



ANNUAL TRAINING INSTITUTE

MAY 2-3, 2016 | ANCHORAGE, ALASKA

Program

Welcome

As NAADAC Executive Director, I, and the Alaska Addiction Professionals Association (AAPA) Board of Directors, welcome you to the 2016 Alaska Annual Training Institute. We are thrilled to be with you in Anchorage for this special event!

This conference includes a strong lineup of speakers and workshops with the up-to-date information on the latest trends and issues that impact all addiction and other helping-focused professionals. We are excited to have a wonderful speaker/singer, Sheila Raye Charles, in attendance. Please welcome her to our profession as I know you will enjoy her new professionals.

The conference isn't all about learning. It is also about networking and having fun! There will be plenty of breaks throughout the conference during which we can network with addiction professionals and learn what challenges and successes we have in common. Please be sure to visit the exhibitors and thank them for joining us!

Please feel free to approach any member of the NAADAC Team or AAPA Board while at the conference. With us, we have Diane Ogilvie, AAPA President, Greg Bennett, your NAADAC Regional Vice-President, Tom Durham, NAADAC Director of Training, and HeidiAnne Werner, NAADAC Director of Operations & Finance. As Executive Director, I hope to meet with as many of you as possible to answer questions and learn more about the state of the addiction professional workforce in Alaska.

In closing, I want to thank the AAPA Board and all of the wonderful sponsors and partners for their support in this year's Annual Training Institute. We couldn't have done this without you!

Blessings!

Cynthia Moreno Tuohy, NCAC II, CDC III, SAP

Anchorage Marriott Downtown, 820 W 7th Avenue, Anchorage, AK 99501

General Information

Alaska Addiction Professionals Association (AAPA)

Interested in learning more about NAADAC and AAPA? During lunch on May 3rd you will learn about how NAADAC and AAPA are essential to your career!

Interested in joining the AAPA Board or learning more? Contact the AAPA President, Diane Ogilvie at appa@outlook.com.

Meals

Breakfast and lunch on Monday and Tuesday are included in the registration fee.

Continuing Education Credits (CEs)

For more information on obtaining CEs, please visit www.naadac.org/2016AKTrainingInstitute-CEinfo.

Thank You

Thank you to our Bronze Sponsor Akeela!

Thank you to our conference committee:

Diane Ogilvie, MAEd

Rosalie Nadeau, MED

Teri Davis, MS, LPC, CDC I

Michael DeMolina, MS, LPC

Vivian Patton

Chelsea Butler

Jerry Jenkins, MEd, MAC

Judi Bixbi

Exhibitors

Akeela, Inc.

<http://www.akeela.us>

Alaska Addiction Professional Association (AAPA)

<https://naadac.wordpress.com/contact-us>

Alaska Commission for Behavioral Health Certification (ACBHC)

<http://www.akcertification.org>

Alkermes

<http://www.alkermes.com>

CNS Productions

<http://www.cnsproductions.com>

Easter Aleutian Tribes

<http://www.eatribes.org>

Lakeside Milam Recovery Centers

<http://www.lakesidemilam.com>

NAADAC, the Association for Addiction Professionals

<http://www.naadac.org>

Oregon Trail Recovery

<http://oregontrailrecovery.com>

Sheila Raye Charles

<http://www.sheilarayecharles.com>

Sundown M Ranch

<https://sundown.org>

Schedule – Monday, May 2

MONDAY, MAY 2

7:00 am – 3:15 pm Pre-Function Area

Exhibits Open

7:00 am – 8:00 am Pre-Function Area

Breakfast

8:00 am – 8:30 am Fairbanks/Alaska

CE credits: .5

Welcome

David Dickinson, MA, Stacey Toner, and Cynthia Moreno Tuohy, NCAC II, CDC III, SAP

8:30 am – 9:45 am Fairbanks/Alaska

Plenary

CE credits: 1.25

Darryl Inaba, PharmD, CATC V, CADC III

Understanding Marijuana: Pharmacology and New Findings

A growing body of medical evidence demonstrates marijuana (THC) in its current highly potent, newer concentrated forms (“edibles and BHO”), and especially the new synthetic cannabinoids (“Spice”) results in some major medical and mental health problems. Evidence of increased risks for psychosis, schizophrenia, heart attacks, seizures, hyperemesis syndrome, decreased IQ, and even testicular cancer has been associated with cannabis abuse. This Plenary Session will look at marijuana as a drug, current findings of its effects, new forms of abuse, its botany, chemistry, pharmacology and its major effects on the brain and body.

