

Questions Asked During the Live Webinar Broadcast on 2/15/12

Q: Can a person that is not or has not been in recovery be a peer recovery coach?

A: A peer is defined as someone with lived experience in addiction and recovery. Otherwise, you would have a recovery coach but not a *peer* recovery coach.

A few programs define family members as peers. However, a real peer experience would be family member to family member.

Q: Can you provide standards for the Peer Recovery Support Services development in the state of Oklahoma?

A: No, you would have to get that from folks in Oklahoma.

Q: Tom Hill mentioned a ""recovery capital assessment tool." Is that available to be shared?

A: Email me at thill@facesandvoicesofrecovery.org

Q: Andre, do you have monitors in the homes 24/7 or how do you run the homes to ensure zero tolerance policies?

A: Detroit Recovery Project (DRP) has what we refer to as a House Manager, he lives inside of our recovery transition home rent-free, and he is in long-term recovery (over 25 years sober), he conducts random urinalysis screening, he facilitates weekly house meetings, we also have three 12-step meetings a week at our transition house, that are facilitated by the 12-step community outside our program, each individual that resides in our homes are assigned a recovery coach, emphasis is placed on providing a recovery friendly environment setting, however there are rules and regulations that all participants must adhere to.

Q: Tom, what do you consider mutual -aid?

A:

We use the term *Mutual Aid*, instead of *Self-Help*, because people in these groups assist in one another's recovery through mutual helping.

Here's Faces & Voices' Guide to Mutual Aid:

<http://www.facesandvoicesofrecovery.org/resources/support/index.html>

Q: Tom/Andre, starting a peer run services & programs org. Where is the most likely avenue to gain monies to purchase land and build a campus? Can you explain briefly what an umbrella to a non-profit is?

A:

Andre may have a better handle on this, but I would start by initiating conversations with agency officials on municipal, county, and state levels.

Not sure what kind of umbrella you are talking about here.

I would suggest that you map out resources in your community that can potentially fund such programs that have a shared interest in assisting the recovery community, typically Churches, Local Foundations, Philanthropist, County, City, State, & Federal governmental entities, I am not sure what an umbrella is, if you can explain to me the context that would be helpful, sometimes you have smaller organizations that operate under a larger organization that's typically done when smaller organizations lack the financial capability or infrastructure that's oftentimes needed when starting an organization, another term is used is fiduciary, we have been fortunate to have our County Government donate a building to our organization.

Q: Would like to know the states that are certifying, credentialing, reimbursing or funding for recovery coaching.

A: [Email me at thill@facesandvoicesofrecovery.org](mailto:thill@facesandvoicesofrecovery.org)

Q: Could you send a list of the statistics of number of individuals in Detroit that are using transitional services and their relapse rates? Any other statistics would be great to have also.

A: Our agency has had on average between 80%-90% success rate, meaning that they are drug-free, criminal free, and productive tax members of the community. Majority of our clients remain in our program from six months to 2-years. The city of Detroit will pay rent for our clients for up to six months, but what has happened is the clients have fostered a brotherly love environment, they don't desire to move, and many of them have successfully gained employment and are paying rent themselves...if you email me I can send you our most recent outcome evaluation....ajohnson69@mac.com

Q: How would you define recovery coaching? In what ways is it similar to/different from the experiential support of a 12-step sponsor?

A: [Much of peer recovery coaching is used to initiate, stabilize, and support early recovery. This is regardless of path and non-specific or generic to any path. A 12-step sponsor helps a sponsee work the program and steps. A peer recovery coach helps the person navigate recovery.](#)

Q: I would like to learn about the structures/guidance for the Parenting and Life Skills Group and the Strengthening Families Groups.

A: DRP have been trained to utilize the Strengthening Families best-practice curriculum, which provides structure/guidance etc., and DRP's has tweaked the it to ensure that we meet our clients needs, for instance women in recovery with children....here is the website link to get a better understanding...
www.strengtheningfamiliesprogram.org/docs/StrengthFPsamhsa.pdf

Q: Andre, Do you have any stats on how well these centers are working? Usage?

A: Unfortunately, I don't have any stats on other centers, but if you email me I can forward you a copy of our most recent program evaluation. Most studies suggest that the longer individuals are engaged with form of social support within the first 9 months of early stages recovery, it increases their chance of remaining and sustaining long-term recovery. Our agency has had very positive outcomes since our inception...I can be emailed at ajohnson69@mac.com

Q: Do you have any comparison stats - recovery % of folks who use Peer Support after treatment - as opposed to those that go through treatment and don't?

A: No, sorry, that data is not available.

Q: How do you start a peer recovery support service? I have my BSHS, and I am located in NJ. I want to open some type of support group but need to know what steps to take.

A: For starters, here is a link on our Recovery Community Organization Toolkit:

http://www.facesandvoicesofrecovery.org/publications/recovery_community_organization_toolkit.php