

NAADAC Executive Director Address Conflict Resolution With Montana Counselors

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For Immediate Release

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HELENA, MONT. - Two well-know leaders on addiction therapy and treatment are in Helena to address local counselors and deal with the issues of motivating clients to embrace change, managing post-traumatic stress disorder and resolving conflict in work, at home and in relationships.

Visiting from Washington, D.C., is Cynthia Moreno Tuohy, Executive Director of NAADAC, the Association for Addiction Professionals. NAADAC, commonly known as the National Association for Alcoholism and Drug Abuse Counselors, represents 8,000 counselors throughout the nation, including several hundred in Montana. Moreno Tuohy is at the conference Building Skills for Addiction Professionals, at the invitation of the Chemical Dependency Bureau and the [Addictive and Mental Disorders Division of the Montana Department of Public Health & Human Services](#).

Joining Moreno Tuohy is Dr. Carlo DiClemente, Professor and Chair in the Department of Psychology, [University of Maryland, Baltimore County](#). DiClemente is internationally recognized as co-creator (with James Prochaska, PhD) of the Trans-theoretical Model of Change, a model that identifies stages of change and other factors that predict treatment outcomes and allows many more people to enter treatment programs at earlier stages of readiness. DiClemente is the author of more than 140 publications including his most recent book, *Addiction and Change: How Addictions Develop and Addicted People Recover*.

Moreno Tuohy addressed the issue of conflict resolution, with a particular focus on women and conflict; Dr. DiClemente addressed the issue of "Motivational Interviewing" and how clinicians can help their clients embrace change.

