Acknowledgment

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Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

Presented by: Al Falcon, MS, LCPC, LAC and Jennifer Foley, BS
Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

More than 22 million Americans are living in recovery

About 75% of people with a substance use disorder recover

Presented by: Al Falcon, MS, LCPC, LAC and Jennifer Foley, BS

(Bergman, et al. 2017)
Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

Assessing Recovery Capital

Assess Recovery Capital

Sustained Recovery & Family Safety

- Pro-social Behaviors
- Pro-social Activities
- Negative Drug Tests
- Service Completion
- Treatment Plan
- Treatment Attendance
- Reunification, Graduation & Case Closure
- Phase Structure
- Aftercare Plans
**Assessment and Case Planning Considerations**

- Identify a tool or scale to measure an individual’s recovery capital.
- Use assessment results to drive treatment and/or case planning.
- Do you have a standardized procedure to reassess strengths and needs?
- How will you know if an individual has attained recovery capital?

**Assessment and Case Planning Considerations Continued**

In what ways do your case or treatment plans support (or not):

- Physical health?
- Financial assets?
- Access to affordable, quality health care?
- Safe, affordable housing that supports recovery and well-being?
- Clothing, food, and access to transportation?
- Building or rebuilding supportive relationships?
Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

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Beyond Compliance: Empowering Families to Build Recovery Capital for Sustained Recovery and Family Wellness

Crystal J.- Ohio START Family Peer Mentor
Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

Presented by: Al Falcon, MS, LCPC, LAC and Jennifer Foley, BS

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Personal Recovery Capital

<table>
<thead>
<tr>
<th>Physical Recovery Capital</th>
<th>Human Recovery Capital</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Physical Health</td>
<td>• Educational/Vocational Skills</td>
</tr>
<tr>
<td>• Financial Assets</td>
<td>• Problem-solving Skills</td>
</tr>
<tr>
<td>• Access to Affordable, Quality Health Care</td>
<td>• Interpersonal and Communication Skills</td>
</tr>
<tr>
<td>• Safe, Affordable Housing</td>
<td>• Self-awareness and self-efficacy</td>
</tr>
<tr>
<td>• Clothing, Food, Transportation</td>
<td>• Personal Values</td>
</tr>
<tr>
<td></td>
<td>• Sense of Purpose, Future and Hopefulness</td>
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</tbody>
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Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

Presented by: Al Falcon, MS, LCPC, LAC and Jennifer Foley, BS
Family Social Skills Events

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Beyond Compliance: Empowering Families to Build Recovery Capital for Sustained Recovery and Family Wellness
Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

Anne Auld – Director of Education, Illuminate Colorado

Community Recovery Capital

Presented by: Al Falcon, MS, LCPC, LAC and Jennifer Foley, BS
"Recovery capital is not equally distributed across individuals and social groups. Members of historically disempowered groups often seek recovery from addiction lacking assets that are taken for granted by those seeking recovery from a position of privilege.”

(Cloud & Granfield, 2001)
Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

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Protective Factors

- Knowledge of Parenting and Child Development
- Social Connections
- Concrete Supports in Times of Need
- Children's Social & Emotional Competence
- Nurturing & Attachment
- Parental Resilience

Child Welfare Information Gateway, 2020
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Questions & Discussion

Wrap-Up Resources
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Beyond a Program:
Family Treatment Courts—
Collaborative Partnerships for
Improved Family Outcomes

Course #2: June 7, 2022
Beyond Compliance:
Empowering Families to Build
Recovery Capital for Sustained
Recovery and Family Wellness

Course #3: August 30, 2022
Beyond Counting:
Strategies to Collect and
(Actually) Use Your FTC Data

11:00am – 12:30pm PT | 2:00pm – 3:30pm ET

Exploration | Conversation | Action
www.cffutures.org/ftc-practice-academy/

- Animated Video
- Exploration Tool
- Live Conversation
- Resources
Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

RECOVERY CAPITAL: ITS ROLE IN SUSTAINING RECOVERY

https://facesandvoicesofrecovery.org/2019/10/08/recovery-capital-its-role-in-sustaining-recovery/

Additional Resources

- Recovery Capital Assessment Tool

- Recovery Capital: A Primer for Addictions Professionals

- Research Article: Recovery Capital as Prospective Predictor of Sustained Recovery, Life Satisfaction and Stress Among Former Poly-Substance Users

Presented by: Al Falcon, MS, LCPC, LAC and Jennifer Foley, BS

10/08/22
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