Are you involved in creating and facilitating classes that are required in helping profession study programs?
A: Yes! I work with professionals, teams and organizations facilitating classes, workshops and retreats. Would love to see such classes required for schools, colleges and universities.

Carl Rogers and Rollo May wrote and spoke about the wounded healer 30-40 years ago – are you familiar with their work, and do you have any comments?
A: I am familiar with Carl Jung and Rollo May’s work on the topic which are great background for all of us. My hope is that we find a way to take academic literature and integrate into our daily work. It’s easy to read a book, attend a one-time conference or workshop and learn a lot but then most of us drift back into old ways of thinking, feeling and behaving. I believe we can change the industry by using a comprehensive and integrated system of staff development, teambuilding and leadership development as core components of the behavioral health system. That is my dream to leave the industry in a better place for quality client outcomes.

Not a question but a comment for you. I recently have left a private practice to start my own practice. One of the main reasons for leaving the practice was the lack of Daring Greatly concepts. I wish I could send this seminar to the owner of the business who also happens to be a therapist herself.
A: Yes I would love to see more folks get acquainted to the methodology and be willing to do the work! Send her copy of the webinar!

Where do we access the resilience survey? Can you talk more about how we would use that with our employees?
A: Sure, go to acestoohigh.com and it is part of the ACES survey. I use it as a staff development tool in all staff and team meetings.