

SCHEDULE

November 12

7:30 am Registration Opens and Continental Breakfast
 9 am – 5 pm **Conflict Resolution (For Level I & Level II Certificate)**
Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP

This is a therapeutic training that is skilled-based and focused on the brain; how it works in conflict and how to effect the quality of recovery. Upon completion of this workshop you will learn about:

- Conflict resolution and communication skills
- Healthy types of communication
- Stages of relationships and how they relate to conflict
- Effective styles of conflict resolution
- Tips to more effective and healthier communication
- Facilitate a model for daily interactions in conflict situations, focusing on a new behavior and building a higher impulse control in the participant the more they use this model
- Facilitate the client to discover the wounds they carry from past relationships and situations that currently affect their life and contribute to the manner in which they respond in conflict.

Those who successfully complete this course will receive: **Level I** (Attendance on Day 1 and 2 required): Upon completion of 12 hours of training, a Certificate of Proficiency in Conflict Resolution in Recovery will be issued. **Level II** (3-day attendance required): Upon completion of 18 hours of training, a Certificate to Train in Conflict Resolution in Recovery will be issued.

9 am – 5 pm **NAADAC's Life-Long Learning Series: New Innovations with Opioid Treatment: Buprenorphine**
Gerry Schmidt, MA, LPC, MAC and Keith Crawford, PhD

NAADAC's Life-Long Learning Series: *New Innovations with Opioid Treatment: Buprenorphine* will bring together addiction professionals to discuss medication-assisted treatment in a way that challenges perceptions and will present unbiased information that can be used to assess the best possible treatment for patients.

This educational program will discuss the four facets of opioid dependence and addiction (biological, psychological, social and spiritual), scientific evidence to support the addiction disease model, FDA-approved medications for opioid dependence, applying strategies to match patients and appropriate therapy, methods of motivating patients in opioid dependence treatment and building cooperative relationships between addiction professionals and prescribers.

Attendees will receive a toolkit to utilize at work and share with co-workers.

10:45 – 11 am Break

12:15 – 1:15 pm Lunch (on your own)

3:20 – 3:35 pm Break

November 13

8 am Registration and Continental Breakfast
 9 am – 5 pm **Conflict Resolution (For Level I & Level II Certificate)**
Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP

9 am – Noon **The Use of Neurotherapies for the Treatment of Co-Occurring PTSD and Depressive Disorders**
Panel Discussion: Michael Weiner, PhD, CAP, John McIlveen, MEd, Donald Mullaney, PhD, LCSWA, Melanie Abrams, MA, PA, CAP and Ed Pigott, PhD

Research indicates that Post-Traumatic Stress Disorder (PTSD) and depressive disorders (major depression and dysthymia) are frequently co-occurring disorders for this suffering from addiction. Dysthymia, in particular, has received very little attention in research literature as a co-occurring disorder that needs to be addressed in treatment. If it is not addressed it can become a relapse trigger. The primary goal of treatment at BHOP is to help a patient to abstain from substance use.

Treatment protocols were developed to address co-occurring PTSD and depressive disorders. The protocols make use of:

- Eye Movement Desensitization & Reprocessing (EMDR)
- Light/Sound Stimulation (LSS)
- Psychodrama Group Therapy
- Individual and Group Counseling
- Engagement in Twelve-Step Recovery

Data will be presented to indicate that these treatment protocols have been effective. Patients treated for PTSD showed significant changes in symptoms of PTSD as measured by the PDS scale, a reliable and valid measure of PTSD symptomatology. Furthermore, scores on the MCMI PTSD scale were significantly lower.

Two studies will be presented to show that patients with a depressive disorder showed significant improvement as measured by MCMI scores, the Beck Depression Inventory, and the Rosenberg Self Esteem Scale.

Noon – 1:30 pm Lunch (on your own)

1:30 – 4:30 pm **Neurotherapy as an Adjunctive Intervention for Substance Abuse Disorders: Research and Practice**
Ed Pigott, PhD and Dennis Markis, PhD

This workshop introduces participants to the field of neurotherapy and its wide-range of “drug-free” interventions. The research validating the use of the neurotherapy to improve the outcomes for people seeking to recover from substance abuse disorders will be presented. Several different forms of neurotherapy will be demonstrated during the experiential lab portion of the workshop including EEG biofeedback and rhythmic light and sound stimulation.

7:30 – 9 pm **A Special Concert with John McAndrews**
Sponsored by English Mountain Recovery Center

Free for all attendees and donations on behalf of Florida NAADAC will be accepted.