9:45 am – 10:15 am Pre-Function Area

Break

10:15 am – 11:45 am **BREAKOUT SESSIONS**

Breakout Session Denali

CE credits: 1.5

David Dickinson, MA

Meeting the Challenge: Resources for Alaskans

This session will identify current behavioral health challenges facing Alaskans and provide an overview of initiatives and funding from SAMHSA and other federal agencies that are supporting state and tribal efforts and responses to meet these challenges. Among topics to be discussed will be the opioid crisis and need for expanded MAT, the continuing need for effective suicide prevention approaches, the new challenges presented by Alaska’s recent legalization of recreational cannabis, and the need for additional workforce development. The session will also provide an opportunity for attendees to identify other challenges and share ideas for solutions to meet them.

Breakout Session Haines

CE credits: 1.5

Darryl Inaba, PharmD, CATC V, CADC III

Cannabis Use Disorder and Marijuana’s Impact on the Developing Adolescent Brain

Developing adolescent brains are the most vulnerable to negative life, medical and emotional consequences of marijuana use. The current estimate is that 8–9% of all marijuana users will develop Cannabis Use Disorder at sometime in their life. This presentation will examine key neuro-sequential developments of the adolescent brain that

Schedule – Monday, May 2

make it more vulnerable to be negatively impacted by marijuana use and more likely to develop Cannabis Use Disorder. DSM-5 Diagnostic criteria and the withdrawal phenomena of marijuana addiction will be detailed.

Breakout Session Juneau

CE credits: 1.5

Fransing Daisy, PhD and Joseph Cantil

HIV/AIDS: Understanding a Chronic Disease Through a Cultural Lens – Part I

This interactive session will emphasize an overview of HIV disease and AIDS, Alaska/U.S./Global epidemiology, common medical treatment goals and how this impacts the behavioral health provider. Stigma, mental health issues, and chemical dependency negatively impact HIV testing and effective linkage to care. We will also review and explore skills to enhance client centered HIV risk assessment/HIV risk reduction planning as well as the use of helpful local and statewide resources.

Breakout Session Kenai

CE credits: 1.5

Leif Vick, LPC, NCC, CCMHC and Danielle Burke

Integrating Family Systems Into Substance Use Disorder Treatment

It is important to understand the powerful influence of loved ones in the recovery process. This influence can help encourage those with substance user disorders to receive treatment, help them remain engaged in treatment, and allow those being treated to receive an understanding from their loved ones they might not have received without this treatment component. Other benefits may include fewer extended relapses and an ability to remain focused on obtaining long-term sobriety. Treatment providers may not know how to incorporate social supports into specific treatment interventions. Providing information to providers describing how to incorporate friends and family into an individual's treatment may enhance many substance use disorder treatment programs.

11:45 am – Noon Pre-Function Area

Break

Noon – 1:15 pm Pre-Function Area

CE credits: 1

Lunch & Talk: Sheila Raye Charles

Behind the Shades – Hope Beyond the Darkness

Sheila Raye Charles tells the remarkable but difficult journey of her own life and her relationship with her legendary father, Ray Charles. A talented singer and songwriter herself, Charles was handpicked to sing award-winning songwriter Milliea McKinney's "We Are Hope" — a song for our young people that has won both national and international acclaim with its message of hope that is near and dear to Charles' own heart. Although Charles was surrounded by people, she was overwhelmed with loneliness. Those she should have been able to trust had failed her; life itself seemed to mock her attempts to overcome not only her own past but also the choices of those who had lived before her. Sometimes it seemed there was no hope beyond these shadows she could never seem to escape...

1:15 pm – 2:45 pm

BREAKOUT SESSIONS

Breakout Session Haines

CE credits: 1.5

Gregory Bennett, MA, LAT

Improving Professional Knowledge, Skills, Attitudes and Abilities for Adolescents – Part I

This session focuses on the specialty of treating adolescents, evidence-based practices (with a twist), outpatient versus residential treatment, technology, and performance measurement and improvements. Outside the box activities and engaging discussions with case presentations will be covered and attendees will learn how to produce a truly individualized plan of care!

