



**NAADAC, The Association for Addiction Professionals,  
American Mental Health Counselors Association,  
Association of Alcohol & Drug Abuse Counselors of Oregon,  
Oregon Mental Health Counselors Association,  
The Washington Mental Health Counselors Association and the  
Chemical Dependency Professionals of Washington Present**

# **Co-Occurring Disorders: Coordinating Treatment for Substance Abuse Disorders and Mental Health Illnesses**

**March 17–18, 2005**

**Holiday Inn Portland Airport • 8439 NE Columbia Boulevard  
Portland, Oregon**

13.5 hours of CEUs are being offered

Funding for March 17, 2005  
made possible by

**CSAT** Center for  
Substance Abuse  
Treatment

**SAMHSA** Substance Abuse and Mental Health  
Services Administration

Funding for March 18, 2005  
sessions made possible by  
AADACO and CDPWS

# Conference Agenda

**MARCH 17, 2005**

**NAADAC and American Mental Health Counselors Association present  
Co-Occurring Disorders: Coordinating Treatment for  
Substance Abuse Disorders and Mental Health Illnesses**

- 8:30am–9:00am Registration/Sign-In  
9:00am–9:15am Conference Opening  
9:15am–10:45am **Session One: Mark McGovern, PhD  
“Overview of Co-occurring Disorders”**  
10:45am–11:00am Break  
10:45am–12:00pm **Session Two: Mark McGovern, PhD  
“Principles of Successful Treatment and the Coordinated  
Disease and Recovery Model of Care”**  
12:00pm–1:00pm Lunch  
1:00pm–2:30pm **Session Three: Mary Ryan Woods, RNC, LADC, MSHS  
and Jim Holder III, MA, MAC, LPC, LPCS  
“Practical Treatment Experience”**  
2:30pm–2:45pm **Explanation and Transition Breakout Groups**  
2:45pm–3:40pm **Breakout Group Discussion  
“Solutions to Practice Implementation Barriers”**  
3:40pm–3:50pm Participants assemble for presentations  
3:50pm–4:30pm Groups present their ideas  
4:30pm–4:50pm Concluding remarks and questions  
4:50pm–5:00pm Evaluation of program

**MARCH 18, 2005**

**Pacific Northwest Conference**

- 8:00am–8:30am Registration/Sign-In  
8:30am–12:00pm **Workshop One, Part 1: “From Pre-Contemplation to  
Maintenance: Applying Evidence Based Practice to the  
Integrated Treatment of Co-Occurring Disorders.”  
Presenter: Rhonda McKillip, MEd, LMHC, MAC, CCDCIII**  
8:30am–12:00pm **Workshop Two, Part 1: Panel Discussion: “Co-Occurring  
Disorders and Chemical Addictions: Assessment,  
Diagnosis, Treatment and Referral”  
Facilitator: Joe Steiner, MS, MAC, CADC III  
Invited Participants:  
Terri Wheeler, BS, CADC II, Case Manager, Hazelden  
Springbrook, Newberg, Oregon  
Kara Sundahl, MEd, LPC, Triage Assessment Coordinator for  
Co-Occurring Disorders, Serenity Lane, Eugene, Oregon  
Jeannette Barnes Murray-Steiner, MS, MAC, CADC III,  
Trainer, Consultant, Seminars Plus, Hood River, Oregon**  
12:30am–1:30pm Lunch on your own  
1:30pm–5:00pm Workshop One, Part 2: (continued from morning)  
1:30pm–5:00pm Workshop Two, Part 2: (continued from morning)

## Speaker Biographies

**MARCH 17th**

**Mark McGovern, PhD**, is an Associate Professor of Psychiatry at Dartmouth Medical School. He joined Dartmouth in 2001 after 15 years on the faculty of the Department of Psychiatry and Behavioral Sciences at Northwestern University Medical School in Chicago. Dr. McGovern specializes in the treatment of substance use disorders and practices through the Department of Psychiatry at Dartmouth Hitchcock Medical Center. He has studied and published widely in the area of addiction treatment services research. He has conducted projects in a variety of settings including inner city detoxification programs, community mental health centers, state psychiatric hospitals, academic medical centers, office-based practices and in private specialty treatment programs.

