Impact of Affordable Care Act 2010

• Provide standardized health coverage for all Americans
• Make health coverage affordable for at least most of the 48.6 million Americans who were uninsured as of 2011
How ACA is Designed to Work

• Include people of all ages and in varying degrees of health to spread the risk over a larger, more diverse population

• This will decrease average premiums and minimize potentially catastrophic economic effects on any single person or family

• Over time lower national health care costs
ACA View: Health Information Technology

- Definition: Tool used to collect large amounts of health care information
- Used to study outcomes of treatment protocols, assess risk factors that may be associated with disease processes, assess overall health of specific populations, track effects of certain medications over time, etc.
ACA View: Health Information Technology

- Information is located in searchable, encrypted database that lowers the expense of large, longitudinal health studies
- Example: Framingham, Mass cardiovascular study 1948
Meaning for Providers

- Point and click, menu driven software will be introduced to medical records and therefore the clinical process
- Electronic Health Records (EHR) will be used by all members of the clinical and administrative staff
- Less intrusive and more user-friendly
Terminology

- **EMR** (Electronic Medical Records)
- **EHR** (Electronic Health Records)
- **CIS** (Clinical Information System)
- **HIT** (Health Information Technology)
- **Cloud Computing**
- **Big Data**
- **HIPAA** (Health Insurance Portability and Accountability Act)
HITECH Act

• Health Information Technology for Economic and Clinical Health (HITECH)
  • Created through the American Recovery and Reinvestment Act (ARRA)

• Intent and Purpose

• Medicaid/Medicare Incentives
Certification and Meaningful Use

• What is a certified EHR?
• What is meaningful use of a certified EHR?
How does this affect Addictions and Mental Health?

Who is eligible for CMS incentives?

<table>
<thead>
<tr>
<th>Medicare</th>
<th>Medicaid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligible hospitals</td>
<td>Eligible hospitals</td>
</tr>
<tr>
<td>Acute Care, Critical Access</td>
<td>Acute Care, Critical Access and Children’s Hospitals</td>
</tr>
<tr>
<td>Eligible Professionals (EPs)</td>
<td>Eligible Professionals (EPs)</td>
</tr>
<tr>
<td>Doctors of Medicine, Osteopathy, Dental, Podiatric Medicine, Optometry, Chiropractor</td>
<td>Physicians Nurse Practitioners (NPs), Certified Nurse-Midwives (CNMs), Dentists Physician Assistants (PAs)</td>
</tr>
</tbody>
</table>
What about Addictions and Mental Health?

- Patrick Kennedy Bill
- HIT Extension for Behavioral Services Act of 2010
Preparing for the Future

• Do I need to use a certified EHR?
  • Who are my funding sources?
• Payers follow trends
• ACA affects number of eligible clients
  • 30+ million eligible for Medicaid
  • Increased client workload calls for increased efficiency
Preparing for the Future

- Readiness evaluation
  - Clinical, technical, financial, admin
  - Goals, workflow, barriers
- Do your homework
  - Keep an eye/ear on legislation
- Be realistic in implementation
  - Find what's “meaningful” to your agency
Questions?