



**NAADAC, The Association for Addiction Professionals,
American Mental Health Counselors Association,
Florida NAADAC and Florida MHCA Present**

Co-Occurring Disorders: Coordinating Treatment for Substance Abuse Disorders and Mental Health Illnesses

and

Coping with HIV/AIDS & Managing Stress and Violence Seminars

**January 27th and 28th, 2005
Wyndham Orlando Resort • Orlando, Florida**

12.5 hours of CEUs are being offered

Funding for January 27, 2005
sessions made possible by



Funding for January 28, 2005
sessions made possible by
Florida NAADAC and NAADAC

Co-Occurring Disorders

Co-occurring mental health and substance abuse disorders are a significant problem in the United States today. Estimates suggest that up to 10 million people in this country have a combination of at least one co-occurring mental health and substance-related disorder in any given year. Of these 10 million, three million have at least three disorders with one million people having four or more disorders (Source: Substance Abuse and Mental Health Services Administration, <http://oas.samhsa.gov/2k4/coOccurring/coOccurring.cfm>). These numbers illustrate an enormous population that demands treatment for the various diagnoses that they face.

Individuals with co-occurring disorders tend to be more symptomatic; they have multiple health and social problems and require more costly care. Of the estimated 7.2 million adults between the ages of 18 and 54 with co-occurring disorders who are living in the average household, a majority receives no treatment at all, not even in the primary health care sector (Source: Substance Abuse and Mental Health Services Administration, <http://oas.samhsa.gov/2k4/coOccurring/coOccurring.cfm>).

To promote the highest levels of treatment, co-occurring disorders need to be addressed by the substance abuse and mental health systems as well as the primary health care system. People with co-occurring disorders are a varied group with multiple medical and social problems; not only are they at increased risk for incarceration and homelessness, but significant numbers are HIV-positive. Post-traumatic stress disorder (PTSD) is also a significant health issue for this group.

Historically, there have been a number of barriers to providing effective treatment for people with co-occurring substance abuse and mental health disorders. The substance abuse and mental health systems tend to operate independently from one another and from the primary health care system. A lack of cross-communication, in addition to the burden of regulation and paperwork, has often created an extra barrier in the continuum of care for patients with co-occurring disorders.

Substance abuse and mental health communities have taken a number of important steps in recent years to find common ground. Recognizing the need to work together on behalf of individuals with co-occurring disorders, ties need to be forged to create innovative initiatives at the Federal, State, and local levels. The Substance Abuse and Mental Health Service Administration (SAMHSA) has funded this conference to encourage a discussion of best prevention and treatment practices, education and training and strategies to deal with co-occurring disorders. This is a first step in developing solutions and strategies for substance abuse and mental health counselors.



Conference Agenda

JANUARY 27, 2005

NAADAC and AMHCA present

Co-Occurring Disorders: Coordinating Treatment for Substance Abuse Disorders and Mental Health Illnesses

8:30am–9:00am	Registration/Sign-In
9:00am–9:15am	Conference Opening
9:15am–9:30am	Remarks by H. Westley Clark, MD, JD, MPH
9:30am–10:45am	Session One: Mark McGovern, PhD “Overview of Co-occurring Disorders”
10:45am–11:00am	Break
11:00am–12:00pm	Session Two: Mark McGovern, PhD “Principles of Successful Treatment and the Coordinated Disease and Recovery Model of Care”
12:00pm–12:45pm	Lunch
1:00pm–2:05pm	Session Three: Paul Potter, MSW, MAC and Mary Woods, RNC, LADC, MSHS “Practical Treatment Experience”
2:05pm–2:30pm	Explanation and Transition Breakout Groups
2:30pm–3:15pm	Break into groups: Discuss solutions to “Practice Implementation Barriers”
3:15pm–3:30pm	Participants assemble for presentations
3:30pm–4:30pm	Groups present their ideas
4:30pm–5:00pm	Concluding remarks and questions
5:00pm	Fill out and hand in evaluation of program

JANUARY 28, 2005

Florida NAADAC, Florida MHCA and NAADAC present

Coping with HIV/AIDS and Stress and Violence Management

8:00am–8:30am	Registration/Sign-In
9:00am–12:00pm	Jay Lee, PhD “Stress and Violence Management”
12:00pm–1:30pm	Florida NAADAC Lunch and Membership Meeting (open to all)
1:30pm–4:30pm	John Bonnage, PhD “Strategies for Coping with HIV/AIDS”



Sponsored by

Speaker Biographies

JANUARY 27th



H. Westley Clark, MD, JD, MPH, CAS, FASAM Dr. Clark is the Director of the Center for Substance Abuse Treatment (CSAT) of the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services. He leads the agency’s national effort to provide effective and accessible treatment to all Americans with addictive disorders.

Dr. Clark joined CSAT following his tenure as Chief of Associated Substance Abuse Programs at the Department of Veterans Affairs Medical Center, San Francisco. Dr. Clark has also served as a Senior Program consultant to the Robert Wood Johnson Substance Abuse Policy Program. Dr. Clark’s academic areas of expertise include substance abuse treatment, methadone maintenance, pain management, dual diagnosis, psychopharmacology, anger management, and medical and legal issues.

