



## Connection Through Experience

Connecting to others with similar, shared experience is central to developing the empowerment skills to address any behavioral health challenge. MAP Peer Recovery Support Service provides a way for people seeking support to develop and maintain connection through shared experience.

## Secure 24/7 Support at Your Fingertips

MAP is here to help. Behavioral Health challenges will influence a wide variety of support needs. Our extensive experience providing on-demand peer support enables us to support those going through these varying needs. No matter how large or small the feeling, or the time of day the struggle occurs, MAP is available to offer support.

### MAP Peer Specialists Support a Wide Range of Behavioral Health Conditions

- ✓ Adjustment Disorders
- ✓ Anxiety Disorders
- ✓ Bipolar Disorder
- ✓ Depression
- ✓ Eating Disorders
- ✓ Mood Disorders
- ✓ OCD
- ✓ PTSD
- ✓ Schizophrenia
- ✓ Substance Use Disorder

## Making Lifestyle Changes

Major life events, social stress and isolation can challenge natural resiliency and either cause or worsen behavioral health disorders.

MAP has proven methods of applying a strengths-based approach to help clients achieve:

- ✓ Increased Empowerment and Hope
- ✓ Increased Social Functioning
- ✓ Increased Community Engagement
- ✓ Increased Sense of Control
- ✓ Improved Relationships with Providers
- ✓ Increased Quality of Life

## Who is MAP?

Since 2011, MAP has been the leader in delivering certified peer support services for individuals and families coping with Behavioral Health and Substance Use Disorders (SUD). Peer Specialists are highly trained, certified and have lived experience in behavioral health issues and/or addiction. We have been where you are.

MAP's long-term success demonstrates sustained annual engagement of over 60% with patients and family supports.



## Program Overview

- Create a customized touch schedule with a Peer Recovery Support Specialist
- Connect to a Specialist who has experience in SUD and BH recovery
- Enhance participation in treatment through strengths-based engagement
- Provide referral pathways for outpatient, telehealth and inpatient services
- Comprehensive data and outcomes reporting

## MAP Peer Specialist Profile

- All MAP Specialists are full-time employees and have national and state certifications
- 'Lived' experience in behavioral health or substance abuse disorder
- Active involvement in their own recovery and self-care
- At least 3,000 hours of volunteer or paid experience in peer recovery support

## Program Attributes

- Unlimited amount of inbound calls
- Individualized outbound touch schedule based on patient need
- Connect remotely through video or phone-based sessions
- Access to 24/7 support
- Access to MAP's extensive network of BH resources

## How to Get Started

If you are interested in participating or learning more, let us know. It's easy. Call **1-844-627-1449** 8AM-5PM Central time.

Or connect virtually through web-based video at [peerlink.mapcaresolutions.com/bh-peerlink](https://peerlink.mapcaresolutions.com/bh-peerlink)

**Choose MAP for long-term Peer Support** and get connected to a certified specialist today.



Phone: 1-844-627-1449



Website: [thisismap.com](https://thisismap.com)