Dr. McGovern has worked extensively with special populations, including impaired health care professionals. He has also worked with the National Football League's Program for Substance Abuse since its inception in 1995. He has conducted training and research in the assessment and treatment of the dual diagnosis patient in both psychiatric and addiction treatment systems. Currently Dr. McGovern is the Director of the Dartmouth Center on Addiction, Recovery and Education, a consultant to the State of New Hampshire Division on Alcohol and Drug Abuse and on the research faculty of the New Hampshire-Dartmouth Psychiatric Research Center. He specializes co-occurring disorders in addiction treatment programs, treatment system improvement with evidence based practices and greater specificity in the care of persons suffering from substance abuse problems.



**Mary Woods, RNC, LADC, MSHS**, began her term as President of NAADAC, The Association of Addiction Professionals, in October 2004. Woods is a Licensed Registered Nurse and a Licensed Alcohol and Drug Abuse Counselor with over 20 years experience in substance abuse services and community mental health programs. She is currently employed as the Chief Executive Officer and Treasurer for The Westbridge Institute in Manchester, New Hampshire.

Woods began her career in 1978 in the addictions profession as a nurse practitioner at the Kenmore Square Detoxification Facility, in Boston. She moved on to the Catholic Medical Center's Detoxification Unit where she was employed as a staff nurse for three years. After leaving the Catholic Medical Center, Woods moved to the Farnum Center in Manchester, where she worked as an addiction counselor, as coordinator of the New Beginnings Halfway House for Women and as a clinician in the Farnum Center's Outpatient Clinic. Woods joined the Mental Health Center of Greater Manchester in 1993 working initially as the *Gemini* program's substance abuse counselor and eventually serving as Director of Substance Abuse Services.



**Jim Holder III, MA, MAC, LPC, LPCS**, has 29 years of experience dealing with substance abuse and co-occurring disorders and is currently the Intensive Outpatient Substance Abuse Services Coordinator for Behavioral Health at McLeod Regional Medical Center in Florence, South Carolina. Holder developed McLeod's Intensive Outpatient Program for dual diagnosis in 1995 and is now training staff in the treatment and assessment of the dually diagnosed in their psychiatric unit. Holder first identified his work with dual diagnosis patients in 1979 as the Director of the Family Services Program with the Florence, Darlington, Marion and Dillon County Com-

missions on Alcohol and Drug Abuse. Holder was awarded the Lora Roe Counselor of the Year in 1999 by NAADAC, The Association for Addiction Professionals and he presently serves as a Commissioner for the NAADAC Certification Commission. Holder has presented at 40 state, national and international conferences, is the author of "Perceptual Adjustment Therapy," and is actively involved in research for dually diagnosed patients with McLeod Behavioral Health and the University of South Carolina.

## MARCH 18th



**Rhonda McKillip, MEd, LMHC, MAC, CCDCIII, CDP**, is a psychotherapist in private practice in Spokane, Washington. She provides consultation, training, quality service review, program development and clinical supervision to professionals in the areas of mental health, substance dependence and co-occurring disorders, as well as direct service to consumers/clients in the agency setting.

Ms. McKillip is a NAADAC Approved Education Provider and a member of the international Motivational Interviewing Network of Trainers. She is an instructor for The Washington Institute for Mental Illness Research & Training (WIMIRT) and an Adjunct Faculty member at Eastern Washington University in the area of co-occurring disorders for the undergraduate and graduate studies programs. Ms. McKillip's activities include: Seminars and training at local, regional and national conferences as well as on-site workshops and consultations for psychiatric and chemical dependency service providers. She recently authored "THE BASICS Second Edition: A Curriculum for Co-Occurring Psychiatric and Substance Disorders," 2004, Foreword by Kenneth Minkoff, MD.



**Joe Steiner, MS, MAC, CADC III**, is director of Serenity Lane Treatment Centers for the Chemically Dependent intensive outpatient programs in Portland and Salem, Oregon, and is consultant to the Oregon Health Professional Program. He has been involved in the health care professions for more than 50 years with extensive experience in the treatment of dually diagnosed clients. He was honored as Counselor of the Year by the Association of Alcoholism and Drug Abuse Counselors of Oregon and by NAADAC in 1983.

