



The A.C.T. Model

“The greatest challenge we face as leaders is leading ourselves” – John C. Maxwell

Apply for me

Change in me

Teach others

What will you do with all of the information, learning and ideas that were suggested? How will you take what you've learned and use it to grow yourself **and** to add value to others (staff, team members, clients, communities)?

This tool is for your use and thinking throughout the day. It is intended to “jump start” your follow up and adoption actions. A suggested strategy is below. Keep in mind that the tool is not proscriptive and can be revised to fit your unique needs and ways in which you work:

- 1st: Use the codes A C T in the margins as you take notes
- 2nd: When you return home or to your office compile a list of each code (3 separate lists)
- 3rd: Prioritize each list
- 4th: Using your priorities, take say the first one or two items and work on them for 2-4 weeks until it becomes a habit or instituted change or process
- 5th: Continue working through your lists
- 6th: This tool might also serve as a process for your team, steering committee, clients, families, recovery community, etc.

Source: John Maxwell

Presentation: What's the Big Deal about ROSC and What Does it Mean for the Addiction Professional?

Presenter: Lonnetta M. Albright, Former ED Great Lakes ATTC, President Forward Movement Inc.

Location Used: NAADAC Annual Conference 2016 MN | 10/7-11/16

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