in meetings with congressional leaders, NAADAC has prepared a host of resources to help you advocate most effectively. Several of the tools we will provide to you for March 8th are:

- The NAADAC Guide for Legislators: NAADAC members will receive multiple copies of this booklet that can be passed out to congressional members and staff during visits. This guide explores three issues critical to the Addiction Professional: Workforce Development, Discretionary Health Appropriations (such as the Substance Abuse Prevention and Treatment Block Grant) and the Addictions Parity (HEART) Act.
- How to Advocate: A Call to Action: This resource will serve as a briefing paper for Advocacy in Action! Day participants by giving them the tools needed for interacting on Capitol Hill. Topics include: the structure of the
NALGAP Celebrates
25 Years of Service and Advocacy

By Dana G. Finnegan and Emily B. McNally
(NALGAP Board Members)

In an exciting and historic event in December 2004, the National Association of Lesbian and Gay Addiction Professionals (NALGAP) celebrated 25 years of service to and advocacy for lesbian, gay, bisexual, and transgender (LGBT) substance abusers at the SECAD conference in Atlanta. Since 1979, NALGAP has served as the national voice of conscience about LGBT substance abuse prevention and treatment.

The NALGAP presentations included two plenaries, one on gay and bisexual men and one on lesbian and bisexual women; and three workshops on sexual behavior relapse prevention and substance abuse; transgender substance abusers and a panel discussion on LGBT substance abuse issues.

At its President’s Reception, NALGAP gave Pioneer Awards to three individuals: LeClair Bissell, MD, Max Schneider, MD and Gail Milgram, EdD and to one organization: the National Council on Alcoholism and Drug Dependence. NALGAP also presented a Leadership Award honoring Frank Boudewyns and Michael Ralke, CEOs of Alternatives (the only gay-owned and operated alcohol, drug and mental health program in the United States) for providing quality LGBT treatment. NALGAP then presented the Dana G. Finnegan–Emily B. McNally Founders Award. This honors the Founders life achievement of establishing NALGAP in 1979, publishing ground-breaking works on LGBT substance abuse treatment and providing many years of clinical assistance to LGBT substance abusers.

Following the ceremony, attendees were treated to a one-man show by Leslie Jordan, nationally known for his recurring roles in such TV series as “Will and Grace” and “Boston Legal.” In hilarious and poignant detail, Leslie shared stories of growing up, coming out and recovering from alcoholism and other addictions. His performance assured that audience members left Atlanta refreshed, in good humor and feeling affirmed.

U.S. Congress, how a bill becomes a law, the different roles that staffers play and how to set up meetings with legislators.

- **Fact Sheet on Addictive Disorders:** This bullet point sheet will serve as a quick reference for NAADAC members while they meet with their legislators and/or congressional staff.

NAADAC has also planned two workshops prior to Advocacy in Action! Day. These will help train NAADAC members in the important yet distinct impact that the federal and state governments have in relation to addictive disorders. Finally, a seminar on Monday, March 7th will focus on the most effective and efficient ways to advocate.

NAADAC is intent on making the 2005 Advocacy in Action! Day its most successful grassroots effort to date. I hope that you will join NAADAC for a day of education, enlightenment and progress as we launch our agenda for the 109th Congress and beyond.

Carlo DiClemente, PhD and NAADAC President-Elect Sharon Morgillo Freeman, PhD, APRN, MAC, APRN-Cs at the 2004 Association for Advancement of Behavior Therapy annual Conference in New Orleans, Louisiana. Drs. DiClemente and Freeman co-presented on the topic of “Trauma and Addiction: Implications of Co-Morbidity.” The conference was attended by more than 2,000 professionals from around the world. Work by Dr. DiClemente includes the Stages of Change theory and Motivational Interviewing techniques based on the theory. These contributions have revolutionized modern treatment.

The NAADAC News is not forwarded by the post office. Notify NAADAC 6 to 8 weeks in advance of any address change. Send your old and new addresses to NAADAC, The Association for Addiction Professionals, 901 N. Washington Street, Suite 600, Alexandria, VA 22314, via email to dcroy@naadac.org or call Donna Croy at 800/548-0497, ext. 111.
An Open Letter to Our 2004 Political Action Committee Donors

From Jonathan Westin, MPA, NAADAC PAC Manager

I wanted to take a moment and thank you for contributing this year to NAADAC’s Political Action Committee. As you know, NAADAC PAC is the only national Political Action Committee in the country dedicated exclusively to advancing addiction treatment, prevention and research. Only NAADAC members can be solicited to contribute to this fund for political action, making your contribution so critical in 2004.

