

Children, Trauma & Technology Highlight Annual Conference

Atlanta Meeting Sells Out

BY DONOVAN KUEHN, NAADAC ADVANCES IN ADDICTION AND RECOVERY EDITOR

Atlanta was at the center of some of the most interesting discussions on addictions in October. Hosted by NAADAC at its national conference, some of the best minds focused on addiction prevention, intervention and treatment gathered with over 600 participants to address the topics key to addiction-focused professionals.

It is impossible to do justice to the dynamic energy and information shared at the meeting. Here are some of the highlights of the proceedings.

Dr. Frances Brisbane and Dr. Vincent “Peter” Hayden

Dr. Frances L. Brisbane, Dean and Professor of the School of Social Welfare, State University of New York at Stony Brook and Dr. Vincent “Peter” Hayden, CEO of Turning Point, Inc., an African American social services organization with a holistic approach to counseling and treatment located in Minneapolis, Minn., opened the NAADAC conference. They presented a compelling description of how effective prevention and treatment of substance abuse and addiction responds best when the client’s or patient’s culture is factored into the process.

They outlined the fact that while most people develop the disease of alcoholism in a general progression medically, the prevention and treatment need to respond to individual and group cultural behaviors, mores, beliefs and other historical and legacy determinants. They felt that being aware and respectful of cultural differences among individuals as well as their sameness, in many ways, makes for good medical and social outcomes.

Message from Georgia Governor Nathan Deal



On behalf of the State of Georgia, it is a pleasure to be a part of your event. Please allow me to welcome your distinguished guests, addiction counselors, educators, addiction-focused health care professionals, and other attendees. I commend NAADAC for their dedication to prevention, intervention, quality treatment and recovery support. Your members help individuals on a daily basis work towards a life of recovery and continue a life substance-free. Addiction and substance abuse rob our citizens and their loved ones of happy, fulfilling and productive lives. Your effort in combating these dire situations is truly appreciated.

*I send my best wishes for a successful and enjoyable event.
Sincerely, Nathan Deal*

Jerry Moe

The National Director of the Betty Ford Center Children’s Programs, addressed the issue of parental recovery and its impact on children.

Moe described to attendees how kids have a unique perspective in viewing the world. While it has long been held that alcoholism and other drug addiction are a family disease, there are few opportunities for young children to be an integral part of the treatment and recovery process. He described how children see addiction in their families and,

more importantly, how they embrace the healing process. Moe believes that there is much hope when we treat the whole family.

Moe asked the profession to be proactive: “I want to see a study on recovery and how it affects families, not more on how kids are affected by addiction.”

Moe, pulling from his sometimes heart-breaking experiences at the Betty Ford Center, had a simple point for clinicians.

“Kids don’t care about how much you know until they know about how much you care,” he said.

Dr. David Mee-Lee

David Mee-Lee, MD, is a board-certified psychiatrist and is certified by the American Board of Addiction Medicine (ABAM) and is also Senior Vice President of The Change Companies. He has led the development of the ASAM Criteria for the Treatment of Substance-

The Leadership Orientation session at the NAADAC Annual Meeting was well attended. The Dancing Mindfulness session, held outdoors, was enjoyed by all who participated.



PHOTOS BY DONOVAN KUEHN | NAADAC.ORG

Related Disorders since the late 1980s and is Chief Editor of ASAM PPC-2R (2001) and the new edition of The ASAM Criteria (2013).

Dr. Mee-Lee described the ASAM Criteria — the most widely used and comprehensive set of guidelines for assessment, service planning and placement in the treatment of addictive disorders. A new edition was released in October 2013.

He described the current regulatory environment facing addiction-focused professionals. With the Affordable Care Act (ACA), there will be many more people eligible for addiction treatment in treatment programs, but even more in general healthcare settings where the customers really are.

Dr. Darryl Inaba

Darryl S. Inaba, PharmD, CADC III, is currently the Director of Clinical and Behavioral Health Service, Addictions Recovery Center, Medford, Ore. and Director of Research and Education at CNS Productions, Inc., also in Medford.

Dr. Inaba presented the world premiere of his new video *Beyond Opiates* at the NAADAC conference. *Beyond Opiates* examines the science of pain and its influence on recovery from opioid dependency. Most importantly it presents the new paradigm for understanding chronic pain, showing how the extended use of prescription painkillers increases the sensitivity of nerve cells thereby magnifying pain (hyperalgesia, hyperpathia, allodynia).

In Dr. Inaba's closing plenary, he discussed the wide variety of new synthetic and natural chemicals that are recently being abused. He focused on synthetic cannabinoids, "bath salts," prescription opiates, Kratom and "shake and bake" methamphetamine, the toxic and addiction characteristics of these substances and how they impact recovery and treatment.