Breakout Session Juneau

CE credits: 1.5

Fransing Daisy, PhD and Joseph Cantil

HIV/AIDS: Understanding a Chronic Disease Through a Cultural Lens – Part II

Breakout Session Denali

CE credits: 1.5

Thomas Durham, PhD, LADC

Motivational Interviewing with Criminal Justice Populations – Part I

This workshop will explore the "spirit" of motivational interviewing and how it can be an effective adjunct to addiction treatment with criminal justice populations. Discussed will be how this approach can effectively contribute to short-term goals of treatment initiation and retention, and its potential in affecting long-term goals of ongoing change and reduction in recidivism. Included will be an exploration of punishment versus motivation throughout the criminal justice culture and the ensuing challenges facing clinicians. Research studies that demonstrate the effectiveness of motivational interviewing with both incarcerated clients and those in community correction settings will be reviewed. Also explored will be the potential benefits of probation, parole, and correction officer training in motivational interviewing.

Breakout Session Kenai

CE credits: 1.5

Rosalie Nadeau, MEd

Management 101 For New Managers

We will be discussing the difference between counseling and managing a company. This session will also go over important subjects that graduate schools fail to teach students who want to run a company.

2:45 pm – 3:15 pm Pre-Function Area

Break

3:15 pm – 4:45 pm

BREAKOUT SESSIONS

Breakout Session Haines

CE credits: 1.5

Gregory Bennett, MA, LAT

Improving Professional Knowledge, Skills, Attitudes and Abilities for Adolescents – Part II

Breakout Session Juneau

CE credits: 1.5

Fransing Daisy, PhD and Joseph Cantil

HIV/AIDS: Understanding a Chronic Disease Through a Cultural Lens – Part III

Schedule – Tuesday, May 3

Breakout Session Denali

CE credits: 1.5

Thomas Durham, PhD, LADC

Motivational Interviewing with Criminal Justice Populations – Part II

Breakout Session Kenai

CE credits: 1.5

Diane Ogilvie, MAEd

Thinking Errors: Yours, Mine & Theirs

Addictions counselors understand and address thinking errors in treatment programs across many levels of care. Counselors know that changing the thinking process requires increasing one's self awareness and lots of practice. However, thinking errors are not limited to the treatment population! Thinking errors can affect even the most seasoned treatment counselor. This interactive workshop will encourage clinicians and counselors to acknowledge how thinking errors can affect the therapeutic alliance and their ability to provide quality care.

TUESDAY, MAY 3

7:15 am – 3:00 pm Pre-Function Area

Exhibits Open

7:15 am – 8:15 am Pre-Function Area

Breakfast

8:15 am – 9:30 am Fairbanks/Anchorage

Plenary

CE credits: 1.25

Don Coyhis

The Wellbriety Movement: Cultural Approaches to Healing

First the individual must heal, then the family can to begin heal, then the community can start to heal, and then the nation can heal. Coyhis will introduce the concept of Wellbriety as balance and connection to the natural laws that create healing within the native community. Culturally based tools will be discussed as a way for changing families. A combination of immense losses and traumatic events that have perpetrated an entire culture need healing as natives across the nation are encouraged to seek to reinstate cultural ways, language and sacred traditions. The unfortunate consequences of trauma include not believing you have a future, difficulties within families, and a distrust of the outside world. This is passed down through direct parent-child interactions and also through interactions with extended family and the community. Healing will take place through application of cultural and spiritual knowledge. Healing of our Native Community is entirely possible.

9:30 am – 10:00 am Pre-Function Area

Break

10:00 am – 11:30 am **BREAKOUT SESSIONS**

Breakout Session Kenai

CE credits: 1.5

Amy Carlson, LCSW

Mindful Stress Reduction

This course uses an East meets West approach to teaching the science of the body and brain, and effective mindful methods to managing stress and emotions. We teach this class as a level 0.5 outpatient educational skill building over a 10 week period and address most of the components in our level 1 intensive outpatient program. This is

a great overview for those looking to manage their own stress more effectively and gain tools to pass on to their entry level clients.

Breakout Session Haines

CE credits: 1.5

Don Coyhis

Rebuilding Healthy Families: Principles of Family Change

This workshop will explore how to mind map a vision for healthy families. Participants will learn to develop skills such as how to utilize the Talking Circle and mind mapping in the visioning process. As a result, participants will be able to explain the process for creating a vision and demonstrate how to mind map a vision of a healthy family based upon the needs and fears of family members regarding children. What does it mean to restore the cycle of life? Participants will walk away with a greater understanding of the cycle of life, and the knowledge that culture is a tool for prevention.

