

## **Summary of Qualifications**

Self-motivated, goal oriented, experienced professional Master Level Social Worker with a demonstrated ability in providing effective individual and group therapy and dialectical behavior therapy for those inflicted with co-occurring substance use and mental health disorders

### **QUALIFICATIONS**

- Analytical thinker
- DBT Group Therapy
- Attention to Detail
- Detailed Oriented
- Training Specific to Integrated Health Care
- Effective communicator
- Team Oriented
- Individual and Group Therapy
- Evidenced Based Practices
- Self Awareness
- Person Centered Planning
- Clinical Skills
- Solution Focused
- Program Development
- Knowledgeable of 12 Step Programs
- Motivational Interviewing

### **PROFESSIONAL EXPERIENCE**

#### **Growth Works,Inc. Canton, MI**

*2016- Present*

**Clinician-** Provide direct clinical care in the form of group and individual client treatment, including didactic programming and parent programming. Responsible to assure that treatment groups are properly conducted, including documentation of the clinical record and treatment planning for the purposes of compliance with accreditation and licensing and meeting the conditions established by funders.

#### **Hegira Programs, Inc.Westland, MI**

*2015-2016*

**Adult Outpatient Case Manager-** Responsible for actively facilitating the integration of behavioral and physical health care for more than 175 members with co occurring disorder; Organizing treatment plans, assessing clients' overall mental states and assisting with setting and obtaining long-term goals. This position entails developing effective partnerships with members and physical health providers. Connecting clients with community resources, implementing appropriate services while developing effective therapeutic rapport with clients and participating in regular interdisciplinary staff meetings.

#### **DWMHA, Detroit, MI**

*2015-2016*

**MSW Intern /Detroit Wayne Mental Health Authority-** Creator and trainer of a DBT Skills program within an 18 bed community Housing Facility designed for adult Consumers with SPMI. Worked collaboratively with agency administration to ensure expected outcomes. Worked with the Integrated Health Care team of the DWMHA as an intern and created the training tool used to assist clinicians with completing a Biopsychosocial from an integrated health care perspective.

#### **Dawn Farm, Ann Arbor, MI**

*2012-2016*

**Outpatient Group Therapist/Short Term Residential Detox Counselor** - Worked with clients at a micro level to complete person centered plans that integrated mental health, substance abuse, primary care services for members and monitored their outcomes. Worked collaboratively with clients, team members and with state and local agencies to develop programming suitable to achieve desired outcomes. Participated in meetings and conferences in an effort to gain professional development and training that would further my knowledge and strengthen my leadership abilities.

## EDUCATION

Eastern Michigan University

BS Social Work  
BSW Awarded 2014

Graduate School of Social Work  
Chemical Dependency and Mental Health  
MSW Awarded 2016

## AWARDS

Dean's list 2012-2016  
Recipient of the 2012-2013 EMU Black Alumni Scholarship  
2013-2014 Maxine Barr Scholarship,  
AKA Scholarship  
EMU University Grant Award  
Graduated Magna Cum Laude.  
Awarded the University Fellowship  
EMU: HRSA Workforce Development Fellowship  
National Association of Addiction Professionals Minority Fellowship Award

## SKILLS

CAADC Qualified  
LLMSW  
Trauma  
Outgoing  
DBT Skills  
Passionate  
CPR First Aid  
Client Centered  
Task Prioritization  
Leadership Ability  
Organizational Skills  
Efficient Multi-Tasking  
Evidence Based Skills  
Motivational Interviewing  
Experienced with small and large groups  
Knowledgeable of the 12 steps program