

***Exploring Techniques to Support Long-term Addiction Recovery for Clients and Families***

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**[A component of the Recovery to Practice \(RTP\) Initiative](#)**

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**Archived:** Click [here](#) to download this two-hour webinar for free! Take the [online CE Quiz](#) to earn credit for your time.

**Description:** Techniques employed during treatment and early stages of recovery are different than those used to support long-term recovery. This webinar outlines the differences between professionally directed, long-term treatment planning and patient-directed long-term recovery planning and the role of addiction professionals in long-term recovery of their clients and families. The presenter will also explore specific post-treatment support skills and techniques used to help guide the individual into long-recovery and reconstruction of identity, character, relationships, and resiliency. The end of the presentation will feature a story of long-term recovery to augment instruction.

**Learning Objectives:** As a result of participating in this webinar, you will be able to:

- Describe the role of addiction professionals in supporting long-term recovery
- Describe the difference between treatment planning and recovery planning
- List 3 techniques for post-treatment support
- Demonstrate skills necessary to assist clients and their families with recovery-focused reconstruction of identity, character, relationships, and resiliency

**Price:** Education is FREE to all professionals

**Earn Continuing Education Credit:** All applicants for CE credit are required to complete and pass this [online CE Quiz](#) after viewing the webinar.

Members of NAADAC or AccuCare Subscribers receive a Certificate of Completion for 2 CEs for free. Non-members of NAADAC or non-subscribers of AccuCare receive 2 CEs for \$25 (

[make payment here](#)). A CE certificate will be emailed to you within 21 days of submission and receiving payment, if

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**Presenter:**



**Dr. Gisela Berger** has been working in the addiction profession for over 20 years. She began as a counselor in Charleston, South Carolina and worked at several facilities before pursuing her doctorate at the University of Maryland, College Park. She currently is in private practice as the Director of Mental Health Services with Omni Family Medical Clinic in Milwaukee, Wisconsin. Over the years, she has worked with persons with substance use disorders and their families to enhance integration after inpatient or IOP treatment. Dr. Berger has taught psychology, sexual identity, family systems theory, clinical supervision, practicum, internship for Master's level courses at Marymount University; University of Maryland, College Park; George Washington University; and Concordia University. She has presented workshops at local, regional, and national conferences. Her work with returning veterans from Iraq and Afghanistan, and their families, has earned her accolades from local organizations.

**Who Should Attend:** Direct care addiction counselors who provide addiction treatment and recovery services.

**Questions/problems?** [Take a look at our FAQs](#) or email [Misti Storie](#)

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