Breakout Session Denali

CE credits: 1.5

Jerry A. Jenkins, MEd, MAC

Black and White Answers to Ethical Issues in the World of Behavioral Health, Really??

The modern day provision of treatment for substance use disorders requires counselors to constantly be vigilant in the area of ethical practice. Evolving issues relating to competency, compensation, boundaries, and technology are ever present. This workshop will provide an update on some of the challenges facing today's practitioner.

Breakout Session Juneau

CE credits: 1.5

Chad D. Morris, PhD

Tobacco Cessation: A Key to Recovery for Persons with Addictions – Part I

Ultimately it doesn't matter what addictions services are offered to clients if they are disabled or dying due to modifiable behaviors such as tobacco use, sedentary behavior, and poor nutrition. For this reason, prevention and wellness services are critical to recovery for persons with substance disorders. Also, there is mounting evidence that offering tobacco cessation services concurrently with substance use treatment significantly increases the effectiveness of alcohol and drug treatment. This presentation will highlight how substance use agencies are effectively integrating tobacco cessation programming into their mission, marketing, and daily practice. Innovative strategies will be described for a continuum of care, including inpatient, outpatient, and residential treatment settings. Morris will outline low burden, evidence-based practices, as well as agency guidance regarding staff training, workflows, treatment planning, and sustainability.

11:30 am – 1:00 pm Pre-Function Area

Lunch and Membership Meeting

Diane Ogilvie, MAEd and Cynthia Moreno Tuohy, NCAC II, CDC III, SAP

1:00 pm – 2:30 pm **BREAKOUT SESSIONS**

Breakout Session Kenai

CE credits: 1.5

Teri Davis, MS, LPC, CDC I

Providing Treatment Services to a Culturally Diverse Population

This workshop will examine some of the different cultures in Alaska and why it is important for mental health and substance use providers to be culturally aware. You will hear about the presenter's experiences

Schedule – Tuesday, May 3

of being raised in rural Alaska and how that background has helped her to provide quality behavioral health services to clients from different cultures in Bethel and the surrounding villages. Considering a client's culture allows for a more applicable treatment plan, thus increasing rates of client success and improving of his or her health and wellness.

Breakout Session Haines

CE credits: 1.5

Gunnar Ebbesson, LPCS, MAC, CDCS and Joseph Nowell, LPCS, MAC, NCC

The Treatment of Trauma in Substance Use Disordered Clients

Research shows that most of the people in SUD treatment have experienced trauma in their lifetime; many suffer from co-occurring PTSD in addition to SUD. This talk will address the assessment of PTSD in an SUD client, discuss the interaction between the disorders, and offer suggestions for treatment.

Breakout Session Denali

CE credits: 1.5

Cynthia Moreno Tuohy, NCAC II, CDC III, SAP

Romancing the Brain Into Recovery – Part I

With funding from NIDA, Cynthia Moreno Tuohy, NCAC II, CDC III, SAP, and Danya International developed and evaluated a multi-component, multi-media tool for use by addiction and other helping professionals to assist adults and youth improve their life traumas and conflict through skills that are an intensive set of psycho-emotional-social-spiritual Cognitive Behavioral Therapy (CBT) treatments. The goal of these treatments is to understand the processes in the limbic and frontal cortex and how to develop self-regulation by building new neuro pathways. Information is based in brain research and CBT treatments that have been effective for treatment and recovery. Other techniques are employed that unify the principles of social learning and emotional intelligence theory. This program affects behavioral learning with emotional development and maturity that results in long-term changes in the brain and behavior.

Breakout Session Juneau

CE credits: 1.5

Chad D. Morris, PhD

Tobacco Cessation: A Key to Recovery for Persons with Addictions – Part II

2:30 pm – 3:00 pm Pre-Function Area

Break

2:00 pm – 5:00 pm Fairbanks/Anchorage

Note: This is a 3-hour session.

