

Questions Asked During the Live Webinar Broadcast on 12/12/12

Q: How effective is the relation between spirituality and healing in the treatment of addictions?

A: There have been a large number of studies that link spiritual belief with better outcomes in regard to various illnesses including alcoholism and drug addiction. We often think of AA as the spiritual approach to an illness that impacts the physical, mental, emotional and spiritual aspects of the patient. In the webinar, I wanted the clinicians to understand how their personal level of spiritual consciousness impacts the development of the therapeutic relationship. Without this relationship, the patient's compliance to our assignment of technique will be compromised.

Think of this another way, if you were a patient and when you met your therapist felt a strong bond and a sense of trust; wouldn't you start to believe you could get better? When we are around people who "work a good program" (so to speak) and their conduct and character seem outstanding don't we want to be around such people?

Q: Is there a way to stay in touch or network with Dr. Nuckols?

A: I try to be very available by email cnuckols@elitecorp1.com and am happy to try to answer any questions you might have. I also learn a lot from you by your comments.

My website will be back up around the end of January www.cnuckols.com

I do about 90-100 training days a year all around this country and others. If I am in your area and you want to spend a few minutes together, just let me know by email and we will set up a time to do so

Also, if your agency wishes to schedule a training event please let me know and would be honored to work with you.