NAADAC, THE ASSOCIATION FOR ADDICTION PROFESSIONALS, AND THE NATIONAL COUNCIL FOR BEHAVIORAL HEALTH

Delegation to Greece

March 7-13, 2020

APPLY TO JOIN THIS DELEGATION | QUESTIONS? Contact Dawn Davis, dawn.davis@worldlearning.org or +1-202-464-6742
Connect with addiction and mental health professionals in Greece on the delegation for NAADAC, the Association for Addiction Professionals, and the National Council for Behavioral Health. Led by Cynthia Moreno Tuohy, BSW, NCAC II, CDC III, SAP, NAADAC Executive Director, and Chuck Ingolia, President and CEO of the National Council for Behavioral Health, the program will give you a unique opportunity to learn about the state of addiction and mental health programs in the Mediterranean region of Europe.

The government-imposed austerity reforms following the economic crisis of 2010 in Greece severely impacted social programs for addiction counseling and mental health services. In the years since this dramatic reduction in programs, the new government has launched several initiatives to rebuild social and humanitarian support programs. Our delegation will visit new centers and meet with our counterparts as we discuss the progress and advances in addressing addiction and mental health in Greece.

Gain new professional insights and a unique perspective.
Experience the challenges and solutions shared with your overseas counterparts.
Access facilities and professionals at the highest level.
Explore future collaborations with new partners.
Enjoy continued connections with your colleagues.

**LEADER BIOGRAPHIES**

**Cynthia Moreno Tuohy**, BSW, NCAC II, CDC III, SAP, is the Executive Director of NAADAC, the Association of Addiction Professionals, the premier addiction professional association serving over 10,000 members and representing the professional interests of more than 100,000 addiction counselors, educators, and other addiction-focused health care professionals in the United States. Prior to this role, Moreno Tuohy had more than 20 years of experience serving homeless populations and dealing with the co-occurrence of poverty and substance use issues, serving as the administrator of multi-county, publicly funded alcohol/drug prevention/intervention/treatment centers with services ranging from prenatal care to serving the elderly. She has been a trainer in Domestic Violence/Anger Management and Conflict Resolution for over 35 years and is a curriculum writer in addiction screening and evaluation, counseling methods, conflict resolution, co-occurring disorders and medicated assisted treatment and recovery.

With more than 20 years of experience in behavioral health, **Charles Ingolia** has worked as a provider, advocate, and educator for government and public sector organizations. Prior to becoming President and CEO of the National Council for Behavioral Health, Ingolia served as the Senior Vice President of Public Policy and Practice Improvement, where he directed the federal and state affairs function of the National Council, and oversaw practice improvement and technical assistance programs offered to more than 500,000 behavioral health professionals across the U.S. Ingolia is adjunct faculty at the George Washington University Graduate School of Political Management.
Professional visits will focus on topics such as:

- Epidemiology of mental health and substance use disorders in Greece
- Assessment, intervention, referral, and treatment and care options
- Post-austerity reform programs to address scarcity of service providers and access to treatment
- Role of primary care and community-based services in identification and treatment of addiction for patients and affected family members
- Ongoing quality of life and community rehabilitation programming
- International refugee programs and treatment for post-conflict trauma disorders

**BRIEF ITINERARY**

**DAY ONE**

Departures from the U.S. to Athens, Greece by individual arrangements. Delegates arrive throughout the day. Evening introductory program briefing.

**DAY TWO**

Full day cultural tour, including a visit to the Acropolis of Athens and the Acropolis Museum.

Introduction to the healthcare system of Greece by the Ministry of Health. Meet with representatives of the European Monitoring Council for Drug and Drug Addiction (EMCDDA) at the University Mental Health Research Institute.

**DAY THREE**

Meet with faculty and students at the School of Psychology, Psychiatry and Counseling at the National and Kapodistrian University of Athens. Visit to a mental health facility and addiction treatment facility in Athens.

**DAY FOUR**

Travel to the region of Argolis in the eastern part of the Peloponnese peninsula. Visit ancient Corinth and Mycenae, then continue to Epidaurus to see the best-preserved ancient theater.

**DAY SIX**

Enjoy a day on the island of Aegina, one of the most picturesque islands in the Saronic Gulf. Visit the Temple of Athena and enjoy lunch at a family home, then visit a local community center focused on addressing addiction and mental health concerns.

**DAY SEVEN**

Depart for the United States or continue on your own personal travel.

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The program will be finalized based on the guidance of the delegation leader, the interests and composition of the group, and the scheduling needs of hosting resources in country.
ACCOMPANYING GUESTS

Guests are welcome to join the delegation at the same rate as professional participants, and will have opportunities to enjoy cultural enrichment and community service activities in lieu of the professional program (minimum of 6 guests required for a formal program). This is a wonderful opportunity for your partner, spouse, or friend to share the experience of traveling in Greece with you.

PRICING

Cost of Program: $3,995 per person (5-star accommodations) | Single Supplement Cost: $410 per person

Learn more: [www.worldlearning.org/what-we-do/professional-exchanges](http://www.worldlearning.org/what-we-do/professional-exchanges)
Apply online: [www.worldlearning.org/apply-professional-exchange](http://www.worldlearning.org/apply-professional-exchange)

Prospective participants must apply and be approved by the delegation leader before proceeding with registration. A $500 nonrefundable deposit is due upon approval of your application. The balance is due upon receipt of invoice, or at least 90 days before departure.

Program fees are based on double rooms. A single-room supplement is provided as an option. If you have to cancel, you must submit your request in writing, dated upon receipt.

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CONDITIONS OF PARTICIPATION

Please be sure to read World Learning’s [Conditions of Participation](http://www.worldlearning.org/what-we-do/professional-exchanges) and the U.S. Department of State’s [Travel Information on Greece](http://www.state.gov/travel) before registering. All participants must sign the Conditions in order to embark on the program.

The program must meet a minimum registration of 15 participants in order to proceed. If registration does not meet the minimum, the program may be canceled and all previously paid registration fees will be refunded. Please see the Conditions of Participation for further details on registration, payment, and refund policies.
ABOUT WORLD LEARNING

Founded in 1932 on the belief that international exchange programs can provide transformational experiences that cultivate lasting intercultural understanding, tolerance, and respect, World Learning has remained true to this vision. Even as our scope has evolved from student exchanges to include an annual portfolio of $130 million with international education, development, and exchange programs in more than 60 countries, World Learning has remained committed to equipping future leaders to collectively address critical global challenges. For over 85 years, World Learning has designed international exchange programs for emerging leaders, currently hosting more than 3,500 participants each year on inbound and outbound exchanges.

We have the experience and resources critical to creating successful people-to-people exchanges. Our strong network of partners helps us connect with hard-to-reach areas and traditionally excluded constituencies. Innovative programs such as flexible semesters and virtual platforms allow us to reach even more potential participants. We continually assess our programs to ensure their excellence.

Through our exchange programs, World Learning cultivates global partnerships that bolster fair and sustainable social and economic development. Together, we will tackle the world’s challenges.

For a more detailed look at what sets us apart, check out our Theory of Change for People-to-People Exchange programming.

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