



Phoenix House
Rising Above Addiction

The Six Key Components of Implementation

Evidence-based practice implementation in routine behavioral health practice settings can be complex. The following six components are used to help with this process.

- 1. The evidence-based practice to be implemented.** In this step you would define the research behind the EBP and outline its benefits and limitations.
- 2. Contextual barriers and facilitators.** This step identifies the implementation barriers and facilitators for the selected EBP, taking into account the organizational resources, the current structure and the client population.
- 3. The strategy or “intervention” being used to implement and sustain the evidence-based practice.** This is your implementation strategy. After this step there should be clear outlined steps for rollout.
- 4. Desired outcomes of the implementation.** In this step you want to list the desired outcome of the EBP, specific to your clients. An important question for consideration here is whether you expect similar results to the documented research.
- 5. The stage of the implementation process.** Similar to the stages of change the implementation process has steps that as you move closer and closer to implementation.
- 6. The level of the implementation.** This stage outlines the target audience of the EBP and how it will directly impact the day to day work.