Thanks to your support of NAADAC PAC, our voice is being heard loud and clear by national leaders. Due to NAADAC’s hard work, more discretionary dollars were awarded for addiction prevention and treatment in the 2004 Federal budget. NAADAC and its members were also able to recruit more co-sponsors for the Help Expand Access to Recovery & Treatment (HEART) Act—the additions treatment parity legislation before Congress. These accomplishments, among many others, were realized in part because of NAADAC’s PAC.

In 2005, our PAC will need to be more vital than ever. With an abundance of new members in the House and Senate, more training and education efforts will need to be undertaken. The time and resources needed to accomplish this are directly supported by the NAADAC PAC.

On behalf of NAADAC’s membership, thank you again for your generous contributions. With your support we can continue to empower those on Capitol Hill who remain committed to supporting the Addiction Profession and educate those who are able to make a difference on the issues most important to the Addiction Profession.

If you would like to contribute to the PAC, you can do so by following one of the options below:

1) Go to our website at www.naadac.org and click on our “Advocacy” section. On the front page of this section, you will see directions on how to donate online.

2) Mail a check made payable to NAADAC PAC*, to our Alexandria, Virginia national office. NAADAC’s address is 901 North Washington Street, Suite 600 Alexandria, VA 22314. Please be sure and put ATTENTION: PAC Manager.

If you have any questions about contributing to our fund for political action, please contact me at 800/548-0497, ext. 122 or via email at jwestin@naadac.org.

As Immediate Past President (and former PAC Co-Chair) Roger A. Curtiss says, “I ask you to give to the PAC not from the top of your purse, but to donate to this worthwhile cause from the bottom of your hearts.”

*Please note that PAC contributions are not tax deductible and must be from a personal, not a corporate, account.

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From Vision to Reality: A Personal Perspective on the Passage of Licensure in Delaware

By Mike Kriner, LCSW, CADC, DAADAC President and
Russel D. Buskirk, MA, LCSW, CADC, DAADAC Secretary

In 1994, addiction professionals who worked in Delaware, and who were active in the Delaware Association of Alcoholism and Drug Abuse Counselors (DAADAC), initiated a discussion about licensing for the state’s addiction professionals. Many people in the state saw licensure as a positive way to deal with the challenges facing their evolving vocation.

Two counselors who saw these challenges were Mike Kriner and Russel Buskirk: men from very different backgrounds. Kriner was concerned about increased educational requirements since he had a bachelor’s degree and had not yet completed his certification. Buskirk had completed an advanced degree, yet was not eligible for licensure as a mental health counselor due to the administrative separation of Substance Abuse and Mental Health professionals. The two men realized that they were not alone in their desire for professional standards and that their goal of licensure was more important than their current personal situations.

In 1998, Kriner was selected by his peers to start a working group dedicated to initiating licensure in Delaware. He began by collecting examples of other states’ licensure legislation. The drafting of a proposed bill began in partnership with the Delaware Certification Board (DCB). A working group formed by DAADAC and DCB organized brainstorming and education sessions. As the working group made progress and established goals, the discussions on the proposed bill evoked different opinions and notions of what licensure should look like. Work on the legislation stopped because all involved felt that without a united voice, the proposed bill would be viewed skeptically by legislators and would not pass.

In 2000, the new DAADAC President Helen McHugh approached Kriner again to work on licensure. Kriner agreed to see the process through with the help of three other DAADAC members: John Dowling, Patrick Bradley and Russel Buskirk, who volunteered to communicate any developments with the DCB.

With a sense of renewal, the volunteers drafted a preliminary bill similar to the successful bills from New Jersey, Maryland and Pennsylvania. It was decided that the best way to initiate the process was to make a draft of the committee’s ideas first and then solicit feedback from the professional membership and other community stake-

(Licensure, continued on page 17)
Albany Chapter Wakes Up Early

Thanks to Ferd Haverly, addiction professionals in Albany, New York are getting an early start to the day. Haverly has been the main organizer of the Capital Region chapter of the Association for Addiction Professionals of New York (AAPNY). He has organized regular “Coffee and Conversation” gatherings and Capital Region Addiction Professionals Breakfasts. Early risers have heard from speakers from New York’s Office of Alcoholism and Substance Abuse Services (OASAS), share ideas on how to revitalize the profession and network with other addiction professionals in the region. If you have information you want to share with Capital Region addiction professionals, or would like some tips on starting your own breakfast program, contact Haverly at 518/477-7535, 518/528-0292 or to capitalregionaapny@nycap.rr.com.