CE credits: 3

Autumn Vea, MA and Heather Phelps, MA, LPC, NCC

Central Principles of Supervision: The Benefits of Balancing Administrative and Clinical Supervision

Supervision is an ongoing and evaluative relationship, which develops and reinforces sound clinical practice. Central Principles of Supervision: The Benefits of Balancing Administrative and Clinical Supervision is an intermediate level presentation geared toward supervisors who have some knowledge of supervision practices and direct experience supervising counselors. The eleven principles of supervision, as outlined

in SAMHSA's Clinical Supervision and Professional Development of Substance Abuse Counselors (TIP 52), will be discussed in depth. Through a leaded discussion, participants will gain a deeper understanding of how balancing clinical and administrative supervision results in improved client care and supervisee proficiency. The three hours could count towards the requirements to become an approved chemical dependency clinical supervisor.

3:00 pm – 4:30 pm

BREAKOUT SESSIONS

Breakout Session Juneau

CE credits: 1.5

Tyrone Charles, LPC, NCC, CDVC III

The New ASAM Criteria

This presentation will explore changes in the ASAM Criteria, including the expansion to include more diverse populations, terminology changes, and updated diagnostic criteria.

Breakout Session Kenai

CE credits: 1.5

Teri Davis, MS, LPC, CDC I

Integrating a Behavioral Health Program Into a Primary Care Setting in Rural Alaska

This workshop will provide a basic foundation of knowledge for providers and agencies interested in integrating behavioral health into a primary care setting in rural areas. The presenter will share an in-depth evaluation of the year-long process of designing and implementing a behavioral health program in rural Alaska, including her successes, challenges and mistakes. You will hear testimonials gathered from patients about their experiences of receiving care at an integrated care clinic. The presenter will facilitate an extended question and answer session about integrated care during this workshop, so it may be beneficial to come prepared with questions

Breakout Session Denali

CE credits: 1.5

Cynthia Moreno Tuohy, NCAC II, CDC III, SAP

Romancing the Brain Into Recovery – Part II

Breakout Session Haines

CE credits: 1.5

Carolyn Heyman-Layne, JD

42 CFR Part 2 and HIPAA – What Does It Have To Do With You?

This session will present an update on the issues of new technologies (text, Skype, Facebook, other electronic communications) and client privacy as it relates to 42 CFR Part 2 and HIPAA regulations and will include a discussion of new conversations to change 42 CFR Part 2 and how those could affect your practice and your clients. It is vital to understand how the current code secures and protects addiction related clients and the counselors that serve them.

Presenters



Gregory J. Bennett, LAT, MA, received his Bachelor of Science from The University of South Dakota, School of Medicine and was a Track and Field Student Athlete (2005). Bennett received his Master of Arts (via an Assistantship Scholarship) in Educational Psychology, Addiction Therapy, Professional Counseling (2006). Bennett is a current Executive Committee Member for NAADAC as the NWRVP and has been a member of NAADAC since 2003. Bennett opened a private practice in 2007 and a non-profit Adolescent Residential Facility in April of 2009. Bennett specializes in adolescent males, a highly individualized evidence-based clinical practice. In December of 2015, he recently received a 96.5% compliance to the 1,317 Standards to CARF in Northwest Wyoming Treatment Center's first CARF Accreditation Process. Bennett received the Outstanding Achievement Award from USD in 2005 and Emerging Leaders of the Year Award from NAADAC in 2006.



Danielle Burke has been interning in the Intensive Outpatient Program (IOP) for Substance Use Disorders at Turning Point Counseling Services in Fairbanks Alaska for the past year and is in her last semester of a master's program working toward obtaining her Master in Counseling at UAF. Burke has been working on the importance and effectiveness of integrating family support into the treatment of substance use disorders as her project for her master's program. Upon graduating, while also counseling individual clients, Burke will continue to co-facilitate the IOP and improve incorporation of family into the program. Her experience includes training in trauma therapy with Brainspotting and mindfulness practices involving meditation and yoga



Joe Cantil (Tsimpshian/Filipino/Caucasian) has been on the forefront of HIV prevention and HIV care system development since 1993 in Alaska. He served as the Alaska Native Health Board's HIV Prevention Project Manager from 1993 to 2000 and as the HIV/AIDS Training Coordinator at the Alaska Native Tribal Health Consortium from 2003 to the present. Cantil has worked with regional Alaska strategies, developed curriculum and advocated for promising and best practices throughout Alaska. He believes our future is in educating young people about healthy relationships and, of course, safer sex. He also believes our greatest challenge in understanding effective interventions is stigma.



