

Meet NAADAC's Regional Vice-President for the Southwest:

Mita M. Johnson

Representing Arizona, California, Colorado, Hawaii, Nevada, New Mexico, and Utah



Mita M Johnson, EdD, LPC, LMFT, ACS, AAMFT-approved Clinical Supervisor, LAC, SAP, has worked in the behavioral health field as a mental health and substance abuse clinician, educator, trainer and supervisor for over 25 years. She has a private practice in Golden, CO where she works with clients, families, and supervisees. Mita is a faculty member of Metropolitan State University of Denver and Argosy University Denver. She provides live and online CAC trainings across the state. Mita has provided content-specific trainings for NAADAC and several NAADAC State Affiliates.

Mita is a retained consultant for the Colorado Department of Regulatory Affairs, advising the marriage and family and the addiction professionals sections; Mita is a behavioral health consultant to the Mental Health Center of Denver. Mita is the immediate Past-President of the Colorado Association of Addiction Professionals (CAAP), is a Governor's appointee to the Behavioral Health Transformation Council, has been an expert witness and case consultant to the state attorney general's office, has been a member of the Advisory Committee that provides input regarding CAC training through the Office of Behavioral Health, and is the NAADAC Southwest Regional Vice President encompassing seven states. Mita received the 2013 CAAP Leadership Award, the Therapist of the Year by the Colorado Association of Marriage and Family Therapists, and received the Dr. James R. Beck Counseling Excellence Award from Denver Seminary. Mita has a Bachelor's degree in Biology, a Master's degree in Counseling, and her EdD in Counselor Education and Supervision.

There are important passions that drive Mita, including:

- clients deserve the best clinical care available to them, regardless of their situation
- counselors deserve the best supervision, guidance and support always
- the fields of mental health and substance abuse treatment requires ongoing advocacy, and
- leaders have a mandate to serve everyone equally and to collaborate generously.

There is much work to be done to promote the behavioral health field!

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