New SOAP

In November, Larry Ashley, EdS, LADC, the Undergraduate Coordinator of the Department of Marriage, Family, and Community Counseling at the University of Nevada, Las Vegas, reported that the Student Organization of Addiction Professionals (SOAP) has been officially recognized. This makes it the first NAADAC allied campus group in the nation. Thanks to Larry and UNLV student Maryjane Henning for all of their hard work.

For more information on SOAP, or for tips on how to incorporate your own group, contact soap_unlv@yahoo.com.

Arizona Loses a Pioneer

By Elaine Calco-Gray, MA, LISAC, AzAADAC President

In mid-December Del Boyd, PhD, LISAC, LISW, passed away. Dr. Boyd was a founding member of AzAADAC and served the organization continuously until his failing health made it too difficult for him to carry on. He served as president of AzAADAC as well as president of Arizona’s northern chapter. Dr. Boyd was active in every aspect of AzAADAC, either on his own or together with his wife, Judy. He was part of conference planning in northern and southern Arizona chapters and acted as an unofficial historian for AzAADAC. In 2002, AzAADAC awarded Dr. Boyd with a lifetime achievement award in recognition of his contributions to the organization and to the addiction counseling profession.

All of us at AzAADAC and NAADAC have lost a friend; the void left by his passing will be difficult to fill.

Please keep Del and Judy in your thoughts and prayers.

Affiliates Elect New Leaders

H.E. Salmon, from Georgia is the new Southeast Regional Vice President. Salmon will fill the shoes of the well traveled and dedicated Executive Committee Member, Thurston Smith. Smith has been RVP for the SE region for two terms and throughout his time was able to participate in at least one activity in each of the eight states in his region. He also served on the NAADAC Personnel and Finance Committees.

Peter Dalpra is the new face in New Hampshire taking over from Jacqui Abikoff. Abikoff made several inroads in New Hampshire during her tenure, including securing a state contract for the affiliate to provide training to counselors.

Venessa Sexson was elected to succeed Don Simpson as Montana’s President. Simpson was an active and visible volunteer on the 2004 conference planning committee and also did a lot of work with his wife, Sheryl, behind the scenes at the Yellowstone Conference. Thanks Don, Sheryl and all of the NAADAC conference volunteers!

Harold Price is the new president of our Kansas affiliate. Price takes the lead of this large and growing affiliate from Paul Costigan who remains an avid NAADAC member.

Ed Modzeleski is the President in Georgia. He takes office following Karen Kelly whose work included raising the profile of the Georgia affiliate and creating new partnerships in the state. Kelly is now serving on NAADAC’s Editorial Advisory Committee.

Warren Daniels is the new president in California. Warren takes the lead from Michael Angelo who served the organization well. California is NAADAC’s largest affiliate thanks to their leadership.

Left: Outgoing Montana President Don Simpson presents award to Joleen Spang in recognition of her outstanding service.

Below: Tim Sinnott from Antigua Crossroads; Michael Angelo, outgoing California President; Robert Campbell, Illinois President; Thurston Smith, outgoing NAADAC Southeast Regional Vice President; Warren Daniels, California President and Frank Naccarato, NAADAC PAC Chair.
The North Carolina Practice Improvement Collaborative (NCPIC) held its Centers of Excellence Awards Banquet in Wilmington. The Practice Improvement Collaborative program is designed to forge partnerships to improve the quality and effectiveness of substance abuse service delivery in North Carolina. It is administered through the North Carolina Governor’s Institute on Alcohol and Substance Abuse and is funded by the federal Center for Substance Abuse Treatment (CSAT).

The Centers of Excellence honored several facilities, which varied from inpatient, outpatient, prevention services and a university program. Also recognized were the NCPIC Collaborative Educational Partners and NCPIC’s Co-Occurring Disorders Scholars, five educators who focus on innovation in the co-occurring disorders field. Greenville was awarded the Governor’s Institute Community Partner of the Year for its community commitment to prevention, intervention and treatment programs.

Acting as the awards banquet host was Mary Powell, Associate Executive Director of the Governor’s Institute. The keynote speaker for the evening was Charles G. Curie, the Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA) and was introduced by Flo Stein, Chief, Community Policy Management, NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services. Mr. Curie praised North Carolina’s Centers of Excellence as models for the country and Ms. Stein as a leader in the field of substance abuse.