Amy Carlson, LCSW, is a clinician at Turning Point Counseling Services in Fairbanks. She received her bachelor's degree in Social Work from Idaho State University in 2005 and a Master in Clinical Social Work from Walla Walla University in 2007. She has spent over 15 years in the Social Work field working with adolescents and their families. She was a member of the Blackfoot Drug Prevention Coalition for five years and is working towards her MAC. She specializes in anxiety, depression, and working with family members of those with substance abuse disorders, using client centered, CBT, trauma informed care, and Brainspotting.



Sheila Raye Charles creates her own distinct sound while delivering her intensely inspiring message of hope and love. As an entertaining and engaging vocalist, Charles is able to inspire her audiences with stories of her life challenges of drug addiction and recovery, and of her spiritual journey and personal growth while at the same time delivering meaty, life giving music. With the publication of her life story, *Behind the Shades*, Charles provides insight into her life and her path to God. Recently, Charles was designated as the National Spokesperson for the Raye of Hope For Recovery Crusade. The Crusade collaborates with local and national community collaborative partners interested in education and preventive measures of addressing issues surrounding the effects of substance use disorder/addiction and its fatalities.



Tyrone Charles, LPC, NCC, CDVC III, is a Licensed Professional Counselor, National Certified Counselor, Certified Domestic Violence Counselor, Chemical Dependency Counselor, Master Addiction Counselor, and Prime for Life Certified Instructor. He also has his CDVC III certification and is a Counselor Supervisor for Professional Counselor Licensure. He has also worked as an Adult Alcohol Drug Information School Instructor. Charles obtained his MA in Agency Counseling from the University of Northern Colorado, his MEd in Human Resource Education and Leadership and Service from Boston University, and his BS in Occupational Education from Southern Illinois University-Carbondale. He also studied Advanced Clinical Hypnotherapy at Wellness Institute. Charles is in private practice in Anchorage, AK.



Don Coyhis, Mohican Nation, is the President and Founder of White Bison, Inc., an American Indian non-profit organization, located in Colorado Springs, CO. Coyhis originally set out to raise awareness and treat alcoholism among Indian youth on the reservations. After studying the underlying causes of alcoholism, White Bison's mission expanded to include drug addiction, dysfunctional families and relationships, and suicide prevention. From this, the Wellbriety Movement was born. The teachings of Wellbriety go beyond being sober to include thriving in the community and being balanced emotionally, mentally, physical and spiritually. Over the past 26 years, Coyhis has developed a series of culturally-based programs to address recovery and treatment, youth prevention and treatment, programs for healthy families, and healing from unresolved grief and traumatic loss due to intergenerational trauma. These programs are designed help with all facets of family healing and have been implemented throughout the U.S. and Canada.



Fransing Daisy, PhD, is a licensed clinical psychologist and HIV behavioral health educator who works with NW AETC. She has collaborated with ANTHC to provide HIV/AIDS behavioral health training to providers since 2003. Since the 1970s, she has been providing counseling for patients experiencing psychological concerns associated with chronic illness.

Presenters



Teri Davis, MS, LPC, CDC I, was born and raised in Bethel, AK. She completed her bachelor's degree in Health Sciences & Psychology at Boise State University and her Master of Science in Counseling Psychology at Alaska Pacific University. She is a licensed professional counselor and is certified as a clinical trauma professional and a chemical dependency counselor. She has spent a majority of her career providing treatment services in rural Alaska. She has extensive experience working in multiple integrated health care settings and in 2014 she developed a behavioral health program and coordinated its integration into a primary care setting. She currently oversees this program while providing mental health and substance use services to adults and children in Bethel. She enjoys outdoor activities and spending time with her loved ones.



David A. Dickinson, MA, has over 35 years of experience in the field of behavioral health, working in clinical service delivery as a counselor, program manager, and agency director, as well as serving in leadership positions in state government in Kansas and Washington. His clinical career also included service delivery in California, Colorado, and Oregon. Prior to his position as SAMHSA Regional Administrator for HHS Region X, Dickinson served as the Director of the Division of Behavioral Health and Recovery (DBHR) in the Department of Social and Health Services for the State of Washington.