9:30 – 10:30 pm 12-Step Meeting

(schedule continued inside ➡)

NAADAC Education & Research Foundation
 1001 N. Fairfax Street, Suite 201
 Alexandria, VA 22314

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Florida NAADAC
2008 Annual Conference
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November 12, 13 & 14, 2008
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Featured Speakers

Melanie Abrams, MA, PA, CAP
 Keith Crawford, PhD
 Bobbi Hayes, LMHC, CAP, CAPP
 Dennis Markis, PhD
 John McIlveen, MEd
 Donald Mullaney, PhD, LCSW
 Carmine Joseph Pecoraro, Jr., PsyD, CAP
 Ed Pigott, PhD
 Gerry Schmidt, MA, LPC, MAC
 Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP
 Michael Weiner, PhD, CAP

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NAADAC
 THE ASSOCIATION FOR
 ADDICTION PROFESSIONALS
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Florida NAADAC
 Passion & Compassion
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(☛ schedule continued from other side)

November 14

- 8 am Registration and Continental Breakfast
- 9 am – 5 pm **Conflict Resolution (For Level II Certificate)**
Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP
- 9 am – Noon **A Journey Into Creativity**
Carmine Joseph Pecoraro, Jr., PsyD, CAP
In this workshop, participants will be introduced to the theories centering on expressive therapies and the effects these therapeutic interventions have on the individual with addiction issues. Additionally, participants will be introduced to expressive therapeutic technique a clinician can integrate into the therapeutic relationship and environment.
- Noon – 1:30 pm **Florida NAADAC Annual Membership Meeting**
Lunch provided and all attendees invited to attend.
- 1:30 – 4:30 pm **Eating Disorders, the Disorder We Often Miss**
Bobbie Hayes, LMHC, CAP, CAPP

CONFERENCE SPEAKERS

Melanie Abrams, CAP, MA, PA-C, is a member of the Assessment, Education, and Research Department at Behavioral Health of the Palm Beaches. She received her master's degree in Mental Health Counseling from South University, and is a Certified Addiction Professional and Recovery Coach. Her research interests include addiction, recovery and interventions that assist clients in maintaining long-term sobriety.



Keith Crawford, PhD, is a clinical pharmacist who conducts basic science research and clinical research in pharmacology. Dr. Crawford is an assistant professor in the department of pharmacology at Howard University College of Medicine and is currently serving as the principal investigator of the Howard University site of the Pennsylvania Mid-Atlantic AIDS Education and Training Center (AETC). He has an active research grant studying HIV pathogenesis. During 2008, Dr. Crawford is a visiting scientist at Johns Hopkins University School of Medicine, Department of Clinical Pharmacology and works with the Hopkins AIDS Clinical Trials Group (ACTG). Dr. Crawford has published research in pharmacology related to tumor biology, treatments for cancer and potential treatments for HIV disease. He received a BS in Biology from Cornell University, a BS in Pharmacy from Temple University and a PhD in Pharmacology from the Uniformed Services University of the Health Sciences.

Disclosures: Dr. Crawford currently serves on the Speaker's Bureau for Monogram Biosciences and GlaxoSmithKline concerning HIV/AIDS medications.

Bobbie Hayes, LMHC, CAP, has been working in the field of addictions and mental health for over 25 years, having worked in a variety of inpatient and outpatient counseling settings. She has completed two masters degrees and is currently working on her PsyD. Hayes has specialized in working with alcohol and other drug dependency, eating disorders, criminal justice issues, womens issues and family of origin issues. Currently, she is the Clinical Director of Milestones in Recovery located in Cooper City, specializing eating disorder treatment; is an associate lecturer at Nova Southeastern University and is in private practice.



Dennis Marikis, PhD, is a licensed psychologist and founding partner of NeuroAdvantage, LLC. Dr. Marikis maintains an active clinical practice and has a weekly call-in radio talk show called The Radio Psychologist. He has been a guest on numerous TV and radio shows discussing the topics related to wellness, stress and substance abuse.



John McAndrew is a singer/songwriter and piano player from St. Paul, Minn., who currently lives in Nashville, Tenn. His music has been heard around the world. McAndrew performed his composition, Like We Were Made of Gold, at the closing ceremonies of the 2000 International AA Convention. While touring, he speaks and performs for recovery audiences across the country, working regularly with Cumberland Heights in Nashville, Tenn., The Betty Ford Center in Calif., Hazelden in Center City, Minn. and Cirque Lodge in Sundance, Utah.



John McIlveen, MED, is the Assistant Director for Assessment, Education, and Research at Behavioral Health of the Palm Beaches. He received his master's degree from Florida Atlantic University, and is currently pursuing his PhD in Mental Health Counseling. He continues to research the relationship between addiction and mood disorders, and has been a frequent presenter at national conferences.



Donald Mullaney, PhD, CAP, LCSW, is the founder and CEO at Behavioral Health of the Palm Beaches (BHOP). He dedicated the Education, Assessment, and Research Center at BHOP in 2006. This has allowed BHOP to use education, assessment, and research to improve the quality of care at BHOP, as well as to share findings with the professional community by publishing and presenting at professional conferences.