Message from Atlanta Mayor Kasim Reed



I thank the members of NAADAC for providing critical services to help individuals and families struggling with addiction. On behalf of the people of Atlanta, I extend best wishes to you for a remarkable and exciting event.
Sincerely, Kasim Reed

Allan Barger

Allan Barger has 24 years of experience in the alcohol and drug profession, working as a research analyst and trainer with Prevention Research Institute and having worked as a community volunteer, a Prevention Specialist in a community Mental Health Center, and adjunct faculty at Eastern Kentucky University teaching courses on alcohol and drug problems.

Barger addressed the new reality in which professionals find themselves with the renewed acceptance of marijuana use, including legalization. While the public has come to view marijuana as harmless, a growing body of research suggests otherwise. He focused on five areas of risk supported in the research: acute impairment; lingering effects; psychosis; dependence and addiction; and life outcomes.

See More Than the Highlights

Handouts from most of the presentations can be found online on the NAADAC conference page: www.naadac.org/conferences.

In addition to the plenary sessions and over 55 workshops, NAADAC presented its awards to five outstanding professionals and programs.

My Experience at the 2013 NAADAC Conference



I must say I did not know what to expect; however I did know that my focus was to attend the conference with hopes of gaining more insight into co-occurring disorders. Not only did I gain more insight, I also made new friends and connections that surpassed my expectations.

In addition to that, the exhibits of many vendors as well as the consultations with the speakers and staff of NAADAC left me motivated, inspired, encouraged and confident to continue in my profession providing quality care to the dually diagnosed population. I love my NAADAC family and I look forward to the 2014 conference in Seattle, Wash.!

Thank you for a wonderful experience! Rosalyn Young

The hotel courtyard provided the perfect location for a group shot of participants.



Mel Schulstad Professional of the Year

Presented for outstanding and sustained contributions to the advancement of the addiction profession.

Presented to **Ebony Jamillah Stockton, MEd, LCAS, CCDP, CSAC**. Residing in the Hampton Roads area of Virginia, Stockton currently works for the Department of Navy, at the Substance Abuse Rehabilitation Program (SARP) at Naval Medical Center in Portsmouth, Va. Currently serving as the only Dual Diagnosis Counselor at Naval Medical Center Portsmouth, she counsels active duty members and their dependents who suffer from co-occurring disorders with mental health issues and addiction issues.

William F. "Bill" Callahan Award

Presented for sustained and meritorious service at the national level to the profession of addiction counseling.

David "Mac" Macmaster, CSAC, TTS, has been an addiction specialist since 1975 in Iowa and Wisconsin. He has been a certified addiction counselor, program director and administrator, grant writer, program developer, interpersonal skills trainer and prevention specialist. Mac achieved the Advanced Member in the American College of Addiction Treatment Administrators when he was the director of New Directions at the St. Francis Medical Center in La Crosse, Wisc. Currently, Macmaster is co-founder and managing consultant for the Wisconsin Nicotine Treatment Integration Project (WINTIP) in Madison, Wisc. WINTIP is coordinated by the UW School of Medicine's Center for Tobacco Research and Intervention.

Lora Roe Memorial Alcoholism and Drug Abuse Counselor of the Year

Presented to a counselor who has made an outstanding contribution to the profession of addiction counseling.

Mary Sugden, CADC II, LADCI, began her career at the Berkshire Council on Alcoholism & Addictions working with families, women, local courts, driver alcohol education and extended care. She continued with BCAA after it merged in 1997 with what is known today as the Brien Center for Mental Health and Substance Abuse Services.

Sugden's career progressed also with a position as a Substance Abuse Clinician III. She provided individual assessment, treatment planning, supervision and relapse prevention — facilitating many groups such as the Second Offender Aftercare, Suboxone and DCF.

NAADAC Organizational Achievement Award

Presented to organizations that have demonstrated a strong commitment to the addiction profession and particularly strong support for the individual addiction professional.

In 1969, when drug addicts walked the streets of Charlotte, N.C., with nowhere to go to begin a journey of recovery, Open House was founded to provide a welcoming starting point. From humble beginnings, with a small staff in a YMCA basement, Open House grew into the **McLeod Center** of today; the largest treatment center in North Carolina, employing over 300.

Lifetime Honorary Membership Award

This award recognizes an individual or entity who has established outstanding service through a lifetime of consistent contributions to the advancement of NAADAC, the addiction profession and its professionals.

James Martin, MSW, CSW, NCAC II, MAC, CEAP, SAP, has 30 years of experience in mental health and is a former chairperson of the NAADAC National Certification Commission. He has received an award for Outstanding Contribution to the Field from the Governor's Advisory Board on Substance Abuse and Distinguished Service Awards from the Michigan Association for Alcoholism and Drug Abuse Counselors and NAADAC, the Association for Addiction Professionals. He has both Bachelors and Masters degrees of Social Work from Madonna College and the University of Michigan, respectively.

For full details on NAADAC's awards, go to www.naadac.org/recognition-and-awards.

NAADAC will be hosting its 2014 meeting in Seattle from September 27 to October 1. Visit www.naadac.org/conferences for more information.