Thomas Durham, PhD, LADC, has been involved in the field of addiction treatment since 1974 as a counselor, clinical supervisor, program director and educator. As Director of Training at NAADAC, he is responsible for the assessment, coordination, curriculum development and delivery of training to professionals in the field of addictions treatment. Durham also teaches graduate courses in psychology at Northcentral University. Durham previously worked in government contracting with SAMHSA and the Department of Defense. He has also served as a consultant and trainer for the Federal Bureau of Prisons' addiction treatment programs. A seasoned curriculum developer and trainer, Durham has been conducting training for over 25 years on a variety of topics on the treatment of addictions including motivational interviewing, co-occurring disorders, and clinical supervision.



Gunnar Ebbesson, LPCS, MAC, CDCS, is the co-founder and clinical director of Turning Point Counseling Services in Fairbanks. He received his Master in Community Psychology from the University of Alaska in Fairbanks in 2002. His experience includes work in the field of co-occurring disorders treatment and prevention as the project director of a large NIH funded research project to increase protection and wellness in Alaska Native Youth on the west coast of Alaska; as an outpatient child and family therapist in community behavioral health; and as co-founder of Turning Point Counseling Services in Fairbanks. Ebbesson specializes in the treatment of co-occurring PTSD and SUD and uses a wide variety of interventions including EMDR, Brainspotting, Trauma Sensitive Yoga, mindfulness training, and stress reduction techniques in his facility to address these complicated issues.



Carolyn Heyman-Layne, JD, is a healthcare attorney who also provides business and transactional advice to her healthcare and non-profit clients. She assists clients with a wide variety of issues including HIPAA compliance, medical billing audits, corporate formation, real estate contracts, and healthcare policies and procedures. She graduated from Smith College in 1998, Duke University School of Law in 2001 and became a member of Sedor, Wendlandt, Evans & Filippi in 2009. She is a member of the American Health Lawyers Association, co-chair of the Alaska Bar Healthcare Law section and currently serves on the boards of the Atwood Foundation and Alaska Legal Services Corporation.



Darryl Inaba, PharmD, CATC V, CADC III, is Director of Clinical and Behavioral Health Services for the Addictions Recovery Center and Director of Research and Education of CNS Productions in Medford, OR. He is an associate Clinical Professor at the University of California in San Francisco, Special Consultant, Instructor, at the University of Utah School on Alcohol and Other Drug Dependencies in Salt Lake City, and a Lifetime Fellow at Haight Ashbury Free Clinics, Inc., in San Francisco. Inaba has authored several papers and award winning educational films and is co-author of *Uppers, Downers, All Arounders*, a text on addiction and related disorders that is used in more than 400 colleges and universities. He has been honored with over 90 individual awards for his work in the areas of prevention and treatment of substance use disorders. For more information, visit: www.cnsproductions.com/46.html.



Jerry Jenkins, MEd, MAC, is the Chief Executive Officer of Anchorage/Fairbanks Community Mental Health Services and is President of the Alaska Behavioral Health Association. Anchorage/Fairbanks Community Mental Health Services provide behavioral health services across the span of life. Ages served range from 2 to 100. Jenkins has over 33 years of experience in treating mental illness and substance use disorders. He has worked in and managed community based, outpatient, halfway and residential treatment programs. He is an advocate for safe, affordable, and accommodating housing for consumers, as well as recovery as the expectation for behavioral health care with particular emphasis on being trauma informed.



Cynthia Moreno Tuohy, NCAC II, CDC III, SAP, is the Executive Director of NAADAC. She previously served as the Project Director of Central East Addiction Technology Transfer Center. Moreno Tuohy was the Program Director for Volunteers of America Western Washington, serving homeless populations and the co-occurrence of poverty and substance use disorder issues. She has been the administrator of multi-county, publicly-funded alcohol/drug prevention intervention and treatment centers. She has been an international, national, and state trainer for over 25 years in a variety of topics. She has also served as President of NAADAC and has worked as a curriculum writer. Her book, *Rein in Your Brain: From Impulsivity to Thoughtful Living in Recovery*, was released in May of 2014 by Hazelden Publishers. Moreno Tuohy holds a bachelor's degree in social work and advanced studies degrees in social work and public administration.

