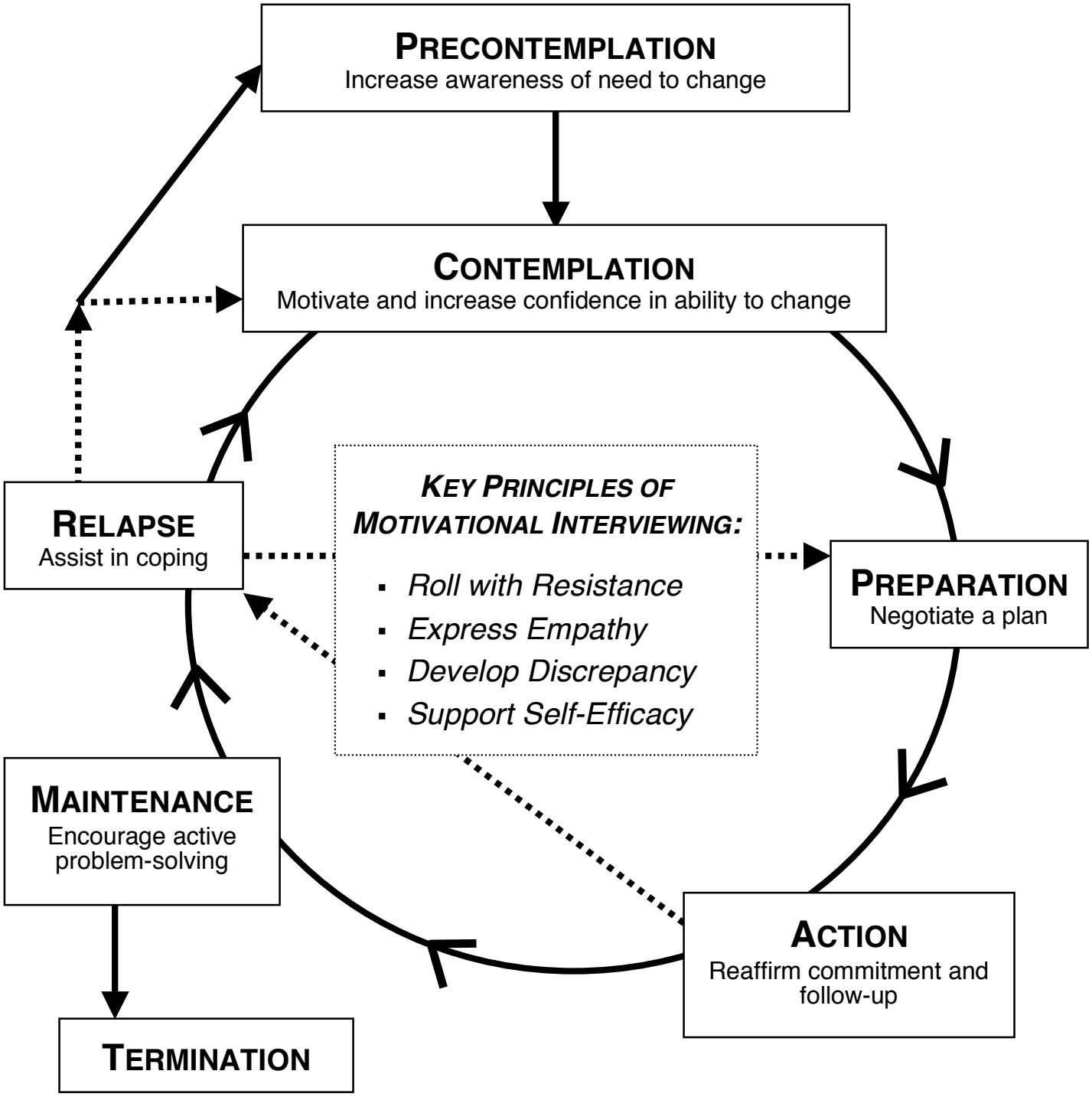
CYCLICAL PATTERN OF THE STAGES OF CHANGE MODEL WITH MOTIVATIONAL INTERVIEWING PRINCIPLES



Developed from DiClemente, C.C., Schlundt, D., & Gemmell, L. (2004). Readiness and stages of change in addiction treatment. *American Journal on Addictions,* 13(2), 103-119.; Miller, W.R. & Rollnick, S. (2002). *Motivational interviewing: Preparing people for change* (2nd ed.). New York: The Guilford Press. Printed 05/08.

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