CLOSING SESSION
The Journey of the Black Helping Professional

Facilitators

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Public Servant, Federal Government

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CE Instructions

www.naadac.org/EBC2021-ces
The Journey of the Black Helping Professional

Presenter

Angele Moss-Baker, LPC, LMFT, MAC, EAS-C, DCMHS-COD
President, American Mental Health Counselors Association (AMHCA)

LEARNING OBJECTIVES

Participants will be able to explain different paths the Black helping professional takes when entering the field and growing in the helping profession.

Participants will be able to define the most critical healthcare disparities and access to care problems in Black communities.

Participants will learn the importance of increasing collaborative efforts, breaking down healthcare siloes, and promoting integrated care for co-occurring disorders for Black clients.
“Success is to be measured not so much by the position that one has reached in life as by the obstacles which one has overcome while trying to succeed.”

- Booker T. Washington
MENTORSHIP

The importance and benefit of mentorship in preparing Black professionals helps to expand access to the profession, by reducing social and occupational barriers; thereby career advancement.

Blacks are underrepresented in the helping profession.

Mentorship is an opportunity for career advancement.

COLLABORATION

“The best way to succeed is to discover what you love and then find a way to offer it to others in the form of service…

-Oprah Winfrey

PROFESSIONAL AFFILIATIONS

Membership in professional associations and organizations provides unlimited opportunities to meeting new people and learning. It's also good for bolstering the credentials on your resume and showing that you are actively engaged in your profession and your community.
UNFAIR TREATMENT BASED ON RACE OR ETHNICITY
ACCESS TO TREATMENT
LACK OF INSURANCE
EFFECTIVE TREATMENT MODELS

POLL QUESTION
What is the major issue that contributes to treatment gaps for MH/SU treatment among Blacks and people of color?

INTEGRATED TREATMENT OUTCOMES

- Consumers Served in Care Management
- Hospital Admissions: 23% reduction
- Community Tenure: 30% increase
- Civil Commitment: 95% of consumers with CMOP status
- ACT Services: 95% with ACT Services
- Substance Abuse Screening: 95% screened for substance use
- Medicaid Care: 95% received Medicaid Care
- Psychiatric Stability: 95% increase in psychiatric stability

MODELS OF TREATMENT
1) SINGLE TREATMENT
2) SEQUENTIAL TREATMENT
3) PARALLEL TREATMENT
4) INTEGRATED TREATMENT

Those with a Drug Addiction AND/OR Mental Illness

50% Co-occurring Disorders

Over half of those with a drug addiction also have a mental illness. Likewise, over half of those with a mental illness also have a drug addiction.
HEALTH EQUITY ADVOCATE

KNOW YOUR STRENGTHS

Optimistic Coach Empathizer Confident
Decision-Maker Time-Keeper
Perseverance Adaptable Ethical
Organizer Problem-Solver Confident
Achiever Planner Leader Patience
Creative Critical Thinker Facilitator

“The best way to succeed is to discover what you love and then find a way to offer it to others in the form of service…”

-Oprah Winfrey
THANK YOU

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REFERENCES

Thank you!

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- Carmela Drake, PhD, LPC, NEA-C, CASAC
- Kathy Friley-Hoels
- Warren E. Gay
- Whitney Grant, LMHC, LCAS, CCS-I
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- Celeste Madison, PsyD, LPC, CADC
- Shevel Mavins, MS
- Peter Mott, LCDC, KPS
- Katina Palmer, LPC-DC

Presenters
- Grady Anthony Austin
- Raven Freedom (nee Dickerson), LCSW, CDP
- Angie Moss-Baker, LPC, LMFT, MAC, SAS-C, DOMPS, COO
- O.T. Porter, PhD, LCDC

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