Presenters



Chad Morris, PhD, is an Associate Professor at the University of Colorado Denver, Department of Psychiatry, and Director of the Behavioral Health & Wellness Program and Co-Director of the Interdisciplinary Wellness Leadership Institute. At UCD, he is the principal investigator of multiple studies exploring the effectiveness of organizational, psychosocial, and pharmacologic wellness and tobacco cessation strategies. As the Vice President of Spark Inspiration, Morris also offers corporate wellness solutions. Morris has provided clinical, public policy and program evaluation consultation across 30 states to mental health and addictions treatment agencies. Currently, he serves on a number of boards, including the North American Quitline Consortium

Rosalie Nadeau, MED, was raised on an Idaho livestock ranch. She worked as a Deputy Sheriff before obtaining her bachelor's degree from Boise State and her master's degree from Idaho State. Nadeau's first professional job was as an instructor at Boise State. She then began working for the Boise State University President's administration. Nadeau's next move was to Washington, DC, where she became Director of Youth Programs and directed 17 programs spread over the United States. Her final move was to Alaska, where she began as the director of a shelter for homeless women and their children. She subsequently managed the local suicide prevention program and worked for the Armed Services YMCA. Finally, she landed at Akeela, Inc. a residential treatment program. Twenty-four years later, that small program is the largest behavioral health program in the state with programs that stretch from Nome to Ketchikan and range from traditional substance use programs to complete community mental health programs.



Joseph Nowell, LPCS, MAC, NCC, holds an MS in Counseling Psychology and an MEd in Adult Education from the University of Southern Mississippi. He is currently the President and Programs Director for Turning Point Counseling Services in Fairbanks. Nowell has 15 years of experience in helping people heal from substance use and mental health disorders. He approaches therapy as a solution oriented therapist, and has advanced training in BSP and EMDR reprocessing therapies. He is experienced in treating a wide variety of issues but specializes in the treatment of addiction and depression, as well as trauma and anxiety.



Diane C. Ogilvie, MAEd, is the Chief Training Officer for Akeela Inc. In 2015, she became the director of DOC SUD contract programs overseeing 26 correctional institutions and community-based programs and 47 staff located throughout Alaska. Ogilvie has an MA in Elementary Education from Northern Arizona University and completed postgraduate work in Human Development at Arizona State University. An Arizona native, Ogilvie began her clinical work as a primary counselor working with adolescents. In her 17-year tenure with Akeela, Inc., Ogilvie has served many roles, including Deputy Executive Director supervising all of the Alaska Women's Resource Center (AWRC) programs. Ogilvie is an experienced behavioral health trainer and has delivered training throughout Alaska, from north of the Arctic Circle to the Islands in southeastern part of the state, and nationally.

Heather Phelps, MA, LPC, NCC, has 18 years of professional experience providing clinical services to individuals with mental health and substance use issues. She has worked in corrections, juvenile justice, outpatient and residential substance use disorder programs with adults and in mental health residential treatment with adolescents. Additionally, Phelps is a skilled trainer and enjoys educating others about professional development, including supervision and clinical skills.



Stacy Toner is a fourth generation Alaskan, born and raised in Juneau. Over the course of her 14 years with DHSS, she served as Program Officer for Out of Home Care with the Office of Children's Services and as Deputy Director for the Division of Behavioral Health. She is the Project Director of the Alaska Partnership for Adolescent Treatment and the Certified Community Behavioral Health Centers Planning Grant. Toner worked for Juneau Youth Services in the areas of Emergency Crisis Assessment and Stabilization, Family Mediation, Runaway Outreach and Mobile Crisis Services; she was also the Quality Director for their large Adolescent Residential and Day Treatment system. She served on the Bartlett Regional Hospital Board of Directors for 10 years, including two years as President and eight years on the Executive Committee. She graduated with a MA in Counseling Psychology from Gonzaga University and is a Licensed Professional Counselor in Alaska.



Autumn Vea, MA, has extensive experience fostering customer relations and applying regulations and policy in a quality assurance capacity. Currently, she initiates, develops, monitors, and supervises substance use disorder treatment rehabilitation programs statewide for Alaska Department of Corrections. Her educational background in organization management lends for an administrative view on the importance of supervision in the substance treatment field.



Leif Vick, LPC, NCC, CCMHC, is the director of the Intensive Outpatient Program (IOP) for Substance Use Disorders at Turning Point Counseling Services in Fairbanks. Vick has been a part of the IOP for over four years and received his Master of Education in Counseling from UAF in 2012. He maintains a practice of individual clients for a variety of mental health needs. Vick has specialized training in the treatment of trauma, including EMDR and Brainspotting, and has extensive experience in mindfulness, emotional regulation and distress tolerance.

