



**For Help Call: 1-800-522-4700**  
**For Information: 303-662-0772**

## **Brief Biosocial Gambling Screen**

1. During the past year (12 months) have you become restless, irritable or anxious when trying to cut down or stop gambling?  
 YES  NO

2. During the past year (12 months) have you tried to keep your family or friends from knowing how much you gambled?  
 YES  NO

3. During the past year (12 months) did you have such financial trouble that you had to get help from family or friends?  
 YES  NO

**If “Yes” to one or more questions, further assessment is advised.**

Source: Gebauer, L., LaBrie, R.A., & Shaffer, H.J. (2012). Optimizing DSM-IV classification accuracy: A brief bio-social screen for gambling disorders among the general household population. *Canadian Journal of Psychiatry*, 55(2), 82-90.