I had the pleasure, as President of the Addiction Professionals of North Carolina, the state affiliate of NAADAC, to represent our professional association at the ceremony. I discussed with Director Curie the importance of professional associations, like APNC and NAADAC, in working together with SAMHSA to further the mission of the substance abuse field. Mr. Curie concurred and noted the grant given to NAADAC during the past year to study the workforce needs of the substance abuse field in the future.

It was a pleasure working with others in the addiction profession who are committed to maintaining excellence in standards and evidence-based practices. Partnerships like these can only reap positive, long-term benefits for addiction professionals.
New York Votes to Reduce Drug Sentences

By Donovan Kuehn, NAADAC News Editor

After years of stalemate, lawmakers in New York voted to reduce the stiff mandatory prison sentences given to people convicted of drug crimes in New York State. The drive to soften the “Rockefeller” drug laws (named after Nelson A. Rockefeller, who was governor when the laws were enacted) came after a nearly decade-long campaign to ease the drug penalties instituted in the 1970’s. These laws put some low-level first-time drug offenders behind bars for sentences ranging from 15 years to life. As reported in the New York Times, Governor George Pataki said the new drug law “reflects a greater knowledge than we had 30 years ago.”

Under the changes, the sentence for those same offenders would be reduced to eight to 20 years in prison. The changes reflected a nationwide push in recent years to lessen some of the punishments for drug offenders. States like Michigan and Pennsylvania have moved to emphasize drug treatment options or to give judges more discretion in sentencing those convicted of narcotics crimes.

“Unfortunately this law does not allow a judge the freedom to offer treatment rather than incarceration. Our goal is to remove any mandatory sentencing and give the judicial system the option of treatment over incarceration, especially for first time nonviolent offenders. This is a good start, but the fight is not over,” said Albany resident and NAADAC PAC Chair Frank Naccarato.

A number of drug policy advocates complained that even with the changes, the state’s drug laws remained unduly harsh, and that the new law did not change the state’s basic approach to fighting drugs, which they contend has failed.

“Our lawmakers are finding out that people who are sick need treatment not punishment. However, reform of the Rockefeller Laws is only a first step. If we are going to provide treatment rather than prison, funding for treatment needs to be approved at the same time. It seems that the New York Legislature does not see treatment as a critical piece of the puzzle,” said Edward Olsen, LMSW, CASAC, President of AAPNY.
NAADAC NEWS

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“For more than 30 years, NAADAC has been the leading advocate for the addiction professional. With your support as a member we can continue to uphold our association’s mission to developing leaders committed to the unification, regeneration, and growth of the addiction profession.”

—Mary Woods, RNC, LADC, MSHS, President

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MEMBERSHIP CATEGORIES

☐ Full Membership is open to anyone engaged in the work of counseling or related fields who is interested in the addiction-focused profession. (Certification is not a requirement of membership in NAADAC.)

☐ Student Membership (proof of status must be submitted along with this application) is open to any new or renewing member who is a full-time (9 hours) student at a college or university, or a student who is involved in a full- or part-time internship. Members who meet the above criteria can be eligible for student membership for four years.

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Iowa: $115 $42.50
Kansas: $110 $57.50
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$20 of your membership dues have been allocated to the magazine and this amount is non-deductible. NAADAC estimates that 20% of dues payment is not deductible as a business expense because of NAADAC’s lobbying activities on behalf of members. Dual membership required in NAADAC and state affiliate. You will receive services upon receipt of application and payment; please allow 4–6 weeks for initial receipt of publications. Membership in NAADAC is not refundable. From time to time, we share our members’ postal addresses with other companies who provide services that we feel are a benefit to the addiction professional. We carefully screen these companies and their offers to ensure that they are appropriate and useful for you.

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JOIN NAADAC TODAY—Reap Benefits Tomorrow!
Addict Chronicles Helps Share Stories of Recovery

Carla D. is a recovering addict who also suffers from bi-polar disease. She has relapsed twice and is the mother of seven children. Six of her children suffer from mental illnesses and some have begun using drugs as well. Despite her continuous challenges, she now can proudly say that she is a recovering addict with a stronger relationship with her sponsor. A 12-step program that she started, and twice restarted, helped her accomplish victory. She is one of the remarkable stars of the Addict Chronicles film series.

