

Jessica Attas

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Education

Indiana University, Bloomington, IN

Bachelor of Arts-Cum Laude

- Graduated May 9, 2015
- Major: Psychology B.A.
- Minor: Human Development and Family Studies
- GPA: 3.7

John Cabot University, Rome, Italy

Study Abroad Program, Spring Semester 2014

- Expanded educational horizons by exploring art history, photography and political science
- Immersed in new cultural experiences

The University of Chicago School of Social Administration Chicago, IL

AM 2017 Candidate

- Concentration: Clinical Social Work
- Program of Study: Alcohol and Other Drugs of Abuse Advanced Training Program
- GPA: 3.9

Clinical Experience

Bright Star Community Outreach- Family Advocacy Center *October 2015-present*

Social Work Intern-Supervisor Jasmine Mack

- Provided counseling and community outreach services for DCFS and community clients
- Lead therapeutic individual and group counseling sessions for children and adults in office as well as in local low income schools on the South Side of Chicago
- Utilized aspects of strengths-based theory client sessions, case management and advocacy
- Served as a liaison between DCFS case workers, staff at Bright Star Community Outreach and outside organizations
- Currently developing an anger management and parenting class manual based off evidence-based practices and CBT

DC Rape Crisis Center *June 2014-January 2015*

Crisis Hotline Counselor (Denise Taylor Supervisor)

- Completed a 7 week intensive training program about sexual assault/abuse, mental health, substance abuse, self-harm and suicide, marginalized communities
- Acquired crisis intervention skills
- Provided hotline crisis intervention counseling 2-4 hours a week, 4x a month, for survivors of sexual abuse/assault and their family members
- Experienced a diverse group of callers from different racial/ethnic backgrounds, socio-economic statuses, ages, genders, mental health diagnoses
- Created a safe and understanding environment for callers to express their feelings and concerns
- Attended monthly supervision to discuss hotline calls and learned importance of self-care

Jewish Community Center of Northern Virginia *June 2009- August 2014*

Preschool Aged Counselor/Teaching Assistant (Amit Hickman-Supervisor)

- Gained valuable experience in positions of leadership and responsibility
- Developed lesson plans and age appropriate activities for children, and followed through with them from concept to reality
- Trained in Reggio Emilia educational philosophy
- Worked with co-counselors/teachers to create a positive learning environment
- Formed positive relationships with parents, communicating regularly about needs of the child

Middle Way House Inc. September 2014-January 2015*Domestic Violence Shelter -Tutor (Monte Simonton-Supervisor)*

- Tutored school-aged children of mothers who have experienced intimate partner violence
- Assisted with the after-school care program at the Rise, transitional housing for women who are survivors of intimate partner violence, where children participated in different educational and social programs
- Completed program evaluation analyzing the costs and benefits of the organization's after school mentoring program

Reflections Body Image Training September 2013-May 2015*Body Image Coordinator*

- Lead group sessions for university women about how to maintain a positive body image
- Empowered women to love their bodies
- Trained other undergraduates on how to educate other young women about the dangers of eating disorders and the importance of positive body image
- Advocated for positive body image campaigns within the IU Greek Community

Research Experience**Research Assistant in the Cognitive Action and Neuroimaging Lab August-- December 2013***Indiana University Department of Psychology and Brain Sciences (Karin James, PhD)*

- Ran studies with 18-36 month old children
- Recruited subjects through phone calls, emails and letters
- Conducted research on object permanence and language development in children
- Worked directly with children and parents

Research Assistant in Social Development Lab August 2014-Present*Indiana University Psychology and Brain Sciences (Dr. John Bates, PhD)*

- Assisted with research on effects of sleep patterns on children's behavior
- Observed children's bedtime routines in order to understand how children's sleep patterns affect their behavior
- Experienced in analyzing data and applying findings to real life situations
- Extremely familiar with Microsoft Office and research data bases

Teaching Experience**Undergraduate Teaching Assistant at Indiana University Psychology Department January 2013-May 2015***Introduction to Psychology 101 (Irene Vlachos Weber-Supervisor)*

- Worked with professors in a professional manner to ensure classes run as smoothly as possible
- Tutored students in course material as well as held review sessions before exams
- Created a positive learning environment for undergraduate students
- Proctored and graded exams

Other:

- Obtained DCFS Background Check
- Was fingerprinted through DCFS
- Negative TB Screening in 2015

Contacts:

Amit Hickman (JCCNV Preschool Director)

- Phone Number: (703)537-3051
- Email Address: Amit.Hickman@jccnv.org

Denise Taylor DCRCC

- Phone number: 202-232-0789 ext 1188
- Email Address: dtaylor@dcrc.org

Monte Simonton (Middle Way House Inc)

- Email Address: msimonto@hotmail.com

Abbey Lawrence (Bates Social Development Lab)

- Phone Number: (812) 855-6961
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John Bates (Bates Social Development Lab)

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Karin James (Cognitive Action and Neuroimaging Lab)

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Jeanne Marie Heeb (Cognitive Action and Neuroimaging Lab)

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Jasmine Mack

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