NAADAC, THE ASSOCIATION FOR ADDICTION PROFESSIONALS, AND THE NATIONAL COUNCIL FOR BEHAVIORAL HEALTH

Delegation to Kosovo
May 18–24, 2019
Connect with addiction and mental health professionals in Kosovo on the NAADAC, the Association for Addiction Professionals, and the National Council for Behavioral Health delegation. Led by NAADAC Executive Director Cynthia Moreno Tuohy and the National Council for Behavioral Health President and CEO Linda Rosenberg, the program will give you a unique opportunity to learn about the state of addiction and mental health programs in this developing country, the Balkan region, and Eastern Europe.

Celebrating 10 years of independent governance in 2018, Kosovo has endeavored to develop a solid infrastructure to support its civil society. A culture that has been shaped by conflict and violence now looks to a bright future. Supported by U.S. and international nongovernmental organizations, Kosovo, the poorest nation in Europe, is home to some of the most innovative programs addressing the challenges of access to health care, advancing education, stabilizing the rule of law, and ensuring basic human needs for their entire population.

**LEADER BIOGRAPHIES**

**Cynthia Moreno Tuohy**, BSW, NCAC II, CDC III, SAP is the Executive Director of NAADAC, the Association of Addiction Professionals, the premier addiction professional association serving over 10,000 members and representing the professional interests of more than 100,000 addiction counselors, educators, and other addiction-focused health care professionals in the United States. Prior to this role, Cynthia had more than 20 years of experience serving homeless populations and dealing with the co-occurrence of poverty and substance abuse issues, serving as the administrator of multi-county, publicly-funded alcohol/drug prevention/intervention/treatment centers with services ranging from prenatal care to the serving the elderly. She has been a trainer in Domestic Violence/Anger Management and Conflict Resolution for over 35 years and is a curriculum writer in addiction screening and evaluation, counseling methods, conflict resolution, co-occurring disorders and medicated assisted treatment and recovery.

**Linda Rosenberg**, MSW, is President and CEO of the National Council for Behavioral Health, the nation’s largest mental health and addiction education and advocacy association with 2900 member organizations serving 10 million Americans. Prior to joining the National Council, Linda was New York State’s Senior Deputy Commissioner for Mental Health where she opened New York’s first Mental Health Court; implemented NY’s assisted outpatient program, Kendra’s Law; designed services and housing for the homeless; and developed and operated a Home and Community Waiver Programs for children with serious emotional disturbance and their families.

Gain new professional insights and a unique perspective. Experience the challenges and solutions shared with your overseas counterparts. Access facilities and professionals at the highest level. Explore future collaborations with new partners. Enjoy continued connections with your colleagues.
Professional visits will focus on topics such as:

- Epidemiology of addiction and mental health disorders in Kosovo
- Assessment, intervention and referral, treatment and care options for drug and alcohol use disorders
- Scarcity of service providers and access to treatment
- Role of primary care and community-based services in identification and treatment
- Ongoing quality of life and community rehabilitation programming
- Resources for patients and affected family members
- Treatment for post-war traumatic disorders
- Role of international NGOs in developing programs in Kosovo

**BRIEF ITINERARY**

**Day 1**
- Departures from the U.S. to Prishtina, Kosovo, by individual arrangements. Delegates arrive throughout the day with a program briefing in the evening.

**Day 2**
- Enjoy a full day cultural tour of Prishtina as you shake off the jet lag.

**Day 3**
- Introduction to Kosovo’s health care system. You may meet with government officials to discuss national strategies to address substance use disorders and post war mental health concerns.
- Meet with faculty and students at the Psychiatric Clinic of the University Clinical Center Prishtina to discuss training, certification, and licensing. Visit a mental health facility and addiction treatment facility in Pristina and meet with providers to discuss resources, pharmaceuticals, and out-patient support programs.

**Day 4**
- Travel outside of Prishtina to visit a rural community health clinic, where you will learn about programs for children and adolescents, community awareness, and drug testing.
- Visit Visoki Dečani Monastery, where the relics of the 14th-century Serbian King, Stefan Dečanski, are buried.

**Day 7**
- Depart for the U.S., or continue on an optional extension trip to Albania or Macedonia.

18 Continuing Education Credits are approved for participation in this delegation. The program will be finalized based on the guidance of the delegation leader, the interests and composition of the group, and the scheduling needs of hosting resources in country.
ACCOMPANYING GUESTS

Guests are welcome to join the delegation at the same rate as professional participants, and will have opportunities to enjoy cultural enrichment and community service activities in lieu of the professional program. This is a wonderful opportunity for your partner, spouse, or friend to share the experience of traveling in Kosovo with you.

PRICING

Cost of Program: $3,450 per person (3-star accommodations) | Single Supplement Cost: $140 per person

Learn more: www.worldlearning.org/what-we-do/professional-exchanges
Apply online: www.worldlearning.org/apply-professional-exchange

Prospective participants must apply and be approved by the delegation leader before proceeding with registration. A $500 nonrefundable deposit is due upon approval of your application. The balance is due upon receipt of invoice, 90 days before departure.

Program fees are based on double rooms. A single-room supplement is provided as an option. If you have to cancel, you must submit your request in writing, dated upon receipt.

If you cancel...

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<th>After payment of the deposit</th>
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<td>90–61 days prior to departure</td>
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<td>Cancellation of program by World Learning</td>
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CONDITIONS OF PARTICIPATION

Please be sure to read World Learning’s Conditions of Participation and the U.S. Department of State’s Travel Information on Kosovo before registering. All participants must sign the Conditions in order to embark on the program.

The program must meet a minimum registration of 11 participants in order to proceed. If registration does not meet the minimum, the program will be cancelled and all previously paid registration fees will be refunded. Please see the Conditions of Participation for further details on registration, payment, and refund policies.

OPTIONAL EXCURSIONS

While in Kosovo, why not extend your travels to see more of the region? World Learning offers optional add-on excursions of 4 days to enable you to maximize your experience overseas. These excursions will introduce you to a wider range of cultural, historical, and culinary sights and experiences.

4-DAY EXCURSION
Albania
$1,380 per person ($185 single supplement)

4-DAY EXCURSION
Macedonia
$1,325 per person ($200 single supplement)

Delegates must be enrolled in the core program in order to take advantage of these excursion prices.
ABOUT WORLD LEARNING

Founded in 1932 on the belief that international exchange programs can provide transformational experiences that cultivate lasting intercultural understanding, tolerance, and respect, World Learning has remained true to this vision. Even as our scope has evolved from student exchanges to include an annual portfolio of $130 million with international education, development, and exchange programs in more than 60 countries, World Learning has remained committed to equipping future leaders to collectively address critical global challenges. For over 85 years, World Learning has designed international exchange programs for emerging leaders, currently hosting more than 3,500 participants each year on inbound and outbound exchanges.

We have the experience and resources critical to creating successful people-to-people exchanges. Our strong network of partners helps us connect with hard-to-reach areas and traditionally excluded constituencies. Innovative programs such as flexible semesters and virtual platforms allow us to reach even more potential participants. We continually assess our programs to ensure their excellence.

Through our exchange programs, World Learning cultivates global partnerships that bolster fair and sustainable social and economic development. Together, we will tackle the world’s challenges.

For a more detailed look at what sets us apart, check out our Theory of Change for People-to-People Exchange programming.

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