Addict Chronicles, currently consisting of 10 volumes, features people who have overcome their addictions. The stories are told by people from different ethnic groups, social backgrounds, lifestyles and geographic locations. The films were created in a conversational style: it seems the speaker enters the room and holds a personal conversation with his or her viewers. George Lewis, Addict Chronicles’ producer, aimed to make this series very different from the usual clinical approach. The film series addresses the issues of co-occurring disorders, the destructive lifestyle of addicts, chemical dependency, and much more.

The goal of the film project is to make clinicians, especially individuals who are not recovering addicts, aware of the issues they may face when treating clients. In addition, clients viewing the films have the opportunity to see people facing similar obstacles. After viewing the films, people who are reclaiming their lives from addiction will be inspired by stories of those who wouldn’t accept defeat. Students studying to enter the field of addiction professionals could also benefit from the film series. It can be used as a teaching tool, exposing them to the realities and potential problems they may encounter as a clinician.

The films, which were largely self-funded by Lewis, were produced using his production company Starpointe Media, and with the help of Charles “Chuck” Braud of Braudmedia and Danny Schmidt of Push Studios. The three companies combined as Addict Chronicles, Incorporated to produce the 10-film volume series. Collectively, it took the team 17 months to complete the series. The goal of the next project is to feature youth who have overcome using methamphetamine.

Currently, portions of Addict Chronicles are broadcasted on local access channels in Minneapolis, but Lewis, Braud, and Schmidt are trying to reach a larger audience. They hope the series can spark a dialogue between clinicians and their clients and improve the treatment process. Speakers featured in the film series are still active and outspoken about their recovery process. If you would like more information regarding the Addict Chronicles film series, or are interested in meeting or hearing from the speakers in the films, please contact George Lewis at 651/455-6134 or by e-mail at vonchello@msn.com.

Using the Art of Storytelling to Educate Today’s Children About Drug Abuse

NAADAC member Martha Barham RN, PhD, writes a children’s book

In Yesterday’s Puppies: A Story Teaching Kids About Drug Abuse, author Martha (Martl) Barham, discusses the importance of educating children about the harmful effects of illegal drugs. The children’s book emphasizes the how imperative it is for parents to talk with their children and encourage them to make the right choices. The father, Nasubi, cares for his three puppies with love and parental concern. While reflecting on his childhood memories, he remembers a friend who ruined his life by using drugs. Afterwards, Nasubi believes it is time for him to educate his children, Marzo, Peaches and Alpha, about the harmful effects of using illegal drugs.

In the family dialogue, the children question their father about knowing when and how to make the right decisions in life and how can they better help their friend, Socrates, who appears to have begun using drugs. Nasubi provides great advice on how to handle the situation and help Socrates. The story ends with the family coming together in a group hug after everyone agreed that drugs are harmful and Socrates just needs outside support and assistance to help him with his drug addiction. The book is accompanied by creative computer illustrations produced by David Iwamoto. Overall, the book effectively displays a positive way to educate children about drug abuse and shows the essence of parents communicating with their children.

Dr. Barham, a NAADAC member currently residing in Hawaii, is a licensed psychologist, certified as a Substance Abuse Counselor, a Sex Therapist/Educator, and Marriage, Family, and Children Therapist. In addition, she holds a Fellow in Clinical Hypnotherapy. Most importantly, she has over 30 years of experience.

If you are interested in obtaining a copy Yesterday’s Puppies, please contact Dr. Barham’s office at 615 Piikoi Street, Suite 2002, Honolulu, HI 96814 or call 808/591-6296.

Acquania Gibbs is NAADAC’s Public Relations intern.
Problem Gamblers Help Network of West Virginia joins NAADAC

NAADAC is pleased to welcome its first new Organizational Member for 2005: the Problem Gamblers Help Network of West Virginia.

The Problem Gamblers Help Network of West Virginia is a program created by the West Virginia legislature to identify and provide services to problem gamblers and their loved ones. The Network is funded by the WV Lottery and administered by the West Virginia Department of Health and Human Resources.

Problem Gamblers Help Network of West Virginia serves residents of West Virginia who are either problem gamblers or are in a relationship with a problem gambler. The Network provides a 24-hour, toll-free and confidential helpline (1-800-GAMBLER) where callers can get more information and a referral for a free consultation by a specially trained counselor in their local area. There are over 50 licensed professionals who work with the Network. These counselors have completed over 30 hours of continuing education in the field of problem gambling.

Problem gambling is a treatable disorder. Outcome studies show that the majority of people who get help from the Network are in recovery and back in control of their lives.

The Problem Gamblers Help Network of West Virginia joins 21 other NAADAC organizational members. For a full listing, please visit www.naadac.org and follow the “membership” link.