Carmine Joseph Pecoraro, Jr., PsyD, CAP, holds a Doctorate in Psychology with a concentration in Clinical Psychology and Neuropsychology. Dr. Pecoraro is the Director of the Mental Health Counseling Graduate Program/Assistant Professor at Springfield College, Tampa Bay Campus. Additionally, he participates in private practice and contract work as a professional trainer, consultant and clinician.



Ed Pigott, PhD, is a licensed psychologist and founding partner of NeuroAdvantage, LLC. Dr. Pigott has presented frequently at professional conferences, including the 2008 Recovery for a Lifetime NAADAC conference and has published 20 articles and book chapters in behavioral health publications.



Gerard (Gerry) J. Schmidt, MA, LPC, MAC, has been the Vice President and Chief Operations Officer at Valley HealthCare System since September 1980 and has been in the mental health and addictions treatment field for the past 35 years. Schmidt has a variety of publications to his credit including several articles on the development of Employee Assistance Programs in rural areas, wellness in the workplace and has edited Treatment Improvement Protocols for the Center for Substance Abuse Treatment (CSAT). Schmidt is currently the Clinical Affairs Consultant for NAADAC, as well as the Chair of their Public Policy Committee and has been active in the coordination and delivery of the series of Practitioners Services Network (PSN) projects for NAADAC and CSAT. Schmidt is a licensed professional counselor (LPC) and certified as a Master Addiction Counselor (MAC) and as a licensed clinical supervisor (LCS).

Disclosures: Schmidt does not have any financial or professional relationships with any pharmaceutical companies.



Cynthia Moreno Tuohy, NCAC II, CCDC II, SAP, is the Executive Director of NAADAC, the Association for Addiction Professionals. She has administered multi-county, publicly funded prevention/intervention/treatment centers with services ranging from prenatal care to serving the elderly. Moreno Tuohy has been a trainer in Domestic Violence/Anger Management and Conflict Resolution for 20 years.



Michael Weiner, PhD, CAP, is the Director for Assessment, Education and Research at Behavioral Health of the Palm Beaches. Dr. Weiner oversees all patient assessment processes, develops and maintains internship programs and research collaborations with local universities and provides for staff and community educational programs. He has taught at the University of North Carolina and at The Rochester Institute of Technology.

Other Information

HOTEL

Hawthorn Suites West Palm Beach
301 Lambertson Drive
West Palm Beach, Florida 33401
Phone: 561.472.7000 • Fax: 561.472.7008

Room rate: \$95 per night, single/double

Please call the hotel directly to make your reservation. Reservations MUST be made by **November 10, 2008** to receive this rate. Reservations received after this date will be accepted on availability and the rate cannot be guaranteed.

SPONSORSHIP AND EXHIBITING OPPORTUNITIES

Interested in exhibiting or sponsoring a presenter, coffee break or lunch? Please contact Diana Kamp at dkamp@naadac.org or 703.741.7686 x102 for more details.

Conference refund policy: A partial refund of 75% of registration cost is refundable 30 days before the conference. Thereafter, 50% of conference fees are refundable.

REGISTRATION FORM

Florida NAADAC Annual Conference November 12, 13 & 14, 2008

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- Florida NAADAC/NAADAC Member
- Non-member
- Conference Sponsor/Exhibitor

Member # _____ (if applicable)

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CONFERENCE FEES

Conflict Resolution in Recovery ONLY:

CRR Level I: \$280 CRR Level II: \$320
Certificate Program (includes Trainer and Participant Manual)

Conference ONLY (does not include Conflict Resolution):

Full Conference (Nov. 12-14) \$85
Wednesday Only (Nov. 12) \$40
Thursday Only (Nov. 13) \$40
Friday Only (Nov. 14) \$40

One Exhibit Table: \$200

Yes, I want to join Florida NAADAC and NAADAC now!

Professional Member \$135
Full Associate Member \$114
Student \$57.50

TOTAL Amount Enclosed \$ _____

PAYMENT INFORMATION

- Check (payable to NAADAC) for \$ _____ enclosed.
- Charge \$ _____ to my: Visa M/C AmEx

NAME AS IT APPEARS ON CREDIT CARD (please print clearly) _____

CARD NO. _____ EXPIRATION DATE _____

SIGNATURE _____

Please return check or money order by mail to:
Florida NAADAC 2008 Conference
1001 N. Fairfax Street, Suite 201, Alexandria, VA 22314
Fax credit card registration to:
800.377.1136 or 703.741.7698

For more details, visit www.naadac.org or contact Diana Kamp at NAADAC, 800.548.0497, dkamp@naadac.org, or log on to www.naadac.org/fl