



Michael J. Grant Campus at Brentwood

CHEMICAL DEPENDENCY COUNSELING PROGRAM

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CDC111: CHEMICAL DEPENDENCY IN AMERICAN SOCIETY

Comprehensive exploration of historical, pharmacological, social and psychological aspects of abuse of and addiction to substances by society. Explores society's attitudes and misconceptions about substance use and reviews current theories of addiction treatment and prevention for both addicts and significant others. No prerequisite. *Offered on: A-E-G / 3 cr. hrs.*

CDC115: DYNAMICS OF ADDICTION

In-depth exploration of biological, psychological and social theories of substance use, abuse and addiction with emphasis on their implications for prevention and treatment. Related addictive behaviors including concept of co-dependence are studied. Prerequisite: CDC111 or permission of Chair/Academic Dean. *Offered on: E-G / 3 cr. hrs.*

CDC120: CHEMICALLY DEPENDENT FAMILY SYSTEMS

Comprehensive exploration of effects of addiction and dysfunction on nuclear and extended family systems. Focuses on identification, education and treatment of "significant others" who may be affected by a person's substance abuse or addiction. Prerequisite: CDC111 or permission of Chair/Academic Dean. *Offered on: A-E-G / 3 cr. hrs.*

CDC225: CRIMINAL JUSTICE SYSTEM AND CHEMICAL DEPENDENCY

Exploration of formal and informal responses of criminal justice system to crimes and social disorder related to alcohol/substance abuse. Includes analysis of effectiveness of both law enforcement and diversionary strategies to combat endemic problems of controlled substances and alcohol. Prerequisite: CDC111 or permission of Chair/Academic Dean. *Offered on: G / 3 cr. hrs.*

CDC230: PROFESSIONAL DOCUMENTATION: DATA COLLECTION, ASSESSMENT, TREATMENT PLANNING

Comprehensive examination of all documentation utilized in various health system agencies, with particular attention to those agencies specializing in alcohol/drug treatment. Includes actual preparation of various professional materials, i.e., psychosocial data and assessments, treatment plans, clinical reports, progress notes and other specialized material. Prerequisite: CDC111 or permission of Chair/Academic Dean. *Offered on: G / 3 cr. hrs.*

CDC235: TECHNIQUES FOR COUNSELING THE CHEMICALLY DEPENDENT CLIENT

In-depth examination of basic precepts of helping relationships. The student studies and practices client interviewing, goal setting, development and implementation of a client action plan, and how to promote client motivation. Emphasizes working with the chemically dependent client. Prerequisite: CDC115 and CDC120 or permission of Chair/Academic Dean. *Offered on: G / 3 cr. hrs.*

CDC242: CHEMICAL DEPENDENCY VOCATIONAL COUNSELING AND PREVENTION/EDUCATION PROGRAMS

Development and implementation of the Vocational and Educational Treatment Plan with the chemically dependent individual (alcohol/substance). Exploration of the history of substance abuse prevention efforts with emphasis on various approaches to the problem and evaluation of their effectiveness. Includes evaluation of needs of special populations within the larger community. Current theory and practice are reviewed through a study of several actual prevention programs. Students expected to develop and present a prevention lesson in the class. Prerequisite: CDC111 or permission of Chair/Academic Dean. *Offered on: G / 3 cr. hrs.*

CDC246: ADVANCED TECHNIQUES FOR COUNSELING THE CHEMICALLY DEPENDENT CLIENT

Advanced counseling and therapy concepts and techniques that apply to assessment, diagnosis and treatment modalities for addictions and for psychosocial conditions that may coexist with the chemical dependency condition. Also addresses collateral treatment concerns for 'significant other' persons involved with the chemically dependent client as well as appropriate uses of supervision, peer support, professional affiliations, and continuing professional education for the practitioner. Working with health professionals on the treatment team emphasized. Prerequisite: CDC235. *Offered on: G / 3 cr. hrs.*

CDC252: CHEMICAL DEPENDENCY PROFESSIONAL ETHICS AND CULTURAL COMPETENCE

This course includes the OASAS required hours specific to ethics and cultural competence for addiction professionals, including the required child abuse and maltreatment mandated reporter NYS Education Department approved training. Course goals include understanding the ethics and professional responsibilities of the counselor-client relationship, the CASAC Canon of Ethical Principles, ethical decision making and conduct, the importance of critical thinking skills, counselor self-disclosure, confidentiality laws and regulations (HIPPA and 42CFR part 2), responsibility for seeking and using clinical supervision, and the importance of counselor wellness and self-evaluation. The course also addresses counseling special populations/cultural competency. It provides knowledge of the specific chemical dependency prevention/treatment needs of particular populations and development of the skills necessary to effectively counsel individuals in those populations as well as training to develop the ability to understand, communicate with and effectively interact with people across diverse cultures. Prerequisite: CDC230 and CDC235. *Offered on: G / 3 cr. hrs.*

CDC255: FIELD PRACTICUM OR COOPERATIVE EDUCATION IN CHEMICAL DEPENDENCY COUNSELING

Integrates theory with actual practice in a clinical setting. Students perform intake interviews and assessments, develop treatment plans, do counseling and present intervention and education approaches, all within the context of the legal, ethical and professional responsibilities of the chemical dependency counselor. Involves off-campus fieldwork: a minimum of 270 hours of clinical experience and 30 hours of supervision. Students attend two-hour, weekly on-campus supervision seminars. Internship placements must be in a licensed chemical dependency counseling center and be supervised by a qualified professional. Students should take CDC255 in their final semester of study. Registration in either of these courses requires that students contact program coordinator in the semester prior to enrollment in course to obtain permission and vital information. Note: Registrants in CDC255 must: (1) Purchase liability insurance through the College; (2) File a Physician's Certificate; (3) Complete other requirements prior to the beginning of the class. Please contact Program Coordinator for information. (18 hrs. clinical, 2 hrs. seminar) Prerequisite: CDC120, CDC225 and CDC235. Corequisite: CDC246. *Offered on: G / 7 cr. hrs.*