



Defining Addiction Recovery

- [SAMHSA's Working Definition of Recovery from Mental Disorders and Substance Use Disorders](#)
- [Betty Ford Institute Consensus Panel. \(2007\). What is recovery? A working definition from the Betty Ford Institute. *Journal of Substance Abuse Treatment* , 33 , 221-228.](#)
- [White, W. L. \(2007\). Addiction recovery: Its definition and conceptual boundaries. *Journal of Substance Abuse Treatment* , 33 , 229-241.](#)

What Does Science Say? Reviewing Recovery Research

- [White, W. L. \(2012\). *Recovery/remission from substance use disorders: An analysis of reported outcomes in 415 scientific studies, 1868-2011* . Chicago: Great Lakes Addiction Technology Transfer Center; Philadelphia Department of Behavioral Health and Developmental disabilities; Northeast Addiction Technology Transfer Center.](#)
- [White, W., & Kurtz, E. \(2006\). The varieties of recovery experience. *International*](#)

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\(1-2\), 21-61.](#)

Defining Recovery-Oriented Systems of Care (ROSC)

- [White, W. L. \(2008\). Recovery management and recovery-oriented systems of care: Scientific rationale and promising practices. Pittsburgh, PA: Northeast Addiction Technology Transfer Center, Great Lakes Addiction Technology Transfer Center, Philadelphia Department of Behavioral Health & Mental Retardation Services.](#)
- [White, W. \(2006\). *Sponsor, Recovery Coach, Addiction Counselor: The Importance of Role Clarity and Role Integrity*. Philadelphia, PA: Philadelphia Department of Behavioral Health and Mental Retardation Services.](#)
- [Philadelphia Behavioral Health Services Transformation Practice Guidelines for Recovery and Resilience Oriented Treatment](#)

The History of Recovery in the United States and the Addiction Profession

- [White, W. \(2009\). The mobilization of community resources to support long-term addiction recovery. *Journal of Substance Abuse Treatment*, 36, 146-58.](#)
- [White, W., Kelly, J. & Roth, J. \(2012\). New addiction recovery support institutions: Mobilizing support beyond professional addiction treatment and recovery mutual aid. *Journal of Groups in Addiction & Recovery*, 7\(2-4\), 297-317.](#)
- [White, W. \(1998\). *Slaying the dragon: The history of addiction treatment and recovery in America*. Bloomington, IL: Chestnut Health Systems/Lighthouse Institute.](#)

Using Recovery-Oriented Principles in Addiction Counseling Practice

- [Conflict Resolution for Clients and Professionals](#) free, 2-hour webinar by NAADAC
- [Anda, R. \(2012\). *The Health and Social Impact of Growing Up With Alcohol Abuse and Related Adverse Childhood Experiences: The Human and Economic Costs of the Status Quo*](#)

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- [Sheedy C. K., and Whitter M., *Guiding Principles and Elements of Recovery-Oriented Systems of Care: What Do We Know From the Research?* \(2009\). HHS Publication No. \(SMA\) 09-4439. Rockville, MD: Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration.](#)
- [SAMHSA \(2001.\) *A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals.* HHS Publication No. \(SMA\) 01-3498. Rockville, MD: Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration.](#)

Understanding the Role of Peer Recovery Coaches in the Addiction Profession

- [White, W. \(2009\). *Peer-based Addiction Recovery Support: History, Theory, Practice, and Scientific Evaluation.* Chicago, IL: Great Lakes Addiction Technology Transfer Center.](#)
- [White, W. \(2006\). *Sponsor, Recovery Coach, Addiction Counselor: The Importance of Role Clarity and Role Integrity.* Philadelphia, PA: Philadelphia Department of Behavioral Health and Mental Retardation Services.](#)
- [White, W., the PRO-ACT Ethics Workgroup, with legal discussion by Popovits R. & Donohue, B. \(2007\). *Ethical Guidelines for the Delivery of Peer-based Recovery Support Services* . Philadelphia: Philadelphia Department of Behavioral Health and Mental Retardation Services.](#)
- [SAMHSA. \(2011\). *Recovery Support Services: Peer Recovery Support Coaching.*](#)
- [Substance Abuse Mental Health Services Administration. \(2012\). *Report of the Expert Panel, March 21-22, 2012, Equipping Behavioral Health Systems & Authorities to Promote Peer Specialist/Recovery Coaching Services.*](#)

Exploring Techniques to Support Long-term Addiction Recovery for Clients and Families

- [Borkman, T. \(1998\). *Is recovery planning any different from treatment planning?* *Journal of Substance Abuse Treatment*](#)

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(1), 37-42.

- [Pathways to Healing and Recovery: Perspectives from Individuals with Histories of Alcohol and Other Drug Problems, Abt Associates Inc. and Hart Research Associates, November 2010.](#)

Collaborating with Other Professions, Professionals and Communities

- [Sample Confidentiality Release Form](#)
- [White, W. & Kurtz, E. \(2006\). *Linking Addiction Treatment and Communities of Recovery: A Primer for Addiction Counselors and Recovery Coaches*. Pittsburgh, PA: IRETA/NeATTC.](#)
- [White, W. \(2002\). The treatment renewal movement. *Counselor* , 3\(1\), 59-61.](#)

Including Family and Community in the Recovery Process

- [Laudet, A. B., & White, W. L. \(2008\). Recovery capital as prospective predictor of sustained recovery, life satisfaction and stress among former poly-substance users. *Substance Use and Misuse*, 43\(1\), 27-54.](#)
- [White, W. L., & Cloud, W. \(2008\). Recovery capital: A primer for addictions professionals. *Counselor*, 9\(5\), 22-27.](#)
- [Center for Substance Abuse Treatment. Substance Abuse Treatment and Family Therapy. Rockville \(MD\): Substance Abuse and Mental Health Services Administration \(US\); 2004. \(Treatment Improvement Protocol \(TIP\) Series, No. 39.\)](#)

[Read more about the Recovery to Practice \(RTP\) Initiative](#)