Mark McGovern, PhD Dr. McGovern is an Associate Professor of Psychiatry at Dartmouth Medical School. He joined Dartmouth in 2001 after 15 years on the faculty of the Department of Psychiatry and Behavioral Sciences at Northwestern University Medical School in Chicago, Illinois. Dr. McGovern specializes in the treatment of substance use disorders and practices through the Department of Psychiatry at Dartmouth Hitchcock Medical Center. He has studied and published widely in the area of addiction treatment services research. He has conducted projects in a variety of settings including inner city detoxification programs, community mental health centers, state psychiatric hospitals, academic medical centers, office-based practices and in private specialty treatment programs.

Dr. McGovern has worked extensively with special populations, including impaired health care professionals. He has also worked with the National Football League's Program for Substance Abuse since its inception in 1995. He has conducted training and research in the assessment and treatment of the dual diagnosis patient in both psychiatric and addiction treatment systems. Currently, Dr. McGovern is the Director of the Dartmouth Center on Addiction, Recovery and Education, a consultant to the State of New Hampshire Division on Alcohol and Drug Abuse and on the research faculty of the New Hampshire-Dartmouth Psychiatric Research Center. He specializes in co-occurring disorders in addiction treatment programs, treatment system improvement with evidence based practices and greater specificity in the care of persons suffering from substance abuse problems.



Mary Woods, RNC, LADC, MSHS Ms. Woods began her term as President of NAADAC, The Association of Addiction Professionals, in October 2004. Woods is a Licensed Registered Nurse and a Licensed Alcohol and Drug Abuse Counselor with over 20 years experience in substance abuse services and community mental health programs and is currently employed as the Chief Executive Officer and Treasurer for The Westbridge Institute in Manchester, New Hampshire.

Woods began her career in 1978 in the addictions profession as a nurse practitioner at the Kenmore Square Detoxification Facility, in Boston, Massachusetts. She moved on to the Catholic Medical Center's Detoxification Unit where she was employed as a staff nurse for three years. After leaving the Catholic Medical Center, Woods moved to the Farnum Center in Manchester, New Hampshire where she worked as an addiction counselor, as coordinator of the New Beginnings Halfway House for Women and as a clinician in the Farnum Center's Outpatient Clinic. Woods joined the Mental Health Center of Greater Manchester in 1993 working initially as the *Gemini* program's substance abuse counselor and eventually serving as Director of Substance Abuse Services.

Paul Potter, MSW, CADC III, MAC Mr. Potter is the Director of Integrated Addictions and Mental Health Treatment Services at Cascadia Behavioral Healthcare in Portland, Oregon. Cascadia is a community-based behavioral healthcare organization that provides high-quality, innovative services to strengthen the health of individuals, families, and their communities. Potter's duties include providing direction, supervision, and administration of addictions and co-occurring disorders treatment programs.

JANUARY 28th

John Bonnage, PhD Mr. Bonnage works as an HIV/AIDS Specialist for the American Federation of State, County, and Municipal Employees (AFSCME). Since 1981, more than 500,000 Americans have been diagnosed with AIDS and a quarter of a million have died. AIDS is now the leading cause of death among men between the ages of 25 and 44, their prime working years. It is the third leading cause of death among women in the same age group. About a million Americans are infected with HIV.

Jay Lee, PhD Dr. Lee is the President and principle of B.Y. Lee & Associates. Over the last 30 years, he has successfully consulted with over 100 organizations in a variety of areas including: evaluation and outcome measurements, managed care contracting, accreditation/licensure compliance and HR/EAP. From 1996–2002, Lee served as the Chief Operating Officer of Osprey Health Care, the largest behavioral health provider network in Palm Beach County, Florida. He has professional experience in the behavioral healthcare and human services field as a therapist, EAP consultant, clinical director, hospital administrator, and healthcare educator. Lee has served as an instructor for the FBI medical services, as well as an adjunct faculty member in the Health Care Administration's departments at LYNN University and NOVA University. He holds a doctorate degree in Health Care Administration and a master's degree in sociology.

Registration Form

Yes, I want to attend the sessions!

- I will attend **Day 1** (Co-occurring disorders plenary and workshops)
\$40 NAADAC/AMHCA members / \$55 non-members (6.5 CEUs)
- I will attend **Day 2** (workshops sponsored by Florida NAADAC)
\$40 NAADAC/AMHCA members / \$55 non-members (6 CEUs)
- I will attend **both days**
\$70 NAADAC/AMHCA members / \$100 non-members (12.5 CEUs)

If you would like to receive the discount and are not a NAADAC/AMHCA member, please call NAADAC at 1-800-548-0497 or AMHCA at 1-800-326-2642.

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E-MAIL: dkuehn@naadac.org

For more information visit www.naadac.org

Continuing Education Credits

The conference will provide 12.5 hours of Continuing Education Units (CEUs). Six and a half (6.5) units will be provided on Thursday, January 27, 2005 and six (6) on Friday, January 28, 2005. CEUs are recognized by the Florida Board for Addiction Professionals and NAADAC. Continuing Education credits will also be provided for AMHCA members and any other participants that require credits from the National Board for Certified Counselors (NBCC). Approved for Social Work Continuing Education Credits.

Hotel Information

Rooms are available at the Wyndham Orlando Resort
8001 International Drive • Orlando, FL 32819 U.S.A.
\$139.00 room rate (double or king)

Call 407-351-2420 for reservations (mention NAADAC when making your reservation) or visit

www.wyndham.com/hotels/MCOWD/main.wnt



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