# Registration Form

Co-Occurring Disorders Conference • March 17–18, 2005

**Yes, I want to attend the sessions!**

- I will attend **Day 1** (Co-occurring disorders plenary and workshops)  
\$40 NAADAC/AMHCA members / \$55 non-members (6.5 CEUs)
- I will attend **Day 2** (workshops sponsored by Chemical Dependency Professionals of Washington State and the Association of Alcohol & Drug Abuse Counselors of Oregon)  
\$40 NAADAC/AMHCA members / \$55 non-members (7 CEUs)
- I will attend **both days**  
\$70 NAADAC/AMHCA members / \$100 non-members (13.5 CEUs)

If you would like to receive the discount and are not a NAADAC/AMHCA member, please call NAADAC at 1-800-548-0497 or AMHCA at 1-800-326-2642 for membership information.

PLEASE PRINT CLEARLY:  Ms.  Mr.  Dr.

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State

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- Check made payable to NAADAC and enclosed.  
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901 N. Washington Street, Suite 600  
Alexandria, VA 22314-1535

**FAX:** (703) 741-7698 or 1-800-377-1136

**E-MAIL:** dkuehn@naadac.org

### For More Information

Visit [www.naadac.org](http://www.naadac.org) or call 1-800-548-0497, ext. 125 or 703-562-0209 (direct).

### Continuing Education Credits

The conference will provide 13.5 hours of Continuing Education Units. 6.5 units will be provided on Thursday, March 17, 2005 and seven (7) on Friday, March 18, 2005. CEUs are recognized by the Oregon Addiction Counselors Certification Board and the Chemical Dependency Counselor Certification Board of Washington State, NAADAC, The Association for Addiction Professionals and the American Mental Health Counselors Association.

### Hotel Information

Rooms are available at the Holiday Inn Portland Airport, 8439 NE Columbia Boulevard, Portland, OR 97220 for a \$79.00 room rate (double or king). To reserve this special room rate, call **503-256-5000** and mention NAADAC when making your reservation.

To guarantee this rate, reservations must be made by **March 2, 2005**.

## Co-Occurring Disorders

Co-occurring mental health and substance abuse disorders are a significant problem in the United States today. Estimates suggest that up to 10 million people in this country have a combination of at least one co-occurring mental health and substance-related disorder in any given year. Of these 10 million, three million have at least three disorders with one million people having four or more disorders (Source: Substance Abuse and Mental Health Services Administration, <http://oas.samhsa.gov/2k4/coOccurring/coOccurring.cfm>). These numbers illustrate an enormous population that demands treatment for the various diagnoses that they face.

Individuals with co-occurring disorders tend to be more symptomatic; they have multiple health and social problems and require more costly care. Of the estimated 7.2 million adults between the ages of 18 and 54 with co-occurring disorders who are living in the average household, a majority receives no treatment at all, not even in the primary health care sector (Source: SAMHSA).

To promote the highest levels of treatment, co-occurring disorders need to be addressed by the substance abuse and mental health systems as well as the primary health care system. People with co-occurring disorders are a varied group with multiple medical and social problems; not only are they at increased risk for incarceration and homelessness, but significant numbers are HIV-positive. Post-traumatic stress disorder (PTSD) is also a significant health issue for this group.

Historically, there have been a number of barriers to providing effective treatment for people with co-occurring substance abuse and mental health disorders. The substance abuse and mental health systems tend to operate independently from one another and from the primary health care system. A lack of cross-communication, in addition to the burden of regulation and paperwork, has often created an extra barrier in the continuum of care for patients with co-occurring disorders.

Substance abuse and mental health communities have taken a number of important steps in recent years to find common ground. Recognizing the need to work together on behalf of individuals with co-occurring disorders, ties need to be forged to create innovative initiatives at the Federal, State, and local levels. The Substance Abuse and Mental Health Service Administration (SAMHSA) has funded this conference to encourage a discussion of best prevention and treatment practices, education and training and strategies to deal with co-occurring disorders. This is a first step in developing solutions and strategies for substance abuse and mental health counselors.





# NAADAC

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ADDITION PROFESSIONALS

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